



# Henrico County's

## Resource Guide for Older Adults and Persons with Disabilities



Compiled by the  
Advocate for the Aging's Office  
Summer 2022

Navigating Senior Services can be confusing. Sometimes you know that you need help, but it is hard to know what might be out there to assist you in getting the help you need. While resource guides are helpful, if you do not know where to begin then it can feel overwhelming.

To better assist you with using this guide, we have developed the following list of questions to help you better understand what services or resources might best meet your needs.

<b>Topic</b>	<b>Service Category</b>	<b>Page Number (s)</b>
I want to socialize more and get out of the house.	Social Engagement	20, 21, 27, 40
I struggle with paying some of my bills and would like to know what I can qualify for	Financial Assistance	10, 21, 63
I no longer drive and need transportation to doctor appointments, grocery stores, and other locations.	Transportation	77
I need help with bathing, dressing, or preparing meals.	Personal Care	48
I need someone to stay with my loved one while I go on errands.	Respite	68
I need assistance with obtaining a POA or Will.	Elder Lawyer	38, 59
I need home repairs performed on my home.	Home Modifications	8, 31, 49, 50
I need help coordinating multiple different services.	Care Coordination	21, 32, 33
I have issues with my landlord or lack of maintenance of my building.	Building Inspections	9
I need help with meals.	Nutrition Programs	21, 41
I am worried about the safety of my family member, friend, or neighbor who is elderly.	Adult Protective Services	12, 29
I need assistance with mowing my lawn.	Lawn Care	58
I want to know what housing options are available for me.	Senior Advisors	21, 54, 55, 70

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## Important Phone Numbers

AARP	1-866-542-8164
Adult Protective Services	804-501-7346 888-832-3858
Better Business Bureau Elder Fraud	804-780-2222
Social Services Information & Referral	804-501-5294
Community Revitalization	804-501-4757
Dominion Virginia Power	804-819-2000
Elder Care Locator	1-800-677-1116
Emergency	911
Finance, Real Estate Advantage Program-REAP (Tax Relief)	804-501-5580
Fire Non-Emergency	804-501-4900
Health Department	West End Main: 804-501-4651 East End Clinic: 804-652-3190
Henrico County Main Number	804-501-4000
Library	804-501-1900
Meals on Wheels of Greater Richmond	804-673-5035
Mental Health & Developmental Services	804-727-8515
Mental Health & Developmental Services: Emergency Mental Health	804-727-8484
Police Non-Emergency	804-501-5000
Public Utilities	804-501-4275
Public Works	804-501-4393
Recreation & Parks	804-501-7275
Senior Connections, The Capital Area Agency on Aging	804-343-3000
Sheriff's Department	804-501-5860
Social Security Administration	1-800-772-1213; TTY 1-800-325-0778
Social Services	West End: 804-501-4001 East End: 804-652-3123

# Advocate for the Aging

P.O. Box 90775 | Henrico, VA 23273 | Phone: 804-501-5065 |

Email: [agingadvocate@henrico.us](mailto:agingadvocate@henrico.us)

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The Advocate for the Aging's Office strives to fulfill needs of Henrico County's aging population by enhancing social engagement, wellness, and independence. The Advocate for the Aging serves Henrico residents 60 and older, their family members, and caregivers by:

- Providing information and referral services
- Assisting caregivers
- Communicating current and changing needs of the aging population to Henrico County government agencies
- Raising awareness about aging services offered by all county agencies and departments

The Advocate for the Aging's Office houses the EngAGE in Henrico County program, which is an initiative that focuses on Community, Outreach, and Wellness.

## EngAGE partners with community organizations to offer an array of programs:

- **Active Aging Week:** celebrates the positivity of aging and active lifestyles
- **Annual Senior and Caregiver Expo:** free resource fair for older adults and family caregivers
- **Educational Seminars:** programs include Aging in Place, Medicare 101, Downsizing, Diabetes Nutrition, Active Aging and more
- **Henrico Ambassador Program for Seniors (HAPS):** serves as an opportunity for Henrico residents aged 60 and older to become ambassadors for their communities.
- **Holiday Celebrations**
- **Senior Safety Event:** highlights safety and emergency preparedness
- **Volunteer Opportunities:** available through the Advocate's Office and other community organizations



# Henrico Area Mental Health and Developmental Services

10299 Woodman Road | Glen Allen, VA 23060 | Main Office 804-727-8500 | Intake (All Locations) 804-727-8515 | Mental Health Emergency Services 804-727-8484 | TTY (804) 727-8496

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We serve people experiencing the effects of or at risk for mental illness, intellectual disability, substance abuse, and children with developmental delay. Henrico Area Mental Health and Developmental Services promotes dignity, recovery, and self-sufficiency in the lives of the people we serve.

## Mental Health Services

Many mental health problems experienced by adults arise in response to family crises, unusually high stress, and traumatic events. Brief adult services provide a variety of therapeutic services for adults experiencing severe psychological and/or interpersonal difficulties. Services are provided in individual and group therapy format. Since interpersonal relationship problems are frequently present, spouses and other family members may also be involved in treatment.

## Services Include

Henrico Area Mental Health and Developmental Services provides a variety of services and resources such as Adult Mental Health Recovery Services, Adult Substance Abuse Services, Dialectical Behavioral Therapy, Outpatient Services, Women's Services, Opiate Services, and Detoxification and Residential Treatment. More information can be found by going to the Henrico Mental Health website at [www.henrico.us/mhds](http://www.henrico.us/mhds).

## Fees

Fees are based on the cost of delivering each service. A sliding scale, based on family income and number of dependents, allow the agency to make a payment adjustment. Fees may be covered by Medicaid, Medicare, or other third-party insurance. No one is denied service due to an inability to pay. Henrico Area Mental Health & Developmental Services does not discriminate based on sex, age, religion, race, handicap, or national origin.

## Information

Call Intake (All locations): 804-727-8515

Main Office: 804-727-8500

Mental Health Emergency Services: 804-727-8484

Visit the website at: [www.henrico.us/mhds](http://www.henrico.us/mhds)



# Henrico Department of Community Revitalization

4905 Dickens Road, Suite 200 | Henrico, VA  
23230 | 804-501-4757

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The Department of Community Revitalization was created in 2004 to coordinate the County's revitalization programs and services intended to promote healthy, vibrant, and attractive residential, commercial, and industrial communities.

## Homeowner Rehabilitation and Repair Assistance

Henrico County has two programs that assist current homeowners with improvements to their homes with both minor and emergency repairs and moderate rehabilitation. These programs are available to qualifying low- and moderate-income homeowners. The Emergency and Minor Housing Repair Program provides for the repair or replacement of exterior or interior items that pose an imminent threat to the health and/or safety of persons. The cost of repairs can go up to \$10,000.

The Moderate Rehabilitation Housing Rehabilitation Program enhances the long-term livability of homes by undertaking substantial home improvements addressing health and safety issues as well as complete system upgrades, energy efficiency, and adaptability improvements. Improvements up to \$45,000 are available. All improvements bring the homes up to HUD Uniform Property Condition Standards. To be eligible for this program, homeowners must be elderly (62 or over) or disabled and must be of low or moderate income.

For both programs, all work is done by licensed contractors and overseen by professional rehabilitation specialists. Both programs are administered for the County by project:HOMES. To seek assistance or learn more about these programs, homeowners should contact project:HOMES directly at 804-233-2827.



# Henrico County Department of Building Construction and Inspections

4301 East Parham Road | Henrico, VA 23228 | 804-501-4360

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## Mission Statement

The mission of the Department of Building Construction and Inspections is to protect the health, safety, and welfare of the public by assuring that all buildings and related equipment are constructed, installed, and maintained in compliance with the Virginia Uniform Statewide Building Code.

## Values

- We provide services that are commensurate with our customer's expectations for professionalism and accountability.
- We are committed to establishing policies and procedures that:
  - Impose no unnecessary burden to the construction and use of buildings and structures.
  - Are consistent, accurate, and practical and minimize confusion and inconvenience.
- We encourage and welcome suggestions from our customers for improving the quality and efficiency of our services.
- We recognize our employees are a valuable resource to be treated with integrity, equality, fairness, -and respect.-

For more information, call 804-501-4360 or visit the website at <https://henrico.us/bldg/>

# Henrico County Department of Finance

4301 East Parham Road | Henrico, VA 23228 | 804-501-4729

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## Real Estate Advantage Program (REAP)

Pursuant to the Henrico County Code, persons qualifying for exemption are deemed to be bearing an extraordinary real estate tax burden in relation to their income and financial worth. The Real Estate Advantage Program (REAP) is a tax exemption for qualified seniors, residents that are 100 percent permanently and totally disabled, and their spouses which relieves real estate tax up to a maximum of \$3,000.

- Maximum total income is \$75,000
- Maximum total net worth allowed is \$500,000
- Maximum exemption awarded is \$3,000
- Filing deadline is April 1<sup>st</sup>

The initial REAP application **and** certification forms must be completed and submitted for the qualifying year by April 1st, with the Revenue Division. Hardship cases will be considered through December 31st.

## Documentation Needed

Whether you are applying at your local government center in-person or mailing an application in, supporting documentation for each entry of income and net worth must be included with all applications. Such documents needed include photocopies of:

- End of the year statements of income (previous year)
- End of the year checking and savings account statements (previous year)
- End of the year statements showing values of stocks owned (previous year)
- First time applicants need a copy of their birth certificate or driver's license as proof of age
- Proof of disability is required for those under 65 years only. A certification from the Social Security Administration, such as an awards letter, will suffice. A letter from the Railroad Retirement Board, Department of Veteran Affairs, or two signed affidavits from Virginia licensed doctors to the effect that such person is permanently and totally disabled will also be accepted.
- Affidavits for disability may be obtained from the Revenue Division offices.

For more information, call 804-501-5580 or visit the website at [www.henrico.us/finance](http://www.henrico.us/finance)



# Henrico County Department of Public Works

4301 East Parham Road | Henrico, VA 23228 | 804-501-4393

The Department of Public Works is responsible for developing, improving, and maintaining an efficient and safe transportation and drainage network for Henrico County. We strive to provide each resident with the informative and factual response to any inquiry in a timely manner.

## Services Provided

### *File a Standing Water Complaint*

- County residents are encouraged to contact the Department of Public Works Standing Water Initiative if they are experiencing mosquito problems or if they have a standing water complaint. A complimentary mosquito inspection will be conducted on residential or commercial properties to help find the source of mosquito annoyance. Standing water complaints will be investigated to determine if the area in question is a potential mosquito breeding site and who is responsible for the area.

### *Mosquito Inspection*

- We offer mosquito inspections on residential and commercial properties. To request a mosquito inspection, please fill out the form on the website and an inspector will contact you. An inspector will call you to discuss findings and provide you with a checklist of potential or active breeding sites on your property

### *Questions or concerns regarding pavement markings*

- Citizens can report the following:
  - Potholes
  - Spills, Dumping, or Other Illicit Discharges (non-emergency)
  - Signs, Signposts, or Pavement Marking Needing Maintenance
  - Installation of new signs or pavement markings

To file a report or request, all forms can be found at [www.henrico.us/works/services](http://www.henrico.us/works/services) or over the phone at 804-501-4393.

# Henrico County Department of Social Services

West End: 8600 Dixon Powers Drive |  
Henrico, VA 23228 | 804-501-4001  
East End: (Benefit Programs only) | 3820  
Nine Mile Road | Henrico, VA 23223 | 804-  
652-3123



The Adult Services Unit provides information, referrals, and assistance to disabled adults and those who are 60 and older so they can live as independently as possible, maintain the right to self-determination, and live in the least restrictive setting possible.

## Adult Protective Services

Receives and investigates reports when an adult is being abused, neglected, exploited, or is at-risk. Provides a variety of health, housing, social and legal services to stop the mistreatment and prevent further abuse and may legally intervene in emergency situations to protect adults who lack the capacity to consent to services. These services are also available to residents living in nursing homes, assisted living facilities, and adult group homes. Anyone who suspects abuse, neglect, or exploitation can make an anonymous report by calling the 24-hour toll-free hotline at 1-888-83-ADULT or call 501-7346 during regular business hours, from 8 a.m. to 4:30 p.m.

## Adult Services

Links customers and their families to community resources and provides some direct services for those who are eligible.

They include:

- Home screenings for those seeking Medicaid benefits for personal care in the home, adult day care or nursing home placement. (Long Term Care Screening Request)
- Auxiliary grants provide supplemental payments for individuals seeking admission to or living in licensed adult homes.
- Companion Program assists home-bound residents with their daily living activities.
- Annual Guardianship Reports are read for an incapacitated person. Staff can assist with filing the report.

