

Step 1: Use a piece of Styrofoam. Any Styrofoam dish will do.

Meat Trays, plates, cups, whatever you can create a flat surface from.







Step 2: Create a pattern by etching into the dish with a pencil or pen.

Make sure you score deep enough to leave an indentation in the surface.

Step 3: Use any kind of paint to cover the dish leaving the etched design unpainted.

You can use a foam brush or anything that will cover the surface of the design.

If a little gets in the scored design, that's ok.

These prints are cool-looking but not PERFECT!





Step 4: Press onto a piece of paper being sure not to slide or move it once it's down.Put even pressure on the whole piece of Styrofoam.

Step 5: Lift up the Styrofoam and Voila, You have art!





You can make cards or hanging art. Mail them to family and friends.

They can be a symbol of thriving not just surviving social distancing!