

## CIT Goals

- ◆ **SAFETY** for the citizen, for the first responder, and for the community.
- ◆ **FOCUS** on providing an integrated and helpful response that avoids unnecessary incarceration or hospitalization and fosters a connection with community resources.
- ◆ **PROMOTION** of mental health de-stigmatization and the possibility of Mental Health Recovery.
- ◆ **COLLABORATION** among stakeholders that focuses on assistance with safety, compassion, patience and care.

More information about  
CIT programs can be found at:  
[www.vacitcoalition.org](http://www.vacitcoalition.org).



## Community Resources

For more information, call 211 or  
go online at [henrico.us](http://henrico.us).

### Crisis

- Alzheimer's Safe Return .....800-272-3900
- Mental Health Emergency.....804-727-8484
- Suicide Lifeline .....800-273-8255

### Substance-Related & Addictive Disorders

- Alcoholics Anonymous .....804-355-1212
- Narcotics Anonymous .....800-777-1515
- Al-Anon (for families of users) .....804-353-4885

### Abuse and Rape

- Adult Protective Services .....804-501-7348
- Child Abuse & Neglect Hotline.....800-552-7096
- Henrico Social Services .....804-501-4001
- YWCA Rape Hotline .....804-643-0888

### Food and Shelter

- Central Virginia Food Bank .....804-521-2500
- Central Intake (Richmond).....804-648-4177
- Safe Harbor .....804-287-7877

### Health

- Fan Free Clinic .....804-358-8538
- Henrico Health Dept. (East).....804-652-3190
- Henrico Health Dept. (West).....804-501-4522

### Emergency Phone Numbers

- Police; Fire; Sheriff ..... 911
- Mental Health (24/7) .....804-727-8484

### Non-Emergency Phone Numbers

- Police.....804-501-5000
- Fire and EMS .....804-501-4900
- Sheriff.....804-501-5860
- Mental Health.....804-727-8500

### Veterans

- Virginia Wounded Warrior Program ..804-786-0286

# Henrico County Crisis Intervention Team (CIT)



CIT is a collaborative and innovative program that works to transform the systems of care for those in psychiatric crisis.



# Henrico County Crisis Intervention Team



## Henrico CIT is ...

**Collaboration** ensures integrated services from Henrico County Police, Sheriff, Fire/Rescue, and Mental Health coupled with the support of community resources.

**Innovation** occurs at every step in the process of care for those in psychiatric crisis as the CIT staff work to support recovery with new programs.

**Transformation** is supported as our community assesses our systems of care and works to ensure the appropriate care at the right time for our citizens in psychiatric crisis.



## CIT Partnerships

Henrico County's Division Police and Fire, Sheriff's Office, and Henrico Area Mental Health and Developmental Services, along with many community stakeholders, formed Henrico County's Crisis Intervention Team (CIT) program with the common goal of helping those in psychiatric crisis. Since 2006, this multidisciplinary team has worked with citizens in psychiatric crisis. The CIT program has developed innovative initiatives that consistently focus on linkage with community resources and offers hope that Recovery is possible. Henrico's CIT program adheres to the principles of Mental Health Recovery, which emphasize dignity, respect, trauma informed care, coupled with citizen and family choice.



## CIT Initiatives

Henrico's CIT program sponsors many initiatives to help those in crisis. These initiatives include:

- Multidisciplinary community outreach teams,
- Crisis response teams,
- Connection with many community resources,
- Partnerships with local hospitals,
- Training initiatives for first responders.