## Case Management

Trained social workers can help customers and their families make decisions in times of crisis for support services. They also provide service referrals to community programs providing home-based care, transportation, adult day care, money management, nutrition services, placement services and other activities that assist eligible residents. For a list of services, call 804-501-7346. A support group for grandparents who are raising grandchildren is held monthly.



# Henrico County Division of Fire

P.O. Box 90775 | Henrico, VA 23273-0775 | 804-501-4900

Henrico County Division of Fire is a community driven, professional public safety and service organization that takes PRIDE in stewardship and innovation, while maintaining the public trust.

## Our Values

Henrico County Division of Fire takes PRIDE in our unique calling to fulfill the needs of our customers in the community we share.

- **Professionalism**—We will provide service in an accountable, competent, and innovative manner.
- **Respect**—We will hold in high regard, the diversity within our organization and community.
- **Integrity**—We will uphold public and organizational trust by committing ourselves to the highest ethical and moral codes.
- **Dedication**—We will remain loyal to our commitment, our oath, and our community.
- **Empathy**—We will support, understand, and meet the needs of our organization and the community in a compassionate manner.

## Smoke Alarm Assistance

Sleeping in a home without working smoke alarms is *DANGEROUS!* The Division of Fire is eager to prevent this. We will ensure that your home has at least the minimum protection: one working alarm (independent) on each level of your home. Our program was created to assist those in our community who cannot afford smoke alarms and those who are having difficulty keeping alarms working

**Visit** <https://henrico.us/services/smoke-alarm-assistance/> **to fill out an online form.**

## Henrico County CERT Subscription

The purpose of HCCERT is to provide training to citizens to help cope in the period immediately following a disaster when local public safety resources may be overwhelmed. HCCERT's learn basic first aid, search and rescue, and fire suppression techniques. But more importantly, HCCERT members learn how to PREPARE for a disaster long before one occurs. By being prepared and knowing how to respond to a situation, a HCCERT member, family, friends, and co-workers will be able to cope with the stresses of a disaster.

**For more information, please contact the Henrico County Division of Fire's Office of Emergency Management at 804-501-7183 or [emergencymanager@henrico.us](mailto:emergencymanager@henrico.us)**

# Henrico County Domestic Violence Services

Domestic Violence Coordinator Phone Number: 804-501-5732 | Email:

[domestic\\_violence@henricopolice.org](mailto:domestic_violence@henricopolice.org)

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***If you are being hurt and feel that you are in immediate danger, call 9-1-1!***

If you would like to speak to the Domestic Violence Coordinator, call 804-501-5732. If no one answers, leave a message and the Domestic Violence Coordinator will return your call. You may also email the Domestic Violence Coordinator at [domestic\\_violence@henricopolice.org](mailto:domestic_violence@henricopolice.org). Domestic violence is a pattern of behaviors used by one person in a relationship to control the other. Behaviors may include emotional, financial, or psychological abuse.

***Other examples of domestic violence include:***

- Name calling or putdowns
- Stalking
- Keeping a partner from contacting family or friends
- Withholding money
- Actual or threatened physical harm
- Actual or threatened sexual harm
- Preventing a partner from getting or keeping a job

***Certain forms of abuse may be criminal such as domestic assault, sexual assault, or stalking.***

**Domestic assault** is a sudden, violent attack that may involve grabbing, pushing, kicking, hitting, or threatening physical harm to a spouse, boyfriend or girlfriend, child, or other family or household member. **Sexual assault** is an unlawful physical attack upon another person, pertaining to or for sex, with or without battery, but may include sexually abusing a person against that person's will, with the use of force, threat, or intimidation. **Stalking** is to pursue or proceed in a steady, deliberate, or sinister manner, placing a person in fear of sexual assault, bodily injury, or death with repeated actions that may include following someone, sending numerous emails or texts, calling repeatedly, or sending unwanted gifts or letters.

***Anyone can be a victim.***

Victims can be of any age, race, culture, education, sex, religion, employment, or relationship status. Children and pets in homes where abuse exists are more likely to be abused and/or neglected. Even if children are not physically harmed, they may have emotional and behavioral problems.

If you think you may be being abused; if you think you may be abusive; if you know someone being abused; or if you know someone who is abusive please contact the agencies listed in the link below: [https://henrico.us/assets/Police\\_DV\\_Local\\_Resources-Update-2021.pdf](https://henrico.us/assets/Police_DV_Local_Resources-Update-2021.pdf)

# Henrico County Health Department

West Clinic: 8600 Dixon Powers Drive |  
Henrico, VA 23228 | 804-501-4522  
East Clinic: 1400 North Laburnum Avenue |  
Richmond, VA 23223 | 804-652-3190

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Henrico County Health Department exists and acts to protect the health of communities within Henrico County. These communities include residents, visitors, newly arrived immigrants, pregnant women, infants, school children, and many more. Chances are you are a beneficiary of the health protective services of the Henrico County Health Department if you: eat in a restaurant or cafeteria, need an immunization, live in a house with a well or septic system, received nutritional supplements, and counseling while pregnant, experience a foodborne or sexually transmitted illness, or experience a death in your family.

**For more information, call**

West End Main Office: 804-501-4522

East End Clinic: 804-652-3190

Visit the website at [www.henrico.us/health](http://www.henrico.us/health)





# Henrico County Police Division

7721 East Parham Road | Henrico, VA 23228 | Emergency: 911 |  
Non-Emergency: 804-501-5000

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## One team. One community. Safer together.

The Henrico County Police Division is fully accredited by the Commission on Accreditation for Law Enforcement Agencies (CALEA).

### Our Values

- **Honor:** With integrity as our foundation, we earn the respect and trust of the public and each other.
- **Professionalism:** Professionalism is paramount; we achieve it through training and acting within the rule of law.
- **Commitment:** We are committed to preventing crime, preserving order, and ensuring the safety of the public.
- **Compassion:** We treat everyone with dignity and compassion, regardless of circumstance.
- **Accountability:** We hold ourselves to the highest standards of conduct while upholding the ideals of our Constitution and democratic society.

### Triad and SALT Council

*What is the Triad-SALT Council?*

The Triad-SALT is a crime-fighting partnership between law enforcement and seniors. **Join today! For more information on these programs call 804-501-5933 or write to: [seniorservices@henricopolice.org](mailto:seniorservices@henricopolice.org)**

### Senior Citizens Police Academy

The Police Division conducts two Citizens Police Academies and two Senior Citizens Police Academies annually for **FREE**.

**For more information about the Senior Citizens' Academy, call 804-501-5933 or [seniorservices@henricopolice.org](mailto:seniorservices@henricopolice.org).**

### Volunteers in Public Service (VIPs)

The Police Division welcomes citizens to volunteer for various positions throughout the Division. Our volunteer opportunities include chaplains, motorist assistance, office assistants, fingerprint assistants, and more.

**For more information, please visit [www.henrico.us/rec/volunteer](http://www.henrico.us/rec/volunteer), or contact the Police Volunteer Coordinator at 804-501-5047.**

*\*\*Please note that some volunteer positions for the Police Division require extensive background checks.\*\**

# Henrico County Project Lifesaver

P.O. Box 90775 | Henrico, VA 23273-0775 | 804-501-4950

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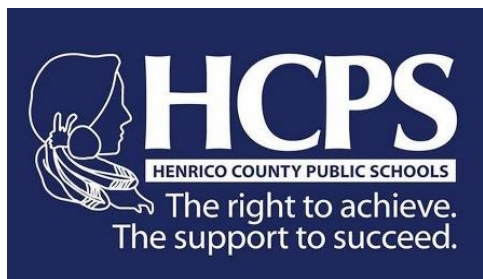
Project Lifesaver is a rapid response program that aids victims and families who suffer from Alzheimer's disease, Dementia, and Autism. The program uses state of the art technology and specially trained officers to locate individuals who have wandered away.

The patient wears a personalized bracelet that emits a tracking signal, allowing the officers to locate the patient quickly. The average rescue time is 22 minutes after the individual has been reported missing. Project Lifesaver has been a very successful program for the sheriff's office because no deaths or serious injuries have been reported once the specially trained officers have located the individual.

There are approximately 101,000 individuals in Virginia with Alzheimer's disease, making Project Lifesaver an important and helpful program.

Project Lifesaver is funded through charitable donations from generous organizations and individuals.

**For more information on how to sign up or who qualifies, please call the Henrico County Sheriff's Office at 804-501-5860 or send an email to [sheriffprojectlifesaver@henrico.us](mailto:sheriffprojectlifesaver@henrico.us).**



# Henrico County Public Schools

P.O. Box 23120 | 3820 Nine Mile Road | Henrico, VA 23223 |  
804-652-3600

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## Adult Education

Henrico County offers lifelong learning courses in:

- Financial Literacy
- Computer Skills
- Language
- Health & Medical Fields
- Business/ Personal Enrichment
- Arts & Design
- Creative Writing
- Adult Basic Education
- English for Speakers of Other Languages

For more information, call 804-328-4095 or 804-328-4081 or visit [www.henricoadulteducation.com](http://www.henricoadulteducation.com).

## Henrico County Golden Age Program

Henrico County Public Schools welcomes the opportunity to provide a benefit for our senior citizens. Henrico County residents, age 60 or older, are eligible to participate in the Golden Age Program and receive the following benefits: Free Admission to athletic events, drama and musical productions, and other activities at schools in Henrico. A Golden Age Program membership card must be presented. Admission to athletic tournaments and playoffs at schools in Henrico is *not guaranteed*. In the production of some dramas and musicals, royalties must be paid. When this happens, reduced admission prices will be charged. If you have questions regarding an event, please contact the school directly.

Golden Age Membership Program Cards can be found at:

<https://docs.google.com/forms/d/e/1FAIpQLSf5MKBCSMRz6x-9nePD-V-dqF64UNTuz1nn07UKHqHGgWsl4A/viewform>

Free Tuition for certain classes offered through Henrico County Public Schools Adult Education Center. A limited number of spaces are reserved for Golden Age Program members – on a “first come, first serve” basis. There is a 2-class limit per person for Golden Age registration. Fees for registration, materials, supplies, textbooks and/or late fees must be paid. A government-issued photo ID (showing the name of the person registering and the Henrico County address) must be presented at the time of registration. For registrations mailed in, a *photocopy of the ID* must be enclosed with the registration form. **For questions about Golden Age classes and available slots, please call the office at 804-328-4095.**

<https://blogs.henrico.k12.va.us/adulteducation/golden-age-program/>

# Henrico County Recreation & Parks

P.O. Box 90775 | Henrico, VA 23273-0775 | Main Number 804-501-7275 | Inclement Weather Hotline 804-501-5132

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We are pleased to offer our citizens a variety of programs and activities for all ages, including residents with special needs. From visual arts to nature and outdoors, preschool to senior adults, there is something for everyone!

Our Division also oversees the development, construction, and maintenance of many parks, recreation facilities, athletic complexes, and historic sites throughout Henrico County.

## Open Gym

### *Senior Pickleball*

Ages 50+. Stay active playing pickleball, a blend of tennis, table tennis and badminton on a smaller court. At the Deep Run Recreation Center on Mondays, Wednesdays, & Fridays from 8:30 am-noon. For information, call 804-652-1430. Also, at the Eastern Henrico Recreation Center on Tuesdays & Thursdays from 8:30 am-noon. For information, call 804-652-1450.

### *Senior Volleyball*

Men ages 50+ and women ages 40+. Volleyball is fun, competitive, and a great way to meet new friends while staying active. At the Deep Run Recreation Center on Tuesdays & Thursdays from 6-8:30 pm. For information, call 804-652-1430.

### *Senior Open Gym*

Ages 40+. At the Eastern Henrico Recreation Center on Fridays from 8:30-10:30 am. For information, call 804-652-1450.

## Senior Clubs & Leagues

<i>55+ Bowling League</i>	Ages 55+. Information: 804-755-1342.
<i>Cheswick Walking Club</i>	Ages 50+. Information: 804-652-1408.
<i>Golf Club</i>	Ages 50+. Information: 804-740-3209.
<i>Leisure Clubs</i>	Ages 60+.
<i>Mahjong</i>	All ages. Information: 804-652-1430.
<i>Pinochle</i>	Ages 50+. Information: 804-652-1450.
<i>Social Bridge Bunch</i>	For information, call 804-652-1430.
<i>Tennis Clubs</i>	For ages 55+. April-November at Belmont Recreation Center, 8:30-11:30 am.

