



Henrico Recreation and Parks

OCTOBER 2014

Free Family Fun

Brown Bag Fitness

Wed, Oct 15, noon-1pm, Twin Hickory Park

Wed, Oct 29, noon-1pm, Echo Lake Park

Ages 18+. For working professionals who would like to break away from the office and stretch their legs a bit. Bring a bagged lunch and join us for a series of sessions on healthy living and learn some fitness tips and exercises that you can use in the future. Information: 501- 5121.

Harvest Festival

Sat, Oct 18, noon-4pm, Meadow Farm Museum/Crump Park



Harvest Festival will feature many hands-on activities and demonstrations depicting typical homemaking and farming tasks of the era.

Take a wagon ride as you are pulled by a steam driven tractor and then check out the

All-American Lumberjack Show! Everyone will enjoy hand-pressing apples to make cider, dipping string into wax to create your own candle, riding a pony, viewing the vintage carriage display, and meeting sheep at the "Children's Farm." Be sure to visit the "Great Pumpkin Patch" where children ages 3-12 can pick out their very own pumpkin! Concessions available for purchase. (Rain date: Sun, Oct 19) Information: 795-2334.

A Spooktacular Halloween Concert

Thu, Oct 23, 7:30 pm, Henrico Theatre

Join the Henrico Community Band as they present a fun and spooky evening of music for the entire family. The costumed band will play a variety of Halloween music just in time for trick or treat. Bring the kids in costume and everyone walks away with a goody bag of treats! Reservations can be made by phone. Information: 328-4491.



Generation Z - Halloween

Fri, Oct 24, 6-8pm, Eastern Henrico Recreation Center

Ages 6-12. Drop your kids off for an evening of fun. Wear your costume for a spooky night of games, crafts, and activities. Participate in a costume contest, pumpkin bowling, or dance to the monster mash. Parents or legal guardians must sign a liability waiver provided on site at the time of drop off. Space is limited. Information: 290-0305.



Halloween Movie with Tricks & Treats

Tue, Oct 28, 7 pm, Henrico Theatre

Come out to see the special showing of the children's movie, *ParaNorman*, and be treated to zombies in the house, performing the famous Thriller dance before the movie! In addition, all children will leave the theatre with a bag of Halloween goodies! \$1 admission at the door. Information: 328-4491.



Spooktacular Sensations

Fri, Oct 31, 10-11:30am, Hunton Community Center

Ages 3-5 with an adult. Join us for a wonderfully spooktacular adventure through our five senses! Journey through the amazing world of hearing, seeing, tasting, touching and smelling through hands-on activities. Pumpkin ice painting, Halloween GAK, and eyeball treats will help us learn in this fun (but not scary!) program your little ones are sure to love. Information: 501-5135.

Monster Mash

Fri, Oct 31, 6-9pm, Dorey Recreation Center

Dorey will be transformed into a mad science lab to celebrate the hair-raising fun of fall with Frankenstein and Igor. Watch science come to life with performances by Mad Science of Central VA and feel your way through the creepy crafty "Sensational Laboratory." Take a trip to the pond for the newly designed "Haunted Trail" and sit around the fire to hear spooky stories and drink cider. Concessions available for purchase. Information: 270-216



www.henricorecandparks.com

www.facebook.com/henricorecreationandparks

(804) 501-7275