



DISASTER SUPPLY SHOPPING LIST

KIT SUGGESTIONS FOR BABY



WATER (ENOUGH WATER FOR AT LEAST 3 DAYS)

- 3 one-gallon jugs of water
- 1 case bottled water (1 liter bottles)

FOOD (ENOUGH FOOD FOR 3 DAYS)

- 2 cartons non-perishable pasteurized milk
- 3 jars infant formula
- 24 jars baby food
- 3 boxes rice cereal
- Other items:
- Other items:
 - _____
 - _____
 - _____
 - _____

OTHER ITEMS

- 1 manual can opener
- 48-56 regular diapers
- 7 overnight diapers
- 1 dust mask to help filter contaminated air
- 1 warm blanket or sleeping bag
- 1 baby sling, backpack, etc...
- Books, games, puzzles, etc...
- 3-4 Pacifiers
- Other items:
 - _____
 - _____
 - _____

- _____
- _____

CHANGE OF CLOTHES

- 1 pack of onesies
- 5 long sleeved shirts
- 5 pairs long pants
- 5 pairs socks
- 1 study pair of shoes
- Other items:
 - _____
 - _____
 - _____