For more information, call 804-501-7275 or visit [www.henrico.us/rec/programs-events/seniors](http://www.henrico.us/rec/programs-events/seniors)

Additional classes and programs can be found at [www.connect.henricorecandparks.com](http://www.connect.henricorecandparks.com)



## Public Libraries

Administration: 1700 North Parham Road | Henrico, VA  
23229 | 804-501-1900

### Offers:

- Large print books
- Books on tape
- Computer Classes
- Senior programming
- Grandparent programs

### Mobile Library Services

The Mobile Library Service is dedicated to bringing quality outreach to retirement communities, childcare centers and is a popular sight at many area events. Bringing the library out of the buildings and into the community, Henrico County Public Library's first Bookmobile went into operation in 1977. The current model was purchased in 2011 with maximum flexibility, efficiency, and accessibility in mind.

The Mobile Library Service van visits Henrico County senior facilities each month, bringing 3-5 book carts of large type, current fiction, and non-fiction, as well as mixed media such as magazines, DVDs, and audio books. MLS staff are dedicated to bringing educational and entertaining materials and programming to local senior communities, encouraging improved quality of life. Please check with your Activities Director to see if the Mobile Library visits your facility.

**For more information, call 804-501-1953 or email [MLSManager@henricolibrary.org](mailto:MLSManager@henricolibrary.org)**

**To inquire about Senior Program schedules, contact for additional information:**

### Library Branches

**\*\* Municipal Government & Law Library is located at Tuckahoe Area Library\*\***

Fairfield Area	Gayton Branch	Glen Allen Branch
1401 North Laburnum Avenue, Henrico, VA 23223	10600 Gayton Road, Henrico, VA 23238-4117	10501 Staples Mill Road, Glen Allen, VA 23060-3242
804-501-1930	804-501-1960	804-501-1950
Libbie Mill	North Park Branch	Sandston Branch
2100 Libbie Lake East Street, Henrico, VA 23230	8508 Franconia Road, Henrico, VA 23227-1213	23 East Williamsburg Road, Sandston, VA 23150-2011
804-501-1940	804-501-1970	804-501-1990
Tuckahoe Area	Twin Hickory Area	Varina Branch
1901 Starling Drive, Henrico, VA 23229-4564	5001 Twin Hickory Road, Glen Allen, VA 23059-2509	1875 New Market Road, Henrico, VA 23231-5826
804-501-1910	804-501-1920	804-501-1980

# Senior Connections

24 East Cary Street | Richmond, VA 23219 | 804-343-3000

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Senior Connections, The Capital Area Agency on Aging, offers programs and services that are tailored to meet the social, nutritional, educational, and logistical needs for older adults, caregivers, and persons with disabilities. The agency is dedicated to building a community that supports older residents and allows them to age with independence, dignity, security, and an enhanced quality of life. Some of these programs and services offered include:



- **Adult Day Care**
- **Aging and Disability Resource Connection**
- **Care Coordination and Case Management**
- **Caregiving Support Services**
- **Chronic Disease Self-Management Program**
- **Emergency Services and Financial Assistance**
- **Employment Assistance**
- **Foster Grandparent Program**
- **Friendship Cafes**
- **Home Care**
- **Home-Delivered Meals**
- **Information and Assistance Program**
- **Long-Term Care Ombudsman**
- **Medication Assistance**
- **Money Management and Counseling**
- **Options Counseling**
- **Public Guardianship Program**
- **Retired and Senior Volunteer Program (RSVP)**
- **Senior Medicare Patrol**
- **Transportation Assistance**
- **Benefits Enrollment Center**
- **Virginia Insurance Counseling and Assistance Program (VICAP)**

*Senior Connections Local Service Areas: City of Richmond and the counties of Charles City, Chesterfield, Goochland, Hanover, Henrico, New Kent, and Powhatan.*

**For more information, call 804-343-3000 or Toll-Free 1-800-989-2286.**

**Visit the website at: [www.seniorconnections-va.org](http://www.seniorconnections-va.org)**



## The Virginia Insurance Counseling and Assistance Program (VICAP)

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The Virginia Insurance Counseling and Assistance Program (VICAP) is a free, non-biased and confidential health insurance counseling service for Medicare beneficiaries and/or caregivers of people with Medicare. VICAP is a part of a nationwide network of health insurance programs. Locally, VICAP is sponsored by Senior Connections, The Capital Area Agency on Aging.

Trained volunteer counselors provide counseling on Medicare and other health insurance benefits through interaction by phone or in-person. VICAP counselors do not make decisions for clients but help people to review options and to make informed and personalized choices on health insurance coverage.

VICAP counselors provide information on:

- Medicare (for seniors and the disabled under 65 with Medicare)
- Medicare Supplemental Insurance
- Medicare Advantage
- Medicare Prescription Drug Plan (Part D)
- Extra help for Part D
- Long Term Care Insurance
- Medicaid
- Medicare Savings Programs for help with Medicare premiums, deductibles, and co-payments
- Understanding medical and insurance statements
- Filing claims and appeals
- Medicare and Medicaid Fraud and Abuse

**For more information, call Senior Connections' VICAP Intake Line at 804-343-3014 or send an e-mail to [vicap@youraaa.org](mailto:vicap@youraaa.org).**



# Long Term Care Ombudsman Program

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The mission of Senior Connections, The Capital Area Agency on Aging's Long-Term Care Ombudsman Program is to act as an advocate for older persons receiving long-term care, whether the care is provided in a nursing home or assisted living facility, or through community-based services to assist persons still living at home. Ombudsman services are free and confidential. If consumers of long-term care services are unable to resolve problems on their own, the Ombudsman will assist them to find a solution.

The objectives of the Ombudsman Program are:

- Receive, investigate, and work to resolve complaints involving quality of care in a confidential manner
- Assist residents in exercising their rights
- Mediate concerns between residents (and/or their families) and the facility/provider
- Provide residents and their families with information about long term care resources in our community

Long-Term Care Ombudsmen assist residents of Long-Term Care facilities and their families by providing the following services:

- Promotes the civil and human rights of long-term care residents
- Assists residents to obtain needed services
- Empowers residents and families to advocate for themselves
- Consults with residents, families, and facilities to avoid problems, or solve them before they become crises
- Educates consumers and the community about long-term care issues, provides technical assistance to providers, and promotes increased community involvement in long-term care facilities
- Investigates and attempts to resolve concerns and complaints made by, or on behalf of, long-term care residents. This may include suspicions of abuse and neglect.
- Works with resident and family councils, community organizations, and state and federal enforcement agencies to improve residents' quality of life
- Seeks a regular presence in all long-term care facilities. Identifies problem areas and advocates for change.
- Coordinates efforts with other agencies and service providers

For more information, call 804-343-3057 or 343-3000 or visit <https://seniorconnections-va.org/services/advocacy-support/long-term-care-ombudsman/>



# Additional Services and Phone Numbers

## Emergency Housing

American Red Cross (Disaster)	804-780-2250
United Way (Shelter Referrals)	804-771-5820

## Information and Assistance

Elder Care Locator	1-800-677-1116
Henrico County Department of Social Services (Information and Referral Line)	804-501-5294
Senior Connections, The Capital Area Agency on Aging	804-343-3000
Senior Navigator	1-866-393-0975 or <a href="http://www.seniornavigator.org">www.seniornavigator.org</a>
United Way Information and Referral Center	804-771-5853 or 2-1-1
Virginia Easy Access	2-1-1

## Employment Services

AARP Senior Community Service, Employment Program	1806 Chantilly Street, Suite 100, Richmond, VA 23230 <a href="http://www.aarpworksearch.org">www.aarpworksearch.org</a>	804-355-3600
Goodwill Northside Community Employment Center	2606-B Chamberlayne Road, Richmond, VA 23227	804-823-2787
Resource Work Force Investment Board	7333 Whitepine Road, Richmond, VA 23237 <a href="http://www.resourceva.com">www.resourceva.com</a>	804-271-8510
Senior Connections, The Capital Area Agency on Aging	24 East Cary Street, Richmond, VA 23219 <a href="http://www.seniorconnections-va.org">www.seniorconnections-va.org</a>	804-343-3000
Virginia Employment Commission	8093 Elm Drive, P. O. Box 997, Mechanicsville, VA 23111-1160 <a href="http://www.vec.virginia.gov">www.vec.virginia.gov</a>	804-355-3600

## Volunteer Programs

AARP	<a href="http://www.aarp.org">www.aarp.org</a>	1-888-687-2277
American Red Cross	420 East Cary Street Richmond, VA 23261	804-780-2250

HandsOn Greater Richmond	7501 Boulders View Drive, Suite 101, Richmond, VA 23225 <a href="http://www.handsonrva.org">www.handsonrva.org</a>	804-330-7027 ext.132
Henrico County Volunteer Coordinator	spo001@henrico.us	804-501-4425
Meals on Wheels of Greater Richmond	1600 Willow Lawn Drive Richmond, VA 23230 <a href="http://www.mowdelivers.com">www.mowdelivers.com</a>	804-673-5035
Retired Senior Volunteer Program (RSVP)	24 East Cary Street Richmond, VA 23219 <a href="http://www.seniorconnections-va.org">www.seniorconnections-va.org</a>	804-343-3050
Senior Connections, The Capital Area Agency on Aging	24 East Cary Street Richmond, VA 23219 <a href="http://www.seniorconnections-va.org">www.seniorconnections-va.org</a>	804-343-3000 800-989-2286
The Shepherd's Center of Richmond (TSCOR)	3111 Northside Avenue, Suite 400 Richmond, VA 23228	804-355-7282
United Way Information and Referral Center		2-1-1

To find more volunteer opportunities, contact local hospitals, hospices, assisted living facilities, area schools, and support groups.

### State Agencies

Disability Law Center of Virginia	804-225-2042   800-552-3962
Office of the Attorney General	804-786-2071
a. Virginia TRIAD Resources	a. 804-786-2071
b. Medicaid Fraud Control	b. 804-371-0779   800-371-0824
Virginia Department for the Aging and Rehabilitative Services	804-662-9333   800-552-3402
Virginia Department for the Blind and Vision Impaired	804-371-3140   800-622-2155
Virginia Department for the Deaf and Hard of Hearing	800-552-7917
Virginia Department of Behavioral Health and Developmental Services	804-786-3921   800-451-5544
Virginia Department of Health	804-864-7001
Virginia Department of Medical Assistance Services	804-786-7933
Virginia Department of Medical Assistance Services	804-786-7933

Virginia Department of Professional and Occupational Regulations a. Hotline for Older Virginians	804-367-8500 a. 804-367-2178
Virginia Department of Social Services	804-726-7000   800-552-3402
Virginia Fair Housing Office	804-367-8530   888-551-3247
Virginia Logisticare/Medicaid Transportation	866-386-8331
Virginia Office of Consumer Affairs	804-786-2042
Virginia State Corporation Commission	804-371-9967   800-552-7945

### Federal Agencies

Administration on Aging	800-677-1116
Center for Medicare and Medicaid Services	877-267-2323
Department of Veterans Affairs	804-675-6546
Social Security Administration	800-772-1213

# Adult Day Services

*Centers providing programs that include day support and care services, activities, and meals*

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**A Grace Place Adult Center**

804-261-0205

8030 Staples Mill Road, Richmond, VA 23228

**Alternative Adults Care LLC**

804-427-6966

7193 Brooking Way, Mechanicsville, VA 23111

**Blessings for You Adult Care Center**

804-612-0794

2231 East Parham Road, Richmond, VA 23228

[www.blessingsforyouadultcare.com](http://www.blessingsforyouadultcare.com)

**Circle Center Adult Day Services**

804-355-5717

4900 West Marshall Street, Richmond, VA 23230

[www.circlecenterads.info](http://www.circlecenterads.info)

**Hanover Adult Center, Inc**

804-746-0743

7231 Stonewall Parkway, Mechanicsville, VA 23111

[www.hanoveradultcenter.com](http://www.hanoveradultcenter.com)

**Riverside PACE**

804-977-5900

1300 MacTavish Avenue, Richmond, VA 23230

[www.riversideonline.com](http://www.riversideonline.com)

# Adult Education

*Various programs to provide continuing education for adults*

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## **AARP Driver Safety Program**

800-350-7025

## **Henrico County Adult Education Center**

*East End*

804-328-4095

Highland Springs Complex- 201 East Nine Mile Road, Highland Springs, VA 23075

*West End*

804-527-4660

Mount Vernon Complex- 7850 Carousel Lane, Henrico, VA 23294

[www.blogs.henrico.k12.va.us/adulteducation](http://www.blogs.henrico.k12.va.us/adulteducation)

## **J. Sargent Reynolds Community College**

804-371-3000

1651 East Parham Road, Richmond, VA 23228

[www.reynolds.edu](http://www.reynolds.edu)

