

Musical Beach Ball

<https://babygizmo.com/10-games-you-can-play-with-a-beach-ball/>

Equipment

- Device to play music
- Beach ball for each player

Directions

Step 1: Assign someone to operate music device.

Step 2: Review boundaries and rules with children.

Step 3: When ready to begin, start playing the music.

Step 4: When the music begins, children run around.

Step 5: When the music stops the children stop and sit on their beach ball as fast as possible.

Step 6: When the music starts again the children do a new movement (gallop, hop, spin, etc.).

Step 7: Repeat and encourage the children to come up with fun ideas.

