



Fully Involved

A Newsletter of the Henrico County Division of Fire



August 2018

The Henrico Fire Way



Henrico firefighters rescued a dog after a house fire in Henrico's east end on July 6. Firefighters fought through smoke and heat to search for victims while putting the fire out, but none of the occupants were at home during the time of the fire. Firefighters did find and rescue the occupant's dog, seen here with the firefighters that saved him.

On June 22nd, Henrico County had record rainfall including more than four inches of rain in a one-hour period. Reports of flooding and trapped persons and/or vehicles began to flood the Emergency Communications Center. Right, a vehicle became trapped while trying to drive through high waters. Below, a vehicle lost control in the heavy current of flooding water and eventually overturned. Fortunately, members of the Division of Fire, some from the Search and Rescue Team, were able to safely rescue all persons from the vehicles.



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Information: John Boyer Richmond Times Dispatch; and www.ready.gov/floods

Henrico sees red again, page 11...

CAR FIRE IN HENRICO'S EAST END



On June 16th, fire units were dispatched to the report of a car fire. The car was fully involved in fire upon the arrival of Henrico's East end units.

Firefighters immediately worked to put water on the fire and it was extinguished within a few minutes.



Photos: Taken from video footage obtained by Lt. Brandon Bullock of Richmond Fire Department

VEHICLE ACCIDENT OFF HUNGARY RD.



On April 13th, the Henrico Technical Rescue Team and other fire units responded to a vehicle accident near Hungary Road and Oakview Ave. An overturned dump truck with one person inside is what crews encountered upon arrival. The person sustained serious injuries and was transported to the hospital via MedFlight. Due to the position of the vehicle, and packaging of the patient, it took crews a little over an hour to complete the rescue. No other injuries were reported. The cause of the accident is unknown at this time.



PROMOTIONS

Career Development Firefighter III

FF David Barker	Firehouse 7A
FF Nichole Beall	Firehouse 13A
FF Frank Binns	Firehouse 15A
FF Brandon Bowes	Firehouse 8A
FF Jermaine Coston	Firehouse 9A
FF Richard Cuneo	Firehouse 13A
FF Jamel Davis	Firehouse 12A
FF Mike Dunn	Firehouse 6B
FF Micah Hosler	Firehouse 1B
FF Tanner Igllo	Firehouse 19C
FF Jonathan Kelly	Firehouse 3A
FF Derek Mitchell	Firehouse 6C
FF Amanda O'Neil	Firehouse 3B
FF David Owens	Firehouse 7B
FF Duan Perez-Means	Firehouse 5C
FF Jason Sharpe	Firehouse 9B
FF Tyrice Safewright	Firehouse 11C
FF Kelsey Thomas	Firehouse 7A
FF Coulton Watson	Firehouse 17C

Career Development Senior Firefighter

FF Tyler Brown	Firehouse 5A
FF Matthew Combee	Firehouse 7C
FF Jonathan Crump	Firehouse 11C
FF Chad Garrett	Firehouse 4A
FF Joshua Grim	Firehouse 13B
FF Elizabeth Guise	Firehouse 22A
FF Al Hammill	Firehouse 10B
FF Torin Holmes	Firehouse 3A
FF Justin Jacyshyn	Firehouse 19C
FF John Larsen	Firehouse 3C
FF Travis Lewis	Firehouse 5B
FF Zachary Long	Firehouse 1B
FF Forrest Montgomery	Firehouse 1A
FF Douglas Pyne	Firehouse 6B
FF Russell Traner	Firehouse 22C

Career Development Master Firefighter

FF Michele Greep	Firehouse 13A
FF Ronny Martin	Firehouse 13B
FF Shaun Ridout	Firehouse 2A



Captain Bryce Grissom

Bryce Grissom has served as a member of the Division for 12 years, completing assignments at Firehouses 3, 12, and Fire Training. He joined the fire service in 1999 as a volunteer in Hanover County, where he then worked as a career firefighter for two years prior to his employment with the Division. Bryce is currently the program lead for the Driver/Pump Operator Training Program, and prior to that served as the program lead for the Citizen's Fire Academy. Bryce has served on the Budget Committee, the Fire Chief's Advisory Committee, the Mayday Cadre, the Burn Team, and the DOF's Acting Officer Program as an Instructor. Bryce is a 2012 graduate of the Virginia Fire Officer's Academy. He has an associate degree in Fire Science and will complete his bachelor's degree in Fire Administration in the Fall of 2018.