## **Osher Institute at University of Richmond**

804-289-8000

28 Westhampton Way, University of Richmond, VA 23173

## **Road Scholar**

804-828-1525

[www.roadscholar.org](http://www.roadscholar.org)

## **TechStar Tutors**

804-442-7827

6802 Paragon Place, Suite 410, Richmond, VA 23230

## **The READ Center** *(For adults with low-level reading and communication skills)*

804-288-9930

4915 Radford Avenue, Suite 204, Richmond, VA 23230

[www.readcenter.org](http://www.readcenter.org)

# Adult Protective Services for Henrico

*Receives and investigates reports when an adult is being abused, neglected, exploited, or is at-risk; anyone who suspects abuse, neglect, or exploitation can make an anonymous report.*

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## **Adult Protective Services**

804-501-7346

*West End*

804-501-4001

8600 Dixon Powers Drive, Henrico, VA 23228

*East End (Benefit Programs only)*

804-652-3123

3820 Nine Mile Road, Henrico, VA 23223

*Mail for both offices*

P.O. Box 90775, Henrico, VA 23273

[www.henrico.us/dss](http://www.henrico.us/dss)

# Advocacy and Support

*Agencies that assist with grievances and concerns*

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## **Central Virginia Task Force on Domestic Violence in Later Life**

804-828-1525

Virginia Center on Aging, VCU, P.O. Box 980229, Richmond, VA 23298

## **Disability Law Center of Virginia**

804-552-3962

1512 Willow Lawn, Suite 100, Richmond, VA 23230

[www.dlcva.org](http://www.dlcva.org)

## **Legal Aid Justice Center**

804-643-1086

625 East Broad Street Suite 200, Richmond, VA 23219

[www.justice4all.org](http://www.justice4all.org)

## **Legal Information Network for Cancer (CancerLINC)**

804-562-0371

200 South 3<sup>rd</sup> Street, Richmond, VA 23219

[www.cancerlinc.org](http://www.cancerlinc.org)

## **Medicaid Fraud Control Unit**

804-371-0779

202 North 9th Street, Richmond, VA 23219

[www.oag.state.va.us/programs-initiatives/medicaid-fraud](http://www.oag.state.va.us/programs-initiatives/medicaid-fraud)

## **Virginia Board for People with Disabilities**

804-786-0016

1100 Bank Street, 7th Floor, Richmond, VA 23219

TTY: 800-846-4464

[www.vaboard.org](http://www.vaboard.org)

## **Virginia Poverty Law Center**

804-782-9430

919 East Main Street, Suite 610, Richmond, VA 23219

[www.vplc.org](http://www.vplc.org)

## **YWCA Women's Victim Advocacy Program**

804-643-6761

6 North 5th Street, Richmond, VA 23219

[www.ywcarichmond.org](http://www.ywcarichmond.org)

## Area Agency on Aging

*Provides home-and community-based services for older adults, persons with disabilities, caregivers, and their families*

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### **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

## Assistive Technology

*Equipment, systems, or programs that improve or maintain functions of persons with disabilities*

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### **Assistive Technology Loan Fund Authority**

Phone/TTY: 804-662-9000

1602 Rolling Hills Drive, Suite 107, Richmond, VA 23229

[www.atlfa.org](http://www.atlfa.org)

### **Powell Orthotics and Prosthetics**

804-649-9043

2034 Dabney Road, Suite C, Richmond, VA 23230

[www.powelloandp.com](http://www.powelloandp.com)

### **Sportable**

804-340-2991

1365 Overbrook Road Suite 2, Richmond, VA 23220

[www.sportable.org](http://www.sportable.org)

### **Virginia Assistive Technology System**

804-662-9990

2001 Maywill Street, Suite 202, Richmond, VA 23230

TTY: 800-464-9950

[www.vats.org](http://www.vats.org)

### **Virginia Voice**

804-266-2477

395 Azalea Avenue, P.O. Box 15546, Richmond, VA 23227

[www.virginiavoice.org](http://www.virginiavoice.org)



# Care Management Services

*Services providing care and care coordination, referrals, and support to maintain independence*

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## **BrightStar Care**

804-378-8686

7202 Glen Forest Drive, Suite 302, Richmond, VA 23226

[www.brightstarcare.com](http://www.brightstarcare.com)

## **Care Advantage**

804-285-1212

3201 Hungary Spring Road, Richmond, VA 23228

[www.careadvantageinc.com](http://www.careadvantageinc.com)

## **Eldercare Locator**

800-677-1116

[www.eldercare.gov](http://www.eldercare.gov)

## **Home Helpers**

804-864-4258

105 Twinridge Lane, North Chesterfield, VA 23235

[www.homehelpershomecare.com](http://www.homehelpershomecare.com)

## **Jewish Family Services**

804-282-5644

6718 Patterson Avenue, Richmond, VA 23226

[www.jfsrichmond.org](http://www.jfsrichmond.org)

## **SeniorBridge Family Companies, Inc**

804-282-0753

6802 Paragon Place, Suite 201, Richmond, VA 23230

[www.seniorbridge.com](http://www.seniorbridge.com)

## **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# Companion Care Services

*Services that help with household tasks and completing Activities of Daily Living*

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## **Always Best Care**

804-368-3200

2012 John Rolfe Parkway, Richmond, VA 23238

[www.alwaysbestcare.com](http://www.alwaysbestcare.com)

## **Commonwealth Catholic Charities**

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

## **Family Lifeline**

804-282-4255

2325 West Broad Street, Richmond, VA 23220

[www.familylifeline.org](http://www.familylifeline.org)

## **Hand 'n Heart Home Care Services**

804-819-1755

4100 Brook Road, Suite D, Richmond, VA 23227

[www.handnheart.org](http://www.handnheart.org)

## **Home Helpers**

804-864-4258

105 Twinridge Lane, North Chesterfield, VA 23235

[www.homehelpershomecare.com](http://www.homehelpershomecare.com)

## **Jewish Family Services**

804-282-5644

6718 Patterson Avenue, Richmond, VA 23226

[www.jfsrichmond.org](http://www.jfsrichmond.org)

## **Nurse Next Door**

804-716-7194

2214 Westwood Avenue, Henrico, VA 23230

[www.nursenextdoor.com](http://www.nursenextdoor.com)

## **Seniors Helping Seniors**

804-476-0092

12149 Glen Gary Circle, Henrico, VA 23233

<https://seniorcaregreaterichmond.com/>

# Crime Prevention/Consumer Protection Services

*Services that are in place to reduce crime and protect consumers*

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## **Agriculture and Consumer Services**

804-786-3501

102 Governor Street, Richmond, VA 23219

[www.vdacs.virginia.gov](http://www.vdacs.virginia.gov)

## **Agriculture and Natural Resources (Henrico)**

804-501-5160

8600 Dixon Powers Drive, Human Services Building, Henrico, VA 23228

[www.henrico.us/extension/anr](http://www.henrico.us/extension/anr)

## **Henrico County Police**

804-501-5000 (*non-emergency*)

7721 East Parham Road, Richmond, VA 23294

[www.henrico.us/police](http://www.henrico.us/police)

*TRIAD/SALT Council*

804-501-5933

## **Office of the Attorney General (Consumer Protection Services)**

804-786-2042

[www.oag.state.va.us](http://www.oag.state.va.us)

Hotline: 800-552-9963

## **Virginia State Corporation Commission (*Financial Institutions, Insurance, Public Utilities and Securities*)**

804-371-9967

P.O. Box 1197, Richmond, VA 23218

800-552-7945

[www.scc.virginia.gov](http://www.scc.virginia.gov)

## **Virginia Department of Agriculture and Consumer Services**

804-786-3501

102 Governor Street, Richmond, VA 23219

Hearing Impaired: 800-828-1120

[www.vdacs.virginia.gov](http://www.vdacs.virginia.gov)

# Dental Services

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## **CrossOver Healthcare Ministry**

804-655-2794

108 Cowardin Avenue, Richmond, VA 23224

804-233-5016

8600 Quioccasin Road, Suite 105, Richmond, VA 23229

804-622-0803

[www.crossoverministry.org](http://www.crossoverministry.org)

## **Daily Planet** (*West Grace Health Center*)

804-783-2505

517 West Grace Street, Richmond, VA 23220

[www.dailyplanetva.org](http://www.dailyplanetva.org)

## **Donated Dental Services**

804-523-2180

3460 Mayland Court, Suite 110, Richmond, VA 23233

[www.vdaf.org](http://www.vdaf.org)

## **Glenwood Medical and Dental Center**

804-780-0840

2709 Byron Street, Richmond, VA 23223

## **MCV Dental Clinic**

804-828-9190

520 North 12th Street, Richmond, VA 23298

[www.vcudentalcare.com](http://www.vcudentalcare.com)

# Disability Services

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## **AccessVA**

877-428-8844

711

## **Brain Injury Association of Virginia**

804-355-5748

2810 North Parham Road Richmond, VA 23294

[www.biav.net](http://www.biav.net)

## **FeedMore** (*Meals on Wheels*)

804-521-2500

1601 Rhoadmiller Street, Richmond, VA 23220

[www.feedmore.org](http://www.feedmore.org)

## **FREE Foundation** (Foundation for Rehabilitation Equipment and Endowment)

804-920-9828

6301 Midlothian Turnpike, Richmond, VA 23225

[www.free-foundation.org](http://www.free-foundation.org)

## **National Alliance on Mental Health**

804-285-1749

1904 Byrd Avenue, Suite 207, Richmond, VA 23230

## **United Way of Greater Richmond**

804-771-5820

7814 Carousel Ln, Suite 400, Richmond, VA 23294

[www.yourunitedway.org](http://www.yourunitedway.org)

## **Virginia Department for the Blind and Vision Impaired**

804-371-3140

397 Azalea Avenue, Richmond, VA 23227

[www.vdbvi.org](http://www.vdbvi.org)

## **Virginia Department for the Deaf and Hard of Hearing**

Phone/TTY: 804-662-9502

1602 Rolling Hills Drive, Richmond, VA 23229

[www.vddhh.org](http://www.vddhh.org)

## **Virginia Department for Aging and Rehabilitation Services** (*Virginia Disability Services Agencies*)

804-662-7000, TTY: 800-464-9950

8004 Franklin Farms Drive, Henrico, VA 23229

[www.vadsa.org](http://www.vadsa.org)

# Durable Medical Equipment

*Services providing medical equipment that assists those with disabilities*

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## **All-Med Express**

804-864-0011

9820 Midlothian Turnpike, Richmond, VA 23235

[www.allmedexpress.com](http://www.allmedexpress.com)

## **Astrix Medical Supplies**

804-897-4335

241 East German School Road, Richmond, VA 23224

## **Capital Medical Supply**

804-353-0707

2233 Tomlynn Street, Richmond, VA 23230

## **Home Care Delivered**

800-565-6167

11013 West Broad Street, 4<sup>th</sup> Floor, Glen Allen, VA 23060

[www.hcd.com](http://www.hcd.com)

## **Homewatch Caregivers**

804-644-1076

4901 Fitzhugh Avenue, Richmond, VA 23230

[www.homewatchcaregivers.com](http://www.homewatchcaregivers.com)

## **Lincare, Inc**

804-355-2323

2801 Ackley Avenue, Richmond, VA 23228

[www.lincare.com](http://www.lincare.com)

## **Ride-Away**

855-694-7323

232 East Belt Boulevard, Richmond, VA 23224

[www.ride-away.com](http://www.ride-away.com)

## **United Technologies**

804-553-3116

2301 Hilliard Road Suite 9, Richmond, VA 23228

[www.utechllc.com](http://www.utechllc.com)

## **Virginia Assistive Technology System**

804-662-9990

2001 Maywill Street, Suite 202, Richmond, VA 23230

TTY: 800-464-9950

[www.vats.org](http://www.vats.org)

# Elder Law Attorneys

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## **Bourdow, Bowen and Ellis, PC**

804-744-6133

5104 West Village Green Drive, Suite 108, Midlothian, VA 23112

## **Coates & Davenport, PC**

804-729-5537

*T. Michael Blanks, Jr; John C. Moore*

804-285-7000

5206 Markel Road, Suite 200, Richmond, VA 23230

[www.coateslaw.com](http://www.coateslaw.com)

## **Lee Law Office**

804-204-1500

1809 West Main Street, Suite 201, Richmond, VA 23220

[www.mleelaw.com](http://www.mleelaw.com)

## **Parker & McMakin Law Group**

804-285-3807

8100 Three Chopt Road, Suite 116, Richmond, VA 23229

[www.parkermcmakin.com](http://www.parkermcmakin.com)

