



# PARK MOBILE

## September Pop-Up Programs

Recreation staff are popping up with free activities in the park.

Below is a list of planned activities, but keep an eye out:  
you never know where you'll see them next!

### Rainbow Tie Dye

Sat, Sept 11, 10am-noon. Cheswick Park.

Come learn the art of tie-dyeing and add a little color to your world! We will use a rainbow of colors or choose your favorites to create a one-of-a-kind piece of clothing. Please bring a pre-washed, white, cotton shirt or socks to create your wearable work of art!

### Salsa at Sunset

Fri, Sept 17, 5:30-8:30pm. Deep Run Park (outside of the recreation center).

It's salsa night! Bring your whole family or a date for an evening of group instruction (5:30-6:30), food trucks, and dancing at sunset. Bring a chair, water bottle, and dancing feet. Concessions available for purchase from RVA Street Foodies.

### Gnome Homes & Fairy Houses

Tue, Sept 21, 3-4pm. Deep Run Park (meet in front of the recreation center).

Come build your own gnome home or fairy house in the park. We will take a nature walk, gather natural materials and build a cozy, one-of-a-kind home.

### Fitness

Sunset Yoga in the Park (Bring a mat or towel)

- Wed, Sept 8, 6-7pm at Crump Park
- Wed, Sept 22, 6-7pm at Twin Hickory Park

Sunrise Yoga in the Park (Bring a mat or towel)

- Sat, Sept 11, 8:30-9:30am at EHRC
- Sat, Sept 25, 8:30-9:30am at Short Pump Park

Fitness Obstacle Course + Splash Pad Water Fun and Games

- Fri, Sept 3, 11am-12pm at Dunncroft/Castlepoint Park
- Fri, Sept 3, 12:30-1:30pm at Twin Hickory Park

Fitness Obstacle Course

- Wed, Sept 15, 3-4pm at Deep Run Park
- Wed, Sept 29, 3-4pm at Crump Park

