

HENRICO & CHICKAHOMINY

MEDICAL RESERVE CORPS

Hello MRC Volunteers!

We have been extremely busy this past quarter, from April 2018 to June 2018! The volunteers listed below have supported 16 events throughout the Chickahominy and Henrico health districts! Thank you for providing your time, skills, experience, and support to protect your community's health! These events would not be possible without all of your support!

Thank you to the following volunteers for making these events possible:

Constance Collins-Davis	Judith Cogburn	Melissa Earley	Teri Tench
Jeanne Fitchett	Helen Gillespie	Marie Clary	Tiffany Oats
Deneen Harris	Ernest Fornaris	Abidemi Craighead	Peggy Yu
William Traynham	Gloria Torrens-Billings	Jocelyn Crooker	Jane Kinder
Mounika Bazar	Carol Dean	Neehar Gollapidi	Judy Marston
Susan Bennett	Robert King	Emily Leber	Kay Heath
Sonia Salmon	Vickie Booker	Tenesha Lewis	Erica Kellar Brown
	Judith Goldnetz	Dawn Sykes	

Welcome New Volunteers!!

Thank you to the new volunteers who have completed MRC New Volunteer Orientation! We are so excited to have you a part of our MRC unit!

DeNae Babbitt	Tiffany Oats	Lynn Harpold
Jessica Densley	Shelley Palmer	Audrey Hirsch
Ernest Fornaris	Alexis Simms	Sandra Lawson
Shirley Johnston	Judith Cogburn	Amber Null
Lucy Smith	Myra Conway	Kent Radwani
Valentina Lucas	Abidemi Craighead	Rachel Hunley

If you have a friend, spouse, or co-worker that is interested in Henrico or Chickahominy Medical Reserve Corps let us know and we will gladly reach out to them to help with their application and to schedule an orientation date.

Mock Drill Alert– Your Response Matters!

On June 19, Henrico and Chickahominy MRC volunteers responded to the quarterly mock drill alert. Mock drills are important because they show volunteers how they will be alerted from the health department in case of a real emergency. 140 volunteers responded to the drill! We reached our goal with a **80% response rate!** Thank you to everyone who responded!

It is important for us to familiarize ourselves with this form of communication. If you do not have time to participate in day-to-day opportunities, that is okay. However, it is a volunteer responsibility to respond to the quarterly mock drills. A response to the mock drill is either considered “I’m Available” or “I’m Not Available”.

Tuberculosis Investigation

In April, MRC Volunteers, **Mounika Bazar, Deneen Harris, Susan Bennett, and Sonia Salmon** helped continued efforts with the tuberculosis investigation from last quarter. In February, there was a confirmed active case of tuberculosis (TB) disease affiliated with a local high school. Volunteers helped interview individuals at the school and provided administrative support.



REVIVE! Training

On June 5th, **Don White, Ernest Fornaris, and Syreen Goulmamine** attended REVIVE! training at the Richmond City Health Department. The training was provided to the MRC Volunteers of Richmond City, Henrico, and Chickahominy Health Districts. This training helps individuals recognize and respond to opioid overdoses. Naloxone nasal spray was provided to all participants at no cost.

Special Olympics of Virginia

Our unit had the wonderful opportunity to volunteer alongside of Richmond City MRC at the Special Olympics of Virginia. Our volunteers helped in the Healthy Athletes Center, where they provided blood pressure screenings to the athletes and provided health education at different stations. Thank you **Marie Clary, Abidemi Craighead, Jocelyn Crooker, Neehar Gollapudi, Emily Leber, Day Sykes, Tenesha Lewis, and Teri Tench** for helping the athletes of Virginia!