## **Thompson McMullan, Attorneys at Law**

804-649-7545

*Paul Izzo*

804-698-6237

*Andrea J. Yoak*

804-698-5921

100 Shockoe Slip, Third Floor, Richmond, VA 23219

[www.t-mlaw.com](http://www.t-mlaw.com)

## **Virginia Poverty Law Center**

*Pryor, Kathy*

804-782-9430, ext.14

919 East Main Street, Suite 610, Richmond, VA 23219

[kathy@vplc.org](mailto:kathy@vplc.org)

[www.vplc.org](http://www.vplc.org)

## **White & McCarthy, Attorneys at Law**

804-379-1905

15871 City View Drive, Suite 220, Midlothian, VA 23113

[www.whitemccarthy.com](http://www.whitemccarthy.com)

# Emergency Intervention

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## **Alcohol/Drug Abuse Hotline**

800-662-4357

## **Alzheimer's Safe Return**

800-272-3900

## **Commonwealth Catholic Charities**

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

## **National Domestic Abuse Hotline**

800-799-7233

TTY: 800-787-3224

## **National Suicide Prevention Lifeline**

800-273-8255

For Deaf/Hard of Hearing: 800-799-4889

## **Poison Control Center**

800-222-1222

## **Richmond Behavioral Health Authority**

804-819-4000

107 South 5th Street, Richmond, VA 23219

[www.rbha.org](http://www.rbha.org)

## **Safe Harbor**

804-249-9470

*24-Hour Helpline*

804-612-6126

## **YWCA Women's Victim Advocacy Program**

804-643-6761

6 North 5th Street, Richmond, VA 23219

[www.ywcarichmond.org](http://www.ywcarichmond.org)

## **2-1-1 Virginia**

2-1-1

[www.211virginia.org](http://www.211virginia.org)



# Exercise and Recreation

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## **Henrico Recreation and Parks**

804-501-7275

P. O. Box 90775, Henrico, VA 23273

[www.henrico.us/rec](http://www.henrico.us/rec)

## **Nifty After Fifty**

5620 Brook Road, Richmond, VA 23227

804-767-8372

8935 Patterson Avenue, Richmond, VA 23229

804-767-8329

[www.niftyafterfifty.com](http://www.niftyafterfifty.com)

## **Senior Center of Greater Richmond**

804-353-3171

P.O Box 6521, Richmond, VA 23230

[www.seniorcenterofgreaterichmond.org](http://www.seniorcenterofgreaterichmond.org)

## **The Shepherd's Center of Richmond**

804-355-7282

3111 Northside Avenue, Suite 400, Richmond, VA 23228

[www.tscor.org](http://www.tscor.org)

## **Weinstein Jewish Community Center**

804-545-8611

5403 Monument Avenue, Richmond, VA 23226

[www.weinsteinjcc.org](http://www.weinsteinjcc.org)

## **YMCA**

*Chickahominy Family YMCA*

804-737-9622

5401 Whiteside Road, Sandston, VA 23150

*John Rolfe Family YMCA*

804-360-8767

2244 John Rolfe Parkway, 2<sup>nd</sup> Floor Henrico, VA 23233

*Shady Grove Family YMCA*

804-270-3866

11255 Nuckols Road, Glen Allen, VA 23059

*Tuckahoe Family YMCA*

804-740-9622

9211 Patterson Avenue, Henrico, VA 23229

[www.ymcarichmond.org](http://www.ymcarichmond.org)

# Food Assistance

*Agencies that provide meals or food to those in need. Please call ahead for more information regarding pantries.*

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**Commonwealth Catholic Charities (Food Pantry)**

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

**Dignity Food Pantry (For residents of 23229, 23230, 23233)**

804-360-4442

13000 Gayton Road, Henrico, VA 23233

[www.discoverymethodist.org](http://www.discoverymethodist.org)

**Eastern Henrico FISH**

804-257-7730

**FeedMore (Meals on Wheels)**

804-673-5035

1601 Rhoadmiller Street, Richmond, VA 23220

[www.feedmore.org](http://www.feedmore.org)

**Lamb's Basket**

804-565-8007

8419 Oakview Avenue, Henrico, VA 23228

[www.lambsbasket.org](http://www.lambsbasket.org)

**Our Lady of Lourdes Catholic Church**

804-262-7315

8200 Woodman Road, Henrico, VA 23228

[www.ollrichva.org](http://www.ollrichva.org)

**Salvation Army**

804-225-7470

2 West Grace Street, Richmond, VA 23224

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

**Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# Friendly Visitors

*Volunteers who visit older adults to provide friendship and decrease isolation*

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## **Family Lifeline**

804-282-4255

2325 West Broad Street, Richmond, VA 23220

[www.familylifeline.org](http://www.familylifeline.org)

## **Jewish Family Services**

804-282-5644

6718 Patterson Avenue, Richmond, VA 23226

[www.jfsrichmond.org](http://www.jfsrichmond.org)

# Fuel Assistance

*Depends upon availability of resources*

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## **Henrico Social Services (eligibility screening required)**

*West End*

804-501-4001

8600 Dixon Powers Drive, Henrico, VA 23228

*East End (Benefit Programs only)*

804-652-3123

3820 Nine Mile Road, Henrico, VA 23223

*Mail for both offices*

P.O. Box 90775, Henrico, VA 23273

[www.henrico.us/dss](http://www.henrico.us/dss)

## **Salvation Army**

804-225-7470

2 West Grace Street, Richmond, VA 23224

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

# Funeral Resources

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## **Affinity Funeral Service**

804-477-3136

2720 Enterprise Parkway, Richmond, VA 23294

[www.affinityfuneralservice.com](http://www.affinityfuneralservice.com)

## **Bennett Funeral Home**

804-746-8665

8014 Lee Davis Road, Mechanicsville, VA 23111

[www.bennettfuneralhomes.com](http://www.bennettfuneralhomes.com)

## **Bliley's Funeral Home**

804-355-3800

3801 Augusta Avenue, Richmond, VA 23230

[www.blileys.com](http://www.blileys.com)

## **Bon Secours Bereavement Resources**

804-433-4710

7229 Forest Avenue, Richmond, VA 23226

## **Cremation Society of Virginia**

804-494-5848

7542 West Broad Street, Richmond, VA 23294

[www.virginiacremate.com](http://www.virginiacremate.com)

## **Joseph Jenkins Jr Funeral Home**

804-358-9177

2011 Grayland Avenue, Richmond, VA 23220

[www.jenkinsjr.com](http://www.jenkinsjr.com)

## **Nelsen Funeral Home**

804-222-8601

4650 South Laburnum Avenue, Richmond, VA 23231

[www.dignitymemorial.com](http://www.dignitymemorial.com)

## **Virginia Board of Funeral Directors & Embalmers**

804-367-4479

9960 Mayland Drive, Suite 300, Richmond, VA 23233

[www.dhp.virginia.gov/funeral](http://www.dhp.virginia.gov/funeral)

## **Wilson and Associates' Funeral Service, Inc**

804-222-1720

5008 Nine Mile Road, Richmond, VA 23223

[www.wilsonafs.com](http://www.wilsonafs.com)

# Grandparent Programs

*Support for grandparents taking care of grandchildren*

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## **Kinship Care Support Group**

804-501-5866

## **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# Guardianship

*Agencies that assume legal responsibilities for older adults when they do not have a Power of Attorney or available decision maker*

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## **Commonwealth Catholic Charities**

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

## **Henrico Social Services**

*West End*

804-501-4001

8600 Dixon Powers Drive, Henrico, VA 23228

*East End (Benefit Programs only)*

804-652-3123

3820 Nine Mile Road, Henrico, VA 23223

*Mail for both offices*

P.O. Box 90775, Henrico, VA 23273

[www.henrico.us/dss](http://www.henrico.us/dss)

## **Jewish Family Services**

804-282-5644

6718 Patterson Avenue, Richmond, VA 23226

[www.jfsrichmond.org](http://www.jfsrichmond.org)

## **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# Health Care Clinics

*Clinics offering health care services for free, low cost, or for the uninsured*

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## **Bon Secours Care-A-Van**

804-545-1920

[www.bonsecours.com](http://www.bonsecours.com)

## **Center for Healthy Hearts**

804-359-9375

1200 West Cary Street, Richmond, VA 23220

[www.rahbpc.org](http://www.rahbpc.org)

## **CrossOver Healthcare Ministry**

804-655-2794

108 Cowardin Avenue, Richmond, VA 23224

804-655-2794

8600 Quioccasin Road, Suite 105, Richmond, VA 23229

804-655-2794

[www.crossoverministry.org](http://www.crossoverministry.org)

## **Health Brigade**

804-358-6343

1010 North Thompson Street, Richmond, VA 23230

[www.healthbrigade.org](http://www.healthbrigade.org)

## **Henrico Health Department**

*West End Clinic*

804-501-4651

8600 Dixon Powers Drive, Henrico, VA 23228

*East End Clinic*

804-652-3190

1400 N. Laburnum Avenue, Richmond, VA 23223

[www.henrico.us/health/locations](http://www.henrico.us/health/locations)

## **Northside Medical Center**

804-780-0840

2809 North Avenue, Richmond, VA 23222

[www.cahealthnet.org/location/northside-medical-center](http://www.cahealthnet.org/location/northside-medical-center)

## **Quit Now Virginia**

800-784-8669

[www.quitnow.net/virginia](http://www.quitnow.net/virginia)

# Health Organizations

*Organizations that offer information, support, and services relating to a specific disease*

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## **Alzheimer's Association, Greater Richmond Chapter**

804-967-2580

4600 Cox Road, Suite 130, Glen Allen, VA 23060

[www.alz.org/grva](http://www.alz.org/grva)

## **American Cancer Society**

(Hotline) 800-227-2345, 804-613-3375

4405 Cox Road Suite 110, Glen Allen, VA 23060

[www.cancer.org](http://www.cancer.org)

## **American Heart Association**

804-747-8334

4217 Park Place Court, Glen Allen, VA 23060

[www.heart.org](http://www.heart.org)

## **American Liver Foundation**

800-465-4837

[www.liverfoundation.org](http://www.liverfoundation.org)

## **Arthritis Foundation**

804-665-9950

1506 Willow Lawn Drive Unit 207, Richmond, VA 23230

[www.arthritis.org/virginia](http://www.arthritis.org/virginia)

## **Huntington's Disease Society of America (Mid-Atlantic Region)**

800-345-4372

[www.hdsa.org](http://www.hdsa.org)

## **National Kidney Foundation**

804-288-8342

1622 East Parham Road, Richmond, VA 23228

[www.kidney.org](http://www.kidney.org)

## **National Multiple Sclerosis Society**

804-353-5008

4200 Innslake Drive, Suite 301, Glen Allen, VA 23060

[www.nationalmssociety.org](http://www.nationalmssociety.org)

## **VCU Massey Cancer Center**

804-828-7999

1300 East Marshall Street, Richmond, VA 23298

[www.massey.vcu.edu](http://www.massey.vcu.edu)

# Hearing Services

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## **Beltone Hearing Care Foundation**

866-521-7164

*Beltone Virginia*

804-212-2646

10327 West Broad Street, Glen Allen, VA 23060

*Beltone Hearing Centers*

804-212-2646

10441 Midlothian Turnpike, Richmond, VA 23235

## **Challenge Discovery Projects Deaf and Hard of Hearing Community Counseling Services**

2405 Jefferson Avenue Richmond, VA 23223

Phone: 804-282-1943

TTY: 804-282-1944

[www.challengediscoveryprojects.org](http://www.challengediscoveryprojects.org)

## **Hearing Clinics of Virginia**

804-593-2347

7110 Patterson Avenue, Richmond, VA 23229

[www.hcva.net](http://www.hcva.net)

## **Lions 24B Hearing Aid Foundation**

804-756-0288

10286 Staples Mill Road, Suite 131, Glen Allen, VA 23060

hearaidsva@gmail.com

[www.lionshabva.org](http://www.lionshabva.org)

## **Live Better Hearing**

804-359-5851

7601 Forest Avenue Suite 227, Henrico, VA 23229

[www.livebetterhearing.com](http://www.livebetterhearing.com)

## **Virginia Department for the Deaf and Hard of Hearing**

Phone/TTY: 804-662-9502

1602 Rolling Hills Drive, Richmond, VA 23229

[www.vddhh.org](http://www.vddhh.org)



# Home-Based Care Services

*Agencies providing health care in the home for adults to maintain independence and have assistance with Activities of Daily Living*

