

Emergency Situations

Emergencies can cause our lives to be uncomfortable for a while. The way we normally do things will change. One way we can make the emergency situation more comfortable is to put together a few things that we might need.

You can prepare a "Go-Kit" with these items and leave it in a car, home, or classroom. You can even take it with you if you have to quickly leave your home, classroom or car.



How to Prepare a Go-Kit

Use a 5 gallon plastic bucket and lid that you can get from a home improvement store to hold all of your emergency

items. Make sure it has a handle so it is easy to carry. In addition to holding your kit, it can be used as a portable potty if needed, by using a plastic trash bag to line the bucket.

The number of items you include in your kit will be determined by who and for what location you are assembling the kit. For example, you will need more cups in a classroom kit than in a kit you are making for your family.

You may also need other items such as medicine or eyeglasses for your own personal kit.



School Emergencies

What are some types of emergencies that might occur while you are at school?

One of the most important things a young person can do when an emergency happens at school is to listen for directions from the adult in charge. Even though students and teachers practice emergency drills at school, a real emergency may require something new.

What might happen in a real emergency to cause what you have practiced to change?

Students who get upset, scream, cry, or talk, in this real emergency might not be able to listen to instructions that will be REALLY important to hear.

Stay calm!
Listen!
Follow directions!
Quickly!



Stay Cool!



Get Ready For Emergencies

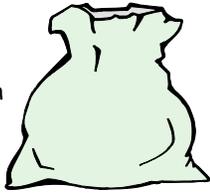


Henrico County
Police Division
Non-Emergency—501-5000
Emergency Only—911

What goes into a Go-Kit?

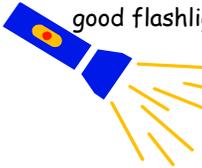
•Plastic trash bags

These are great for many uses. By tearing a hole in the middle of the bag's bottom, the bag can be pulled over your head and shoulders to make a raincoat or windbreaker. Put bags of different sizes in your Go -Kit for various uses.



•A good flashlight and extra batteries

In many emergencies, the lights go out. Several things can help make emergencies less scary. A good flashlight with a couple sets of extra batteries is good to brighten up our lives. Flashlights now come with new LED bulbs that won't burnout and help batteries last longer.



•Chemical light sticks

These require no batteries and can give off some safe lighting in an emergency, too. Look for these in the camping section of a store.

•Toilet tissue

It can be used for runny noses, tears, and many other things.

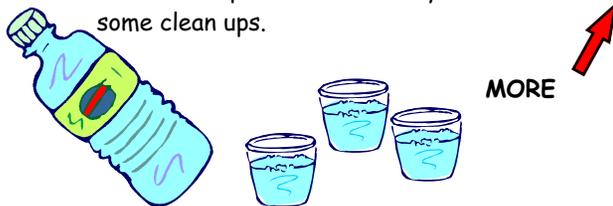


•Pre-moistened hand wipes

Put these in the kit too for quick clean ups.

•Bottles of water and a few small cups

These will be helpful for short stays and for some clean ups.



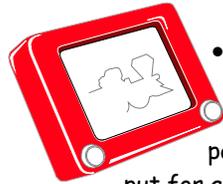
•Hard candy and gum

These items can help take away the hungry feeling if you can't eat when you are used to eating. These items can also help keep you from getting thirsty.



•A whistle

This can be used to signal others if you need to let others know where you are.

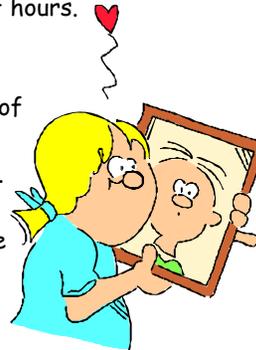


•Toys, books, or games

A good book, coloring books, or activity packets can help you to pass the time if you have to stay put for a couple of hours.

•Personal items

Items, such as pictures of family or pets, can help you through scary times. You may also want to pack things like medicine or eyeglasses for your own personal kit.



YOU CAN DO IT!

Prepare for Emergencies!

To prepare for emergencies, you need to think about what could happen, where it could happen, and what you might need for the time you are in the emergency.



Different emergencies will require different tools to get you through the situation.



Let's Discuss Emergencies

Emergencies can happen at any time and at any place!



List some places where emergencies might occur.

What are some things that could happen when an emergency happens?