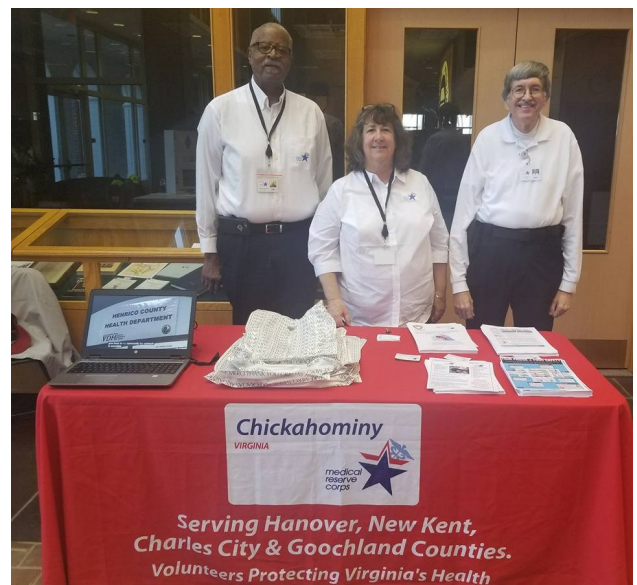
“Drive it Forward” in Ashland

Kay Heath and **Erica Kellar Brown** helped out at Cruise in for Charity—“Drive it Forward” in Ashland. They provided blood pressure screenings, information about emergency preparedness, and more to those attending.



2018 Survivor Day

Volunteers learned tips and tricks to be prepared for possible disasters in the Central Virginia area, to include food & water safety, first aid & hygiene planning, and more. **William Traynham, Don White, and Jocelyn Crooker** helped support our unit by volunteering at our MRC table at the Hanover Survivor Day.



Senior Party in the Park

Melissa Earley and **Deneen Harris** helped support the Henrico Health Department at the Senior Party in the Park. They talked with seniors about emergency preparedness, medication disposal, and chronic disease.



Volunteer Appreciation

In April, we celebrated National Volunteer Week! We held a volunteer appreciation dinner to show our volunteers just how much we appreciate and love them. Thank you to all of our MRC volunteers!



WANTED:

We are looking to create teams of volunteers for the following areas:

Epi Response Team - supporting the Epidemiology Department by providing follow up phone calls to clients and performing other administrative tasks

Code Prep Team - providing emergency preparedness outreach to dialysis patients along with helping with dialysis treatment in shelters

Mass Vaccination Team - providing vaccinations to the community during public health emergencies and at flu clinics

If you are interested in finding out more about any of these teams, please contact Alyssa Lewis at Alyssa.lewis@vdh.virginia.gov or 804-912-4827

We want to hear from you!

We have created a short online survey to hear from you about our MRC unit. Please provide us with feedback about events, trainings, drills, communication, and anything else in regards to our unit. We want to make Henrico and Chickahominy the best unit possible!

<https://www.cognitoforms.com/VDHMedicalReserveCorps/HenricoAndChickahominyMRCFeedback>

We will also be sending this out through VVHS to make sure everyone has a chance to respond. Your feedback is very important to us, so please make sure to complete the survey.

TRAIN Virginia Trainings

All emergencies are managed using the Incident Command System. This allows various agencies and organizations to work together in an efficient way during emergencies. If you have not already done so, please log on to your [VVHS account](#) and click the "Training" tab. There you will be able to login to TRAIN Virginia to complete the following trainings:

- **IS-700.a- Introduction to the National Incident Management System (NIMS); ID: 1016070**
- **IS-100.b- Introduction to Incident Command System; ID: 1024627**

There are also additional trainings for volunteers who are interested in vaccinating with MRC. At the end it will allow you to print your certificate.

Follow Our MRC Unit on Social Media!

Like [Henrico and Chickahominy Medical Reserve Corps](#) page on Facebook to see what we are doing in our community and to find out some neat tips and tricks to help you prepare in case of an emergency!

**THANK YOU ALL FOR EVERYTHING THAT YOU DO! WE
WOULD NOT BE ABLE TO HELP OUR COMMUNITY WITHOUT
YOUR SUPPORT**

Contact Your Coordinator:

Alyssa Lewis
Medical Reserve Corps Coordinator
Chickahominy and Henrico Health Districts
Alyssa.Lewis@vdh.virginia.gov
C: 804-912-4827