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## **Advanced Care**

804-897-9056

7501 Boulders View Dr Suite 601, Richmond, VA 23225

<https://advancecarehealth.org/>

## **Blake Home Health**

804-545-1974

9210 Arboretum Parkway, Suite 150, Richmond, VA 23236

## **Care Advantage Inc. (Richmond West End branch)**

804-285-1212

3201 Hungary Spring Road, Richmond, VA 23228

[www.careadvantageinc.com](http://www.careadvantageinc.com)

## **Encompass Home Health**

804-562-4252

1606 Santa Rosa Road, Suite 134, Richmond, VA 23229

[www.ehhi.com](http://www.ehhi.com)

## **Family Lifeline**

804-282-4255

2325 West Broad Street, Richmond, VA 23220

[www.familylifeline.org](http://www.familylifeline.org)

## **Guardian Home Care**

804-282-9999

7007 Three Chopt Road, Richmond, VA 23226

## **Paradise Home Care, Inc**

804-288-0033

10043 Midlothian Turnpike, 1<sup>st</sup> Floor, Richmond, VA 23235

[www.paradisehomecareinc.com](http://www.paradisehomecareinc.com)

## **Right at Home**

804-715-4607

3825 West Hundred Road, Chester, VA 23831

[www.rightathome.net](http://www.rightathome.net)

# Home Management

*Organizational and decluttering services*

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## **Abundance Organizing**

804-212-2160

[www.abundanceorganizing.com](http://www.abundanceorganizing.com)

## **Brilliant Transitions**

804-402-6888

[www.brillianttransitions.com](http://www.brillianttransitions.com)

## **Compass Home Solutions**

804-647-3718

[www.compassrva.com](http://www.compassrva.com)

## **Dunmar Moving Systems**

804-409-0790

[www.dunmar.com](http://www.dunmar.com)

## **Kicking Klutter**

757-613-3888

[www.kickingklutter.com](http://www.kickingklutter.com)

## **Wayforth**

804-993-4475

## **less is more interiors**

804-837-2402

## **Life Well Managed**

804-263-3186

## **Space Matters LLC**

804-355-7330

[www.myspacematters.com](http://www.myspacematters.com)

# Home Modification

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## **Amramp**

855-854-4502

[www.amramp.com](http://www.amramp.com)

## **Home Keepers**

804-750-1166

8501 Patterson Avenue, Richmond, VA 23229

[www.homekeepers.org](http://www.homekeepers.org)

## **Project: HOMES**

804-233-2827

88 Carnation Street, Richmond, VA 23225

<https://www.projecthomes.org/>

## **Ramps By Students**

(804) 282-3605

<https://rampsbystudents.org/>

# Homeless Resources

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## **Better Housing Coalition**

804-644-0546

23 West Broad Street, Suite 100, Richmond, VA 23241

[www.betterhousingcoalition.org](http://www.betterhousingcoalition.org)

## **Commonwealth Catholic Charities** (*Homeless Point of Entry*)

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

## **Homeward VA**

804-343-2045

9211 Forest Hill Avenue, Suite 200, Richmond, VA 23235

[www.homewardva.org](http://www.homewardva.org)

## **Housing Families First** (*Hilliard House Shelter*)

804-236-5800

3900 Nine Mile Road, Richmond, VA 23223

[www.housingfamiliesfirst.org](http://www.housingfamiliesfirst.org)

## **Homeless Crisis Line**

(804) 972-0813

## **Salvation Army**

804-225-7470

2 West Grace Street, Richmond, VA 23224

[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

## **Shelter Diversion Line**

804-972-0813

## **St. Joseph's Villa**

804-553-3200

[www.neverstopbelieving.org](http://www.neverstopbelieving.org)

## **Virginia Supportive Housing**

804-788-6825

8002 Discovery Drive, Suite 201, Richmond, VA 23229

[www.virginiassupportivehousing.org](http://www.virginiassupportivehousing.org)

# Hospice and Palliative Care Resources

*Agencies providing care for those with life limiting illnesses and offer support for their families*

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## **Ascend Hospice**

804-673-1330

10571 Telegraph Road Suite 203, Glen Allen, VA 23059

[www.ascendhospice.com](http://www.ascendhospice.com)

## **AseraCare Hospice**

804-282-4364

9790 Midlothian Turnpike, Richmond, VA 23235

[www.aseracare.com](http://www.aseracare.com)

## **Bon Secours Hospice and Palliative Care**

804-627-5360

8580 Magellan Parkway, Richmond, VA 23227

[www.bonsecours.com](http://www.bonsecours.com)

## **Encompass Home Health**

804-562-4252

1606 Santa Rosa Road, Suite 134, Richmond, VA 23229

[www.ehhi.com](http://www.ehhi.com)

## **Harbor Light Hospice**

804-292-2944

10128 West Broad Street, Suite J, Glen Allen, VA 23060

[www.harborlighthospice.com](http://www.harborlighthospice.com)

## **Hospice of Virginia, Richmond**

804-290-0951

2235 Staples Mill Road, Suite 100, Richmond, VA 23230

[www.hospiceofvirginia.com](http://www.hospiceofvirginia.com)

## **James River Hospice**

804-272-3300

9211 Arboretum Parkway, Suite 100, North Chesterfield, VA 23236

[www.jamesriverhospice.com](http://www.jamesriverhospice.com)

## **Kindred at Home**

804-290-4300

8000 Franklin Farms Drive, Suite 100, Richmond, VA 23229

## **Legacy Hospice**

804-272-3300

9100 Arboretum Parkway, Suite 290, Richmond, VA 23236

# Hospitals

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## **Bon Secours Hospitals**

[www.bonsecours.com](http://www.bonsecours.com)

*Richmond Community Hospital*

804-225-1700

1500 North 28<sup>th</sup> Street, Richmond, VA 23223

*St. Mary's Hospital (Features Senior Emergency Departments)*

804-285-2011

5801 Bremon Road, Richmond, VA 23226

## **HCA Virginia Hospitals**

*Henrico Doctor's Hospital*

[www.henricodoctors.com](http://www.henricodoctors.com)

*Henrico Doctor's Hospital*

804-289-4500

1602 Skipwith Road, Richmond, VA 23229

*Parham Doctor's Hospital*

804-747-5600

7700 East Parham Road, Richmond, VA 23294

*Retreat Doctor's Hospital*

804-254-5100

2621 Grove Avenue, Richmond, VA 23220

## **Stony Point Surgery Center**

804-775-4500

8700 Stony Point Parkway, Suite 100, Richmond, VA 23235

[www.stonypointsc.com](http://www.stonypointsc.com)

## **VCU Medical Center**

804-828-9000

1250 East Marshall Street, Richmond, VA 23219

# Housing Assistance

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**AccessVA**

877-428-8844

TTY: 711

[www.accessva.org](http://www.accessva.org)

**Better Housing Coalition**

804-644-0546

23 West Broad Street, Richmond, VA 23241

[www.betterhousingcoalition.org](http://www.betterhousingcoalition.org)

**Home Again**

804-358-7747

[www.homeagainrichmond.org](http://www.homeagainrichmond.org)

**Housing Families First**

804-236-5800

3900 Nine Mile Road, Henrico, VA 23223

[www.housingfamiliesfirst.org](http://www.housingfamiliesfirst.org)

**Housing Opportunities Made Equal (HOME)**

804-354-0641

626 East Broad Street, Suite 400, Richmond, VA 23219

[www.homeofva.org](http://www.homeofva.org)

**Hosing Resource Line**

804-422-5061

**Southside Community Development & Housing Corporation**

804-231-4449

1624 Hull Street, Richmond, VA 23224

[www.scdhc.com](http://www.scdhc.com)

**Virginia Housing Development Authority**

804-782-1986

601 South Belvidere Street, Richmond, VA 23220

[www.vhda.com](http://www.vhda.com)

## Housing Options

**AL**- Assisted Living (Residents need some assistance with Activities of Daily Living)

**IL**- Independent Living (Residents can perform all Activities of Daily Living independently)

**MC**- Memory Care (Residents have memory impairments and need assistance)

**R**- Respite (Residents need care for a temporary amount of time)

**SNF**- Skilled Nursing Facility (Residents need short term rehabilitation or long-term skilled care with nurses and therapists)

**+** - Accepts Medicaid

Facility	Phone Number	Website	Address	Types of Care
Beth Sholom	804-750-2183	<a href="http://www.bslcc.org">www.bslcc.org</a>	1600 John Rolfe Parkway, Richmond, VA 23238	<b>AL, IL, MC, R, SNF, +</b>
Brookdale West End Richmond	804-292-2461	<a href="http://www.brookdale.com">www.brookdale.com</a>	1800 Gaskins Road, Richmond, VA 23238	<b>AL, IL, MC, SNF</b>
Chestnut Grove	804-262-7333	<a href="http://www.chestnutgroveliving.com">www.chestnutgroveliving.com</a>	9010 Woodman Road, Richmond, VA 23228	<b>AL</b>
Glenburnie Rehab and Nursing Center	804-281-3500	<a href="http://www.heritageoaksseniorliving.com">www.heritageoaksseniorliving.com</a>	1901 Libbie Avenue, Richmond, VA 23226	<b>R, SNF, +</b>
Heritage Oaks	804-323-3800		1100 German School Road, Richmond, VA 23225	<b>IL</b>
Lexington Rehab and Healthcare	804-740-6174		1776 Cambridge Drive, Richmond, VA 23238	<b>R, SNF</b>
Masonic Home of Virginia	804-222-1694	<a href="http://www.mahova.org">www.mahova.org</a>	500 Masonic Lane, Richmond, VA 23223	<b>AL, IL</b>



# Information and Referral Services

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## **Advocate for the Aging** (*Henrico County*)

804-501-5065

[www.henrico.us/services/seniors](http://www.henrico.us/services/seniors)

agingadvocate@henrico.us

## **Eldercare Locator**

800-677-1116

[www.eldercare.gov](http://www.eldercare.gov)

## **Physician Referral for Bon Secours**

804-285-2011

5801 Bremono Road, Richmond, VA 23226

## **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

## **Senior Navigator**

804-827-1280

[www.seniornavigator.org](http://www.seniornavigator.org)

## **United Way**

804-771-5820

[www.yourunitedway.org](http://www.yourunitedway.org)

## **Virginia Department for Aging and Rehabilitation Services**

804-662-7000, TTY: 800-464-9950

8004 Franklin Farms Drive, Henrico, VA 23229

[www.vadars.org](http://www.vadars.org)

# Job and Volunteer Opportunities

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## **AARP Senior Community Service Employment Program**

804-355-3600

1806 Chantilly Street, Suite 100, Richmond, VA 23230

[www.aarp.org/aarp-foundation/our-work/income/scsep](http://www.aarp.org/aarp-foundation/our-work/income/scsep)

## **American Red Cross**

[www.redcross.org/local/virginia/volunteer](http://www.redcross.org/local/virginia/volunteer)

## **CARITAS**

804-358-0964

1125 Commerce Road, Richmond, VA 23224

[www.caritasva.org](http://www.caritasva.org)

## **Goodwill of Central Virginia**

804-745-6300

6301 Midlothian Turnpike, Richmond, VA 23225

## **Henrico CASA (Court Appointed Special Advocates)**

804-501-1670

3001 Hungary Spring Road, Suite A, Richmond, VA 23228

[www.henicocasa.org](http://www.henicocasa.org)

## **Henrico County**

804-501-4425

[henrico.us/services/volunteer](http://henrico.us/services/volunteer)

## **Housing Families First**

804-236-5800

3900 Nine Mile Road, Henrico, VA 23223

[www.housingfamiliesfirst.org](http://www.housingfamiliesfirst.org)

## **Lamb's Basket**

804-565-8007

8419 Oakview Avenue, Henrico, VA 23228

[www.lambsbasket.org](http://www.lambsbasket.org)

## **Resource VA**

804-952-6116

[www.resourceva.com](http://www.resourceva.com)

## **Virginia Employment Commission**

804-652-3241

203 East Cary Street, Richmond, VA 23219

TTY: 711 or 800-828-1120

[www.vec.virginia.gov](http://www.vec.virginia.gov)

# Lawn Management

*Services to aid with lawn and tree care*

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## **All Stumps Plus**

(804) 933-7690  
8338 Old Richfood Rd, Mechanicsville, VA 23116  
<http://www.allstumpsplus.com/>

## **Arborscapes**

(804) 379-4507  
1710 Douthit Ct, Powhatan, VA 23139  
<https://arborscapesllc.com/>

## **Bartlett Tree Experts**

(804) 261-4890  
8509 Oakview Ave, Richmond, VA 23228  
<https://www.bartlett.com/locations/richmond-va.cfm>

## **Commonwealth Tree Care**

(804) 396-1896  
10014 Three Chopt Rd, Richmond, VA 23233  
<https://commonwealthtreecare.com/>