Lieutenant Michael J. Bassett, Jr.

Michael Bassett has served the Division for 10 years. He has spent all 10 years at Firehouse 1 with experience on the engine and truck companies. He is a member of the Technical Rescue Team with technician certifications in multiple rescue disciplines including FEMA Structural Collapse Technician. He has been on the Burn Team and is a technical rescue instructor for the recruit academy's rescue week. Michael is a rescue specialist with FEMA Virginia Task Force 2 Urban Search and Rescue Team and is a graduate of the 2017 Virginia Fire Officer's Academy. He began his fire service career as a volunteer with the Briarcliff Manor, NY Fire Department from 2003-2008.



Lieutenant Stephen L. Conley

Stephen Conley has served with the Division of Fire for over 15 years. During his career he has been assigned to Firehouses 7 and 21. He is a cleared rescue operator and tanker operator as well as a Hazmat Specialist on the Henrico Regional Hazmat Team. Stephen is currently in process of obtaining an EMT-I certification. He has 20 years of service in the Virginia Air National Guard, with 16 years being enlisted, and is now serving as a First Lieutenant. Stephen is dedicated to education with an associate degree in Fire Science and Allied Health Services from the Community College of the Air Force, a Bachelor of Science in Business Administration from Virginia Commonwealth University, and a Graduate Certificate in Emergency Preparedness and Homeland Security from Virginia Commonwealth University. Stephen resides in Mechanicsville with his wife Helen and their three children, Anna, William, and Aaron.



Lieutenant Randal J. Ginn

Randal J. Ginn has served with the Division of Fire for 25 years. He is a graduate of Recruit Academy 30 in 1993 and upon graduation began his career at Firehouse 15, and has been assigned to Firehouses 12, 18, 22, 4, 10, and 11. He is a cleared Truck operator and holds numerous technical rescue certifications. He presently serves on the Driver Pump Operator Cadre, Mayday Cadre, Burn Team, and the Budget Committee. Randal currently resides in Essex County with his wife Sarah and their three children.



Lieutenant James D. Mullen

Jim has been a paid EMS provider since graduating from high school. He became a Nationally Registered Paramedic in 2001; he worked as a paramedic in New York and New Jersey. Jim also holds Instructor certifications in ACLS, PALS and CPR. He moved to Chesterfield in 2006 and worked for Richmond Ambulance as a Paramedic and 911 Dispatcher. In 2007, Jim began his career with the Division and was assigned to Firehouse 5. He serves as Post Advisor for the Henrico Fire Explorers, he is a member of the Crisis Intervention Team, the Kids Safety House team, and is an adjunct EMS instructor for the Training section. He transferred to the Fire Marshal's Office and has served as the lead investigator in over 80 cases. He is a Certified Fire Investigator (CFI) through the International Association of Arson Investigators (IAAI) and is currently 1 of only 19 certified experts in Cellular Analysis in the country. Prior to his EMS career, Jim attended Caldwell College and studied computer science. When not at work, you can either find Jim backpacking the Appalachian Trail with the Scouts or sailing on the Chesapeake Bay.



Lieutenant Peter R. Younes

Peter Younes has served the Division of Fire since 2011. Before he began his career in Henrico he was a live-in volunteer firefighter with Missoula Rural Fire Department in Montana. He holds an associate degree in Fire Science from the University of Montana College of Technology. He has been assigned to Firehouses 7 and 15; and has spent the last year in the Training Section. While in Training, Peter served as the Lead Instructor for the basic firefighter recruit academy. Peter is a peer fitness trainer, CIT instructor, and has been actively involved with the cancer risk reduction initiatives within the Division of Fire. Peter has received three division life saver awards and was awarded the 2016 Ruritan Firefighter of the year award. Peter is an EMT Intermediate and recently completed the EMT-Paramedic class with the Division.

AWARDS AND RECOGNITION



Henrico Division of Fire is very pleased to announce that **Anna McRay**, the **Henrico Deputy Coordinator of Emergency Management**, has been awarded the 2018 Old Dominion EMS Alliance Regional EMS Award for Outstanding Contribution to EMS Emergency Preparedness and Response. This also means she will be considered for the Governor's award in the same category.

