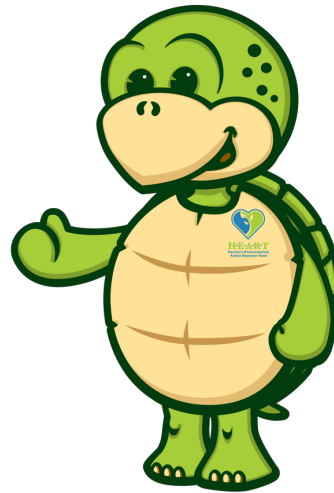


Ride Your Bike, Protect the Environment!



H·E·A·R·T
Henrico's Environmental
Action Resource Team



A three mile drive will only take 15-20 minutes by bike! Biking is a great way to get some exercise and help reduce our footprint on the environment!

- Remember to wear a properly fitted bicycle helmet!
- Check your equipment. Before riding, inflate your tires and check that your brakes work.
- See and be seen! Wear reflective or bright clothing.
- Use a light on the front and back of your bicycle.
- Ride on the right side, with traffic.
- Always follow the rules of the road.

Stewart's Favorite Places to Bike in Henrico County:

- The Virginia Capital Trail
- Deep Run Park Pump Track
- The closest GRTC bus stop
- New bike lanes across the region
- The future Fall Line Trail!