## **Greener Creations**

(804) 795-5564  
2841 Darbytown Rd, Richmond, VA 23231  
<https://www.greenercreations.com/greener-creations-richmond-va.php>

## **McCormick Tree Care**

(804) 317-0477  
<https://mccormicktree.net/>

## **Ridgeline Tree Service**

(804) 378-2900  
3502 Moss Side Ave, Richmond, VA 23222  
<https://www.ridgelinetree.com/>

## **Virginia Green**

(804) 285-6200  
7421 Ranco Rd, Richmond, VA 23228  
<https://viriniagreen.com/>

## **West End Lawn and Landscaping**

(804) 912-4280  
6267 Cold Harbor Rd, Mechanicsville, VA 23111  
<https://westendlawn.business.site/>

# Legal Assistance

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## **AARP**

888-687-2277

[www.aarp.org](http://www.aarp.org)

## **American Civil Liberties Union of Virginia**

804-644-8022

701 East Franklin Street, Suite 1412, Richmond, VA 23219

[www.acluva.org](http://www.acluva.org)

## **Commonwealth Mediation Group, Inc**

804-254-2664

9100 Arboretum Parkway, Suite 190, Richmond, VA 23236

[www.cmg-foundation.org](http://www.cmg-foundation.org)

## **Equal Employment Opportunity Commission**

800-669-4000

400 North Eight Street, Suite 350, Richmond, VA 23219

TTY: 800-669-6820

[www.eeoc.gov](http://www.eeoc.gov)

## **Legal Information Network for Cancer (CancerLINC)**

804-562-0371

200 South 3<sup>rd</sup> Street, Richmond, VA 23219

[www.cancerlinc.org](http://www.cancerlinc.org)

## **National Association for the Advancement of Colored People (NAACP)**

877-622-2798

[www.naACP.org](http://www.naACP.org)

*Henrico Branch*

804-740-5222

P.O. Box 3005, Henrico, VA 23228

[www.henriconaACP.org](http://www.henriconaACP.org)

## **Virginia Lawyer Referral Service**

804-775-0808

1111 East Main Street, Suite 700, Richmond, VA 23219

TDD: 804-775-0502

[www.vsb.org/vlrs](http://www.vsb.org/vlrs)

# Medicare and Medicaid

*Programs that aid with insurance*

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## **AARP**

888-687-2277

[www.aarp.org](http://www.aarp.org)

## **Anthem HealthKeepers CareMore**

804-262-5077

5620 Brook Rd, Richmond, VA 23227

[www.caremore.com](http://www.caremore.com)

## **Centers for Medicare and Medicaid Services**

800-633-4227

[www.cms.gov](http://www.cms.gov)

## **Henrico Social Services**

*West End*

804-501-4001

8600 Dixon Powers Drive, Henrico, VA 23228

*East End (Benefit Programs only)*

804-652-3123

3820 Nine Mile Road, Henrico, VA 23223

*Mail for both offices*

P.O. Box 90775, Henrico, VA 23273

[www.henrico.us/dss](http://www.henrico.us/dss)

## **JenCare**

804-228-1143

3806 Mechanicsville Turnpike, Richmond, VA 23223

[www.jencaremed.com](http://www.jencaremed.com)

## **Social Security Offices**

1834 West Cary Street, Richmond, VA 23220

800-679-6684

245 East Williamsburg Road, Sandston, VA 23150

866-218-2307

TTY: 800-325-0778

[www.ssa.gov](http://www.ssa.gov)

## **Virginia Insurance Counseling and Assistance Program (VICAP)**

804-662-9333

1610 Forest Avenue, Suite 100, Henrico, VA 23229

[www.vda.virginia.gov](http://www.vda.virginia.gov)

# Memory Support

*For housing, please see Housing Options*

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## **Alzheimer's Association, Greater Richmond Chapter**

804-967-2580

4600 Cox Road, Suite 130, Glen Allen, VA 23060

[www.alz.org/grva](http://www.alz.org/grva)

## **Arden Courts (Formerly The Memory Center)**

804-378-5100

13800 Bon Secours Drive, Midlothian, VA 23114

## **Seniors Helping Seniors**

804-476-0092

12149 Glen Gary Circle, Henrico, VA 23233

<https://seniorcaregreaterrichmond.com/>

# Mental Health Services

*Agencies providing services to those experiencing mental health problems*

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## **Alcoholics Anonymous, Richmond Intergroup, Inc**

804-355-1212

5310 Markel Road Suite 108, Richmond, VA 23230

[www.aarichmond.org](http://www.aarichmond.org)

## **Greenbrook TMS NeuroHealth Center (Depression)**

855-998-4867

100 Eastshore Drive, Suite 110, Glen Allen, VA 23059

[www.tmsneuro.com](http://www.tmsneuro.com)

## **Richmond Community Hospital**

804-225-1700

1500 North 28th Street, Richmond, VA 23223

## **Therapists who Specialize in Hoarding OCD**

*Autumn Richardson*

804-315-3690

*Troy Henshaw*

804-577-1000

Radical Courage Counseling Services, PLLC

5700 Old Richmond Avenue

Suite A1

Richmond, VA 23226

Archstone Counseling and Treatment

1007 Peachtree Blvd

Richmond, VA 23226

## **VCU's Center for Psychological Services and Development**

804-828-8069

612 North Lombardy, P.O. Box 84033, Richmond, VA 23284

[www.cpsd.vcu.edu](http://www.cpsd.vcu.edu)

# Money Management Services

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## **Business Center International**

804-217-8354

4860 Cox Road, Suite 200, Glen Allen, VA 23060

## **Clearpoint Financial Solutions**

804-222-4660

8000 Franklin Farms Drive, Henrico, VA 23229

[www.clearpoint.org](http://www.clearpoint.org)

## **Commonwealth Catholic Charities**

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

## **Guidelight Money Management, LLC**

804-241-7506

4860 Cox Road, Suite 200, Glen Allen, VA 23060

[www.guidelightmoneymgmt.com](http://www.guidelightmoneymgmt.com)

## **Jewish Family Services**

804-282-5644

6718 Patterson Avenue, Richmond, VA 23226

[www.ifsrichmond.org](http://www.ifsrichmond.org)

## **Highstone Group Comprehensive Financial Services**

804-285-7010

4205 Dover Road, Richmond, VA 23221

## **Richmond Residential Services, Inc**

804-358-2211

1000 North Thompson Street, Richmond, VA 23230

[www.rrsi.org](http://www.rrsi.org)

## **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

## **Southside Community Development & Housing Corporation**

804-231-4449

1624 Hull Street, Richmond, VA 23224

[www.scdhc.com](http://www.scdhc.com)



# Moving Services

*Also see Certified Senior Advisors*

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## **Door to Door Solutions (Wayforth)**

804-261-4124

2107 Loumour Avenue, Richmond, VA 23230

<https://move.wayforth.com/door-to-door-solutions/>

## **Dunmar Moving Systems**

804-409-0790

[www.dunmar.com](http://www.dunmar.com)

## **Home Matters of VA**

804-385-2433

[www.homemattersofva.com](http://www.homemattersofva.com)

## **Move My Mom**

804-338-2647

4112 Park Avenue, Suite 301, Richmond, VA 23221

[www.movemymom.com](http://www.movemymom.com)

# Orthotics and Prosthetics

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## **American Orthotic and Prosthetic Center**

804-353-9077

[www.americanopc.com](http://www.americanopc.com)

## **Powell Orthotics and Prosthetics**

804-649-9043

2034 Dabney Road, Suite C, Richmond, VA 23230

[www.powelloandp.com](http://www.powelloandp.com)

# Personal Emergency Response System

*Systems that allow maintained independence for people who are at risk for injuries and accidents within the home*

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## **ADT**

804-477-1847

[www.adt.com/local/va/richmond](http://www.adt.com/local/va/richmond)

## **Comfort Keepers**

804-750-1123

10833 Ridgefield Parkway, Richmond, VA 23238

[www.comfortkeepers.com](http://www.comfortkeepers.com)

## **IVNA Health Watch**

804-355-7100

## **Life Alert**

800-360-0329

[www.lifealert.com](http://www.lifealert.com)

## **Lifeline (Automatic Fall Detection)**

855-681-5351

<https://www.lifeline.com/>

## **Project Lifesaver for Henrico**

804-501-5860

[www.henrico.us/sheriff/project-lifesaver](http://www.henrico.us/sheriff/project-lifesaver)

## **Structured Cable of VA**

804-934-0000

[www.structuredcableofva.com](http://www.structuredcableofva.com)

## **Quality CCTV Systems**

804-276-7300

[www.qualitycctv.net](http://www.qualitycctv.net)

## Pharmacies Providing Home Services

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**Bremo Pharmacy** *(features Medication Take-Back)*

804-288-8361

2024 Staples Mill Road Richmond, VA 23230

**Bremo Pharmacy at Henrico Doctors**

804-285-7730

1602 Skipwith Road, Richmond, VA 23229

[www.bremorx.com](http://www.bremorx.com)

**Lafayette Pharmacy Inc**

804-355-1777

1011 Lafayette Street, Richmond, VA 23221

[www.pharmacyrichmond.com](http://www.pharmacyrichmond.com)

**Westbury Pharmacy**

804-285-3428

8903 Three Chopt Road, Henrico, VA 23229

[www.mygnp.com](http://www.mygnp.com)

## Physician House Calls

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**Visiting Physicians Association**

804-687-4793

7229 Forest Avenue, Suite 111, Highland II, Building B, Richmond, VA 23226

[www.visitingphysicians.com](http://www.visitingphysicians.com)

**VCU Center for Advanced Health Management**

804-254-3500

2116 West Laburnum Avenue, Richmond, VA 23227

## Physician Referral Services

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### **Bon Secours Hospitals**

804-435-8000

### **HCA Physician Referral**

804-422-9337 (804-HCA-XFER)

[www.chippenhammed.com](http://www.chippenhammed.com)

### **Henrico Doctors' Hospital**

804-289-4500

1602 Skipwith Road, Richmond, VA 23229

[www.henricodoctors.com](http://www.henricodoctors.com)

### **MCV Physicians**

804-8278400

830 East Main Street, Richmond, VA 23219

[www.mcvphysicians.vcu.edu](http://www.mcvphysicians.vcu.edu)

### **The Richmond Academy of Medicine**

804-643-6631

2821 Emerywood Parkway, Suite 200, Richmond, VA 23294

[www.ramdocs.org](http://www.ramdocs.org)

## Physicians with Geriatric Focus

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### **Chippenham Family Medicine**

804-560-0490

500 Hioaks Road, Suite B, Richmond, VA 23225

[www.phg-chippenham.com](http://www.phg-chippenham.com)

### **Commonwealth Internal Medicine Associates**

804-560-8838

9220 Forest Hill Avenue, Suite 1A, Richmond, VA 23235

### **Primary Health Group**

804-320-1333

1471 Johnston Willis Drive, Richmond, VA 23235

[www.phgjohnstonwillis.com](http://www.phgjohnstonwillis.com)

### **VCU Geriatrics**

804- 254-3500

# Prescription Aid

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## **Capital Area Health Network**

804-780-0840

2809 North Avenue, Richmond, VA 23222

[www.cahealthnet.org](http://www.cahealthnet.org)

## **Medicare**

800-633-4227

*Prescription Drug Benefits Manual*

[www.cms.gov/medicare/prescription-drug-coverage/prescriptiondrugcovcontra/partdmanuals.html](http://www.cms.gov/medicare/prescription-drug-coverage/prescriptiondrugcovcontra/partdmanuals.html)

## **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

## **Virginia Health Care Foundation**

804-828-5804

707 East Main Street, Suite 1350, Richmond, VA 23219

[www.vhcf.org](http://www.vhcf.org)

# Respite Referral Services

*Services that can assist in providing temporary relief for caregivers*

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## **Alzheimer's Association of Greater Richmond**

804-967-2580

4600 Cox Road, Suite 130, Glen Allen, VA 23060.

*Helpline: 800-272-3900*

[www.alz.org/grva](http://www.alz.org/grva)

## **Family Lifeline**

804-282-4255

2325 West Broad Street, Richmond, VA 23220

[www.familylifeline.org](http://www.familylifeline.org)

## **Virginia Department for Aging and Rehabilitation Services**

804-662-7000

8004 Franklin Farms Drive, Henrico, VA 23229

TTY: 800-464-9950

[www.vadars.org](http://www.vadars.org)

# Retirement and Financial Advisors

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## **Anliker Financial Management**

804-237-6044

5320 Twin Hickory Road, Glen Allen, VA 23059

[www.anlikerfinancial.com](http://www.anlikerfinancial.com)

