

General Guidance

The Centers for Disease Control and Prevention offers recommendations on how members of the public can limit the spread of the coronavirus. They currently include:

1. Clean and disinfect frequently touched surfaces and exercise equipment (including balls).
2. Thoroughly wash your hands with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
3. Wear a cloth face covering that covers your nose and mouth in public settings.
4. Stay at least 10 feet away from non-household members. *Note: research is ongoing on appropriate physical distance for bodies in motion.*
5. Cover your mouth and nose with tissue when coughing or sneezing.
6. Stay home if you are sick.

Virginia Phase II Reopening Requirements for Outdoor Sports

Participants and organizers of recreational sports activities must strictly adhere to the physical distancing guidelines, enhanced cleaning and disinfection practices, and enhanced workplace safety practices provided in the “Phase II Guidelines for All Business Sectors” issued by the Governor of Virginia. Participants and organizers of recreational sports activities must adhere to the following additional requirements for such activities:

1. Post signage at the entrance that states that no one with a fever or symptoms of COVID-19, or known exposure to a COVID-19 case in the prior 14 days, is permitted.
2. Post signage to provide public health reminders regarding physical distancing, gatherings, options for high risk-individuals, and staying home if sick.
3. Indoor and outdoor recreational sports may occur if ten feet of physical distance can be maintained by all instructors, participants, and spectators, with the exception of incidental contact or contact between members of the same household. This applies during instruction and practice and during competitive events. Competition that involves close contact with other athletes must be avoided.
4. The total number of attendees (including both participants and spectators) of outdoor recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 50 persons.

Ensure anyone who has symptoms of, has tested positive for, or has been exposed to COVID-19 follows appropriate guidelines for quarantine or isolation. Persons with symptoms should stay home until CDC criteria for ending isolation have been met. Persons with severe symptoms may need to be evaluated by a healthcare provider. Establish procedures for safely transporting anyone who is sick to their home or to a healthcare facility. If you are calling an ambulance or bringing someone to the hospital, try to call first to alert them that the person may have COVID-19.

Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Children should be screened per the CDC guidance for screening children. Adults should be asked if they are currently experiencing any of the following:

- a fever (100.4 degrees Fahrenheit or higher);
- a new cough that cannot be attributed to another health condition;
- new shortness of breath that cannot be attributed to another health condition;
- new chills that cannot be attributed to another health condition;
- a new sore throat that cannot be attributed to another health condition; or
- new muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise).

Anyone experiencing symptoms should not be permitted in the facility. Screenings should be conducted in accordance with applicable privacy and confidentiality laws and regulations.

Additional Henrico County Requirements

All youth and adult recreational leagues or groups requesting the scheduled use of Henrico County fields must submit return-to-play plans which adhere to the Phase II Guidelines for All Business Sectors to the Sports Section, attention Matt Mullen (mul041@henrico.us) and/or Katie Wood (woo116@henrico.us) for approval.

Henrico County will provide and post the required Virginia Phase II sports reopening signage for all Henrico County athletic fields scheduled for use.

All athletic complex restrooms will be routinely cleaned, disinfected, and restocked by Recreation and Parks prior to scheduled field use. Recreation and Parks will also provide a contact for restroom cleaning questions or concerns as they may arise during scheduled use.

All associations and user groups will be responsible for any additional cleaning measures they wish to implement.

Concession operations within Henrico County concession buildings will not be permitted during Phase II.