Those who have had the chance to work with Anna will not be surprised by this announcement, as she is completely dedicated to the mission, highly experienced, connected to everyone, and tireless in her efforts.

Please join Henrico Fire in congratulating Anna on this well earned recognition.

Henrico County nominated and VFW Post 6364 has selected **Firefighter-Medic Gerry Alley** (right) as VFW Post 6364, 2018 Military Veteran Firefighter.

Firefighter Alley has a long and distinguished history of service to his community and his country.

Congratulations Gerry!! Well deserved!!



Lt. Nathan Beahm (left) was nominated and approved as the Short Pump Ruritan Club's Firefighter of the Year for 2018. Ruritan is a civic service organization dedicated to improving communities and building a better America through fellowship, goodwill and community service.

Beahm was recognized as being a community person, meeting the needs of the Short Pump Community.



FIRE FITNESS

31-DAY ONE MILE CHALLENGE

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
RUN 2 MINUTES WALK 2 MINUTES	RUN 2 MINUTES WALK 1 MINUTE	RUN 3 MINUTES WALK 1 MINUTE	RUN 1 MILE	WALK 1 MILE	RUN 3 MINUTES WALK 1 MINUTE	RUN 1 MILE
DAY 8	DAY 9	DAY 10	DAY 11	DAY 12	DAY 13	DAY 14
RUN 4 MINUTES WALK 1 MINUTE	RUN 1 MILE	WALK 1 MILE	RUN 5 MINUTES WALK 1 MINUTE	RUN 6 MINUTES WALK 1 MINUTE	RUN 7 MINUTES WALK 1 MINUTE	RUN 1 MILE
DAY 15	DAY 16	DAY 17	DAY 18	DAY 19	DAY 20	DAY 21
WALK 1 MILE	RUN 4 MINUTES WALK 30 SECONDS	RUN 5 MINUTES WALK 30 SECONDS	RUN 6 MINUTES WALK 30 SECONDS	RUN 1 MILE	WALK 1 MILE	RUN 7 MINUTES WALK 30 SECONDS
DAY 22	DAY 23	DAY 24	DAY 25	DAY 26	DAY 27	DAY 28
SPRINT 30 SECONDS WALK 30 SECONDS	SPRINT 30 SECONDS WALK 30 SECONDS	RUN 1 MILE	WALK 1 MILE	SPRINT 20 SECONDS WALK 10 SECONDS	SPRINT 20 SECONDS WALK 20 SECONDS	RUN 1 MILE
DAY 29	DAY 30	DAY 31	Make August a Healthy and Fit Month!			
WALK 1 MILE	RUN 1 MILE	RUN 1 MILE				

Vegan Double Rich Chocolate Protein Cookies

Makes 12 golf ball sized cookies



Recipe Courtesy of www.spabettie.com

Ingredients:

- 1 can chickpeas, drained, rinsed and peeled
- 2-3 tablespoons water
- 1/3 cup + 1 table-spoon soy free vegan protein powder
- 3/4 cup chocolate chunks

Directions:

- In food processor or blender, puree chickpeas. Add water and protein powder, blend. It should form a ball of dough, if it is still crumbly, add a tiny amount of water, a teaspoon at a time. Process – it should quickly form a dough ball.
- Stirring by hand, add chocolate chunks. Form into 1-inch balls. Bake at 350 for 15 minutes.

THOUGHTS OF A RETIRED FIREFIGHTER

No, I haven't forgotten the excitement of riding on a fire rig. "Lights flashing, sirens wailing," nor the feeling of "a good save"! Whether it be human life or valued possessions of a fellow citizen.

I haven't forgotten the feeling of standing, ankle deep, in freezing water on a 5 below January night, gloves frozen to the nozzle, fighting a fire I know was caused by carelessness or worse.

I haven't forgotten the terror of being lost in a smoke filled building....feeling the taste of hot coffee and a cold meat loaf sandwich at four in the morning.

Now, I walk into my old firehouse, only to find it filled with strangers. I may not walk as fast, or stand as straight as you. My hair may be gray or thin