

BALLOON TENNIS

<https://www.fatherly.com/play/balloon-tennis/>

Equipment

- Several balloons
- Fly swatters, paper plates, duct tape, popsicle sticks or just a couple of hands.
- String
- Two chairs

Directions

It's simple, like a basic version of tennis.

Step 1: First thing's first, you need rackets.

If you have two or more flyswatters in the house, you're all set. Otherwise, it can be fun to engage in a little arts-and-crafts time before the big match. Let everybody make their own racket by taping a popsicle stick to the back of a hard paper plate. If they want to be more creative (or you want to kill some more time), let them draw tennis strings or corporate logos onto the plates. If you don't have any racket supplies at all, fret not, a hand works just fine.

Step 2: Blow up balloons

Step 3: Set up 2 chairs about 6 feet apart. Attach (tape or tie) a string from one chair to the other. Try to get the string somewhat tight.

Step 4: The rules and gameplay are fluid depending on the age and number of kids, but there is no shortage of ways to play in order to keep their attention and/or prepare them for the 2035 Australian Open. Just remember, as long as they're tiring themselves out, it's game, set, and match to you.