## **Edelman Financial Services LLC**

888-PLAN-RIC

200 Westgate Parkway, Suite 202, Henrico, VA 23233

[www.edelmanfinancial.com](http://www.edelmanfinancial.com)

## **Edward Jones and Co.**

*Sean T Dugan*

804-741 1271

1358 Gaskins Road, Richmond, VA 23238

[www.edwardjones.com](http://www.edwardjones.com)

## **Genworth Financial**

888-436-9678

6620 West Broad Street, Richmond, VA 23230

[www.genworth.com](http://www.genworth.com)

## **Legacy Partners LLC**

804-539-7345

9137 Chamberlayne Road, Suite 204, Mechanicsville, VA 23116

[www.legacypartnersus.com](http://www.legacypartnersus.com)

## **Retirement Funding Solutions**

*Jim Warns*

804-714-8007

4860 Cox Road, Suite 200, Glen Allen, VA [23060](http://23060)

[JWarns@RFSLends.com](mailto:JWarns@RFSLends.com)

## **Old Dominion Investment & Retirement Advisors**

804-741-4972

1897 Billingsgate Circle, Suite B, Henrico, VA 23238

[www.olddominionira.com](http://www.olddominionira.com)

## **Virginia Estate and Retirement Planning Advisors, Inc**

804-205-5081

4870 Sadler Road, Suite 300, Overlook II, Glen Allen, VA 23060

[www.myverpa.com](http://www.myverpa.com)

# Senior Advisors

*Agencies that provide information on and assistance with choosing a senior living facility*

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## **Always Best Care**

804-324-3989

2012 John Rolfe Parkway, Richmond, VA 23238

[www.alwaysbestcare.com](http://www.alwaysbestcare.com)

## **Amada Senior Care**

804-793-8255

6800 Paragon Place, Suite 106, Richmond, VA 23230

[www.amadarichmond.com](http://www.amadarichmond.com)

## **Assisted Living Locators of Greater Richmond**

804-643-2600

[www.assistedlivinglocatorsrva.com](http://www.assistedlivinglocatorsrva.com)

## **Choice Connections of Virginia**

804-364-0123

11525 Swanson Mill Way, Glen Allen, VA 23059

[www.choiceconnectionsva.com](http://www.choiceconnectionsva.com)

## **OASIS Senior Advisors**

804-836-3046

2217 Flat Branch Court, Henrico, VA 23233

## **Senior Assisted Solutions**

973-650-2720

4990 Sadler Place, Glen Allen, VA 23058

[www.seniorassistedolutionsva.com](http://www.seniorassistedolutionsva.com)

## Senior Centers

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### **Deep Run Friendship Café**

804-343-3000

9900 Ridgefield Parkway, Henrico, VA 23233

### **Henrico Senior Clubs and Leagues**

804-501-7275

[www.henrico.us/rec/senior-clubs-leagues](http://www.henrico.us/rec/senior-clubs-leagues)

### **Highland Springs Recreation Center Friendship Café**

804-343-3000

16 South Ivy Avenue, Henrico, VA 23075

### **Oakwood Memorial Baptist Church Friendship Café**

804-343-3000

3100 Gay Avenue, Richmond, VA 23231

### **The Shepherd's Center of Richmond**

804-355-7282

3111 Northside Avenue, Suite 400, Richmond, VA 23228

[www.tscor.org](http://www.tscor.org)

### **West Richmond Church of the Brethren Friendship Café**

804-343-3000

7612 Wanyamala Road, Henrico, VA 23229

### **YMCA**

#### *Chickahominy Family YMCA*

804-737-9622

5401 Whiteside Road, Sandston, VA 23150

#### *John Rolfe Family YMCA*

804-360-8767

2244 John Rolfe Parkway, Henrico, VA 23233

#### *Shady Grove Family YMCA*

804-270-3866

11255 Nuckols Road, Glen Allen, VA 23059

#### *Tuckahoe Family YMCA*

804-740-9622

9211 Patterson Avenue, Henrico, VA 23229

[www.ymcarichmond.org](http://www.ymcarichmond.org)



# Social Security

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## **Social Security Offices**

1834 West Cary Street, Richmond, VA 23220

800-772-1213

245 East Williamsburg Road, Sandston, VA 23150

866-218-2307

TTY: 800-325-0778

[www.ssa.gov](http://www.ssa.gov)

# Substance Abuse Recovery

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## **Alcoholics Anonymous in Greater Richmond**

804-355-1212

[www.aarichmond.org](http://www.aarichmond.org)

## **Alcohol & Drug Rehab Helpline**

804-835-5149

## **American Addiction Center Helpline**

888-407-6976

[americanaddictioncenters.org](http://americanaddictioncenters.org)

## **Family Intervention Center of Virginia**

804-677-7728

2405 West Main Street, Richmond, VA 23220

[www.interventionctr.com](http://www.interventionctr.com)

## **McShin Foundation**

804-249-1845

2300 Dumbarton Road, Richmond, VA 23228

[www.mcshin.org/mcwp](http://www.mcshin.org/mcwp)

## **Richmond Behavioral Health Authority**

804-819-4000

107 South Fifth Street, Richmond, VA 23219

[www.rbha.org](http://www.rbha.org)

## **River City Comprehensive Counseling Services**

804-230-0999

*Main Office*

13100 Mountain Road, Glen Allen, VA 23059

*River City Integrative Counseling*

5511 Staples Mill Road, Suite 300, Richmond, VA 23228

[www.rivercityccs.com](http://www.rivercityccs.com)

## **The Healing Place**

804-230-1184

700 Dinwiddie Avenue, Richmond, VA 23224

[www.caritasva.org/programs/healing-place](http://www.caritasva.org/programs/healing-place)

## **Virginia Center for Addiction Medicine**

804-322-5950

4212 Park Place Court, Glen Allen, VA 23060

<https://mastercenter.com/>

# Support Groups

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**Aging Parents**

804-320-3890

**Alcoholics Anonymous in Greater Richmond**

804-355-1212

[www.aarichmond.org](http://www.aarichmond.org)

**Alzheimer's Association Greater Richmond Chapter**

804-967-2580

**Bon Secours Bereavement Resources** (*Grief Workshops, Support Groups, Individual Counseling, Referrals, Memorial Services*)

804-433-4710

7229 Forest Avenue, Richmond, VA 23226

[bereavement@bshsi.org](mailto:bereavement@bshsi.org)

**Compassionate Friends**

804-254-0588

**Fibromyalgia and Chronic Pain Association**

804-862-4244

**Full Circle Grief Center**

804-912-2947

10611 Patterson Avenue, Building 201, Richmond, VA 23238

**Levinson Heart Center**

804-483-1270

**Lupus Foundation**

804-270-1626

**Multiple Myeloma**

804-355-6217

**National Multiple Sclerosis Society**

804-353-5008

**Parkinson's Disease**

804-355-5717

**Prostate Cancer**

804-346-4407

**Reach Out for Life** (*Breast Health Education*)

804-977-3920

**Well Spouse Group**

804-545-4592

# Tax Aid

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## **AARP**

866-542-8164

707 East Main Street, Suite 910, Richmond, VA 23219

## **Internal Revenue Service (IRS)**

844-545-5640

400 North Eighth Street, Richmond, VA 23219

[www.irs.gov](http://www.irs.gov)

## **Real Estate Advantage Program (REAP)**

804-501-4729

4301 East Parham Road, Henrico, VA 23228

[www.henrico.us/finance/real-estate/real-estate-advantage-program-reap](http://www.henrico.us/finance/real-estate/real-estate-advantage-program-reap)

## **Virginia Department of Taxation**

804-367-8031

Virginia Tax, Office of Customer Services, P.O. Box 1115, Richmond, VA 23218

[www.tax.virginia.gov](http://www.tax.virginia.gov)

## Telephone Reassurance

*Programs where volunteers call to check up on or have a friendly conversation with an older adult facing social isolation*

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### **Always Best Care**

804-324-3989

4870 Sadler Road, Suite 300, Glen Allen, VA 23060

[www.alwaysbestcare.com](http://www.alwaysbestcare.com)

### **Commonwealth Catholic Charities**

804-285-5900

1601 Rolling Hills Drive, Richmond, VA 23229

[www.cccofva.org](http://www.cccofva.org)

### **Jewish Family Services**

804-282-5644

6718 Patterson Avenue, Richmond, VA 23226

[www.jfsrichmond.org](http://www.jfsrichmond.org)

### **Senior Connections, The Capital Area Agency on Aging**

804-343-3000

24 East Cary Street, Richmond, VA 23219

[www.seniorconnections-va.org](http://www.seniorconnections-va.org)

# Transportation Services

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## **Angels for Hire**

804-423-9200

[www.angelsforhire.com](http://www.angelsforhire.com)

## **Care Advantage**

804-285-1212

3201 Hungary Spring Road, Richmond, VA 23228

[www.careadvantageinc.com](http://www.careadvantageinc.com)

## **Companion Extraordinaire Home Care Services**

804-752-2205

5111 Lakeside Avenue, Henrico, VA 23228

[www.cenninc.com](http://www.cenninc.com)

## **Dependacare Transportation**

804-745-1818

306 Turner Road, Suite A, Richmond, VA 23225

<https://www.va.com/>

## **GRTC Transit System**

804-358-4782

301 East Belt Boulevard, Richmond, VA 23224

[www.ridegrtc.com](http://www.ridegrtc.com)

## **Mobility Transportation, LLC**

804-263-7198

## **New Freedom Transportation, LLC**

804-737-0134

6027 Nine Mile Road, Richmond, VA 23223

## **TNT Transportation Services**

804-270-3258

## **Van Go, Inc**

804-261-7388

1831 Westwood Avenue, Richmond, VA 23230

# Veteran Resources

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## **American Red Cross**

804-780-2250

2825 Emerywood Parkway, Richmond, VA 23294

[www.redcross.org/local/virginia](http://www.redcross.org/local/virginia)

## **Disabled Veterans Real Estate Tax Exemption**

804-501-4729

4301 East Parham Road, Henrico, VA 23228

[www.henrico.us/finance/real-estate/disabled-veterans](http://www.henrico.us/finance/real-estate/disabled-veterans)

## **Healing Household 6**

[www.healinghousehold6.org](http://www.healinghousehold6.org)

## **Home Again**

804-358-7747

P.O. Box 5222, Richmond, VA 23220

[www.homeagainrichmond.org](http://www.homeagainrichmond.org)

## **Mesothelioma Veterans Center**

877-404-9992

[www.mesotheliomaveterans.org](http://www.mesotheliomaveterans.org)

## **National Call Center for Homeless Veterans**

877-424-3838

## **U.S. Department of Veteran Affairs**

4902 Fitzhugh Avenue, Richmond, VA 23230

[www.va.gov](http://www.va.gov)

*Assistive Technology Program*

804-675-5000 ext. 2134

*National Call Center for Homeless Veterans*

877-424-3838

*Richmond Vet Center*

804-353-8958

## **Virginia Department of Veteran Services**

804-786-0286

Office of the Commissioner, James Monroe Building, 101 North 14th Street, 17th Floor,  
Richmond, VA 23219

[www.dvs.virginia.gov](http://www.dvs.virginia.gov)

## Vision Services

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### **American Council of the Blind**

202-467-5081

1703 North Beauregard Street, Suite 420, Alexandria, VA 22311

[www.acb.org](http://www.acb.org)

### **EyeCare America**

877-887-6327

[www.aao.org/eyecare-america](http://www.aao.org/eyecare-america)

### **Lions Club**

630-571-5466

### **VA Department for the Blind and Vision Impaired**

804-371-3140

397 Azalea Avenue, Richmond, VA 23227

[www.vdbvi.org](http://www.vdbvi.org)

### **VCU Medical Center** (*Department of Ophthalmology*)

804-828-9315

*Nelson Clinic*, 401 North 11th Street, Suite 439, Richmond, VA 23298

[www.eye.vcu.edu](http://www.eye.vcu.edu)

### **Virginia Eye Institute**

<https://www.vaeye.com/service/>

### **Virginia Voice**

804-266-2477

395 Azalea Avenue, P.O. Box 15546, Richmond, VA 23227

[www.virginiavoice.org](http://www.virginiavoice.org)

## Voter Information

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### **Apply to Vote Absentee by Mail**

<https://vote.elections.virginia.gov/VoterInformation/Lookup/absentee>

### **Find Your Polling Place**

<https://vote.elections.virginia.gov/VoterInformation/Lookup/polling>

### **Register to Vote**

<https://vote.elections.virginia.gov/Registration/DmvLookup>

### **Voter Information**

<https://vote.elections.virginia.gov/VoterInformation>