

# DISASTER SUPPLY SHOPPING LIST

## KIT SUGGESTIONS FOR YOUR VEHICLE

### WATER

- ☐ 6 one-liter bottles

### FOOD

- ☐ 1 box energy bars

### FIRST AID KIT (BUY PRE-MADE OR MAKE YOUR OWN)

- ☐ 1 premade kit

If creating your own, here are some suggestions:

- ☐ 1 box latex or sterile gloves
- ☐ 2 boxes sterile dressings
- ☐ 3-4 triangular bandages
- ☐ 1 bottle wound cleaning agent
- ☐ 1 tube antibiotic cream
- ☐ 1 large box of assorted adhesive bandages
- ☐ 2 large bottles of eye wash (saline solution)
- ☐ 6 1-gallon zipper bags
- ☐ 1 large box facial tissues

### OTHER ITEMS

- ☐ 1 small hand tool kit
- ☐ 1 set jumper cables
- ☐ 3 - 5 flares
- ☐ 1 battery powered or hand-cranked radio
- ☐ 1 flashlight

- ☐ 6 flashlight batteries (store outside of flashlight)
- ☐ 1 whistle
- ☐ 1 bag of moist towelettes
- ☐ 1 roll toilet paper
- ☐ 1 set local maps
- ☐ 1 warm blanket or sleeping bag
- ☐ 2 notepads
- ☐ 6 pencils
- ☐ Insurance and registration information
- ☐ 1 roll of quarters for pay phone
- ☐ Copy of communication plan/contact information
- ☐ Other items:
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