

KRYPTONITE CRASH

<https://www.thespruce.com/kids-superhero-party-games-2104623>

Calling all superheroes! Calling all superheroes! Report immediately to the backyard!

Equipment

Green construction paper (or ball up foil)

Paper towel tubes

Directions

Step 1: Separate your children into two teams.

Step 2: Roll up several balls of green construction paper (or for a cool effect, roll up tin foil and spray paint it green) and toss them into a pile in the middle of the ground.

Note: you will need a few pieces of this “kryptonite” per each player.

Step 3: Have those teams line up a few feet apart from but facing one another. Call one team the superheroes and the other team the arch-enemies. Since kryptonite can't be touched, give each player a krypto-proof stick; paper towel tubes work well - you can even have the kids decorate them ahead of time.

Step 4: Set a timer or play a song. Kids will have until the timer runs out or the song is over to try and push as many pieces of kryptonite as possible past the opposing team's side while trying to defend their sides at the same time.

Step 5: When time is up, you count how many pieces of kryptonite are on each side. The team with the least amount of kryptonite behind their line wins.