



PARK MOBILE

August Pop-Up Programs

Recreation staff are popping up with free activities in the park. Below is a list of planned activities, but keep an eye out: you never know where you'll see them next!

Fitness

Info: bla083@henrico.us

Sunset Yoga in the Park (Bring a mat or towel)

- Wed, Aug 11, 6-7pm at Dorey Park
- Wed, Aug 25, 6-7pm at Deep Run Park

Sunrise Yoga in the Park (Bring a mat or towel)

- Sat, Aug 14, 8:30-9:30am at Crump Park
- Sat, Aug 28, 8:30-9:30am at EHRC

Celebration of the US Coast Guard [CANCELED]

- Wed, Aug 4, 9:30-11:30am at Deep Run and 2:30-4:30pm at Dorey

Fitness Obstacle Course

- Mon, Aug 2, 12:30-1:30pm at Dorey Park
- Tue, Aug 10, 10-11am at Crump Park
- Tue, Aug 17, 10-11am at Deep Run Park

Fitness Obstacle Course and Splash Pad Water Fun and Games

- Thur, Aug 12, 11am-1pm at Twin Hickory Park
- Thur, Aug 19, 1-3pm at Short Pump Park
- Thur, Aug 26, 11am-1pm at Dunncroft/Castlepoint Park



Comic Book Club

Mon, Aug 2, 9-11am at Meadowview Park.

Join us for Comic Book Club! Create your own comic book and talk superheroes. Info: hil078@henrico.us

Painting in the Park

Mon, Aug 2, 9:30-11:30am at Meadowview Park.

We'll focus on the natural beauty of the parks, allowing participants to capture that view on their canvas to take home. Attention will be on the blooms and the garden view at Meadowview Park. Art supplies provided. Info: hil078@henrico.us

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Train Rides [POSTPONED DUE TO INCLEMENT WEATHER]

Sat, Aug 7, 3-7pm, Dorey Park (near the pond)

We're bringing the Barrel Train to provide train rides for kids. Info: hil078@henrico.us
(This activity will now be held Aug 18, 9am-1pm at Eastern Henrico Rec Center.)

Bird Watching

Mon, Aug 9. 9-11am at Three Lakes Park. 1-3pm at Meadowview Park.

Learn about basic bird watching skills, then take a hike around the park as we search for our local winged friends. Binoculars will be provided, but make sure to bring a water bottle and appropriate walking footwear for the trails. Info: hil078@henrico.us

Painting in the Park

Sun, Aug 15, 4-7pm, Osborne Park (Shelter #1).

We'll focus on the natural beauty of the parks, allowing participant to capture that view on their canvas to take home. Attention will be on the river view at Osborne Park. Art supplies provided. Info: hil078@henrico.us

Sports Rock!

Wed, Aug 18, 9am-1pm, Eastern Henrico Recreation Center.

Join us in front of EHRC to climb to new heights with a 24' rock climbing wall. We'll also play some games and sports activities. Info: hil078@henrico.us

Deep Run Rock Wall

Fri, Aug 20, 4:30-7:30pm, Deep Run Park (in front of the rec center)

Got plans? Come take a climb on a 24' rock wall! Info: sta02@henrico.us

Crump Rocks!

Tue, Aug 24, 10am-noon

Crump Park (shelter #2)

Stop by the park to paint some rocks and then hide them! Info: sta02@henrico.us

Deep Run Rocks!

Tue, Aug 24, 2-4pm

Deep Run Park (shelter #4)

Stop by the park to paint some rocks and then hide them! Info: sta02@henrico.us



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