## **Nature Mandalas**

https://crystalbridges.org/blog/cbfromhome-activity-nature-mandalas/

Time Required: 45 minutes

Prep Required: None

Space(s) Needed: Outdoor/

Indoor

## **Materials:**

Collected materials (nature walk)

## Instructions:

- 1. Collect materials. Select rocks, twigs, leaves, flowers, bark. Be sure to collect several of each item.
- **2.** Use materials to create a circle of patterns. Be sure to include many layers.



