## OPEN GYM & GAMES

SPRING 2024

DFFP RUN

Below is a list of drop-in activities that take place on a recurring basis at our Recreation Center.



## RECREATION CENTER

804.652.1430 | DEEPRUN@HENRICO.US

An access pass is required.

To receive a pass, please visit the center to fill out the proper paperwork.





SENIOR PICKLEBALL AGES 50+ 8 A M - 2 P M



BADMINTON \*AGES 12+ 5:30-8:30 P M



GAME ROOM 9 A M - 5 P M

TUESDAY



TEEN BASKETBALL AGES 12-17 3 - 5 P M



SENIOR VOLLEYBALL AGES 50+ 5:30-8:30 P M



GAME ROOM 9 A M - 5 P M





SENIOR PICKLEBALL AGES 50+ 8 A M - 2 P M



PICKLEBALL FOR ALL \*AGES 12+ 5:30-8:30 P M



GAME ROOM 9 A M - 5 P M

THURSDAY



TEEN BASKETBALL AGES 12-17 3 - 5 P M



TABLE TENNIS \*AGES 12+ 5:30-8:30 P M



BRIDGE CANASTA AGES 18+ AGES 18+ 1:30-4:30PM 10 A M - 1 P M



GAME ROOM 9 A M - 5 P M





SENIOR PICKLEBALL AGES 50+ 8 A M - 2 P M



ADULT BASKETBALL AGES 18+



GAME ROOM 9 A M - 5 P M



MAHIONG AGES 18+|1-4PM

SATURDAY



BADMINTON \*AGES 12+ 8 A M - 12 P M



VOLLEYBALL

\*AGES 12+ 2 - 5 P M

5:30-8:30PM



GAME ROOM 9 A M - 5 P M



PINOCHLE AGES 18+ 3RD WEEK|12-4PM



PICKLEBALL FOR ALL \*AGES 12+



ADULT BASKETBALL AGES 18+ 3 - 5 P M



GAME ROOM 1-5 P M

NOTES

SUNDAY



Ages 12-15 must be accompanied by an adult.



Ages 12 and under must be accompanied by an adult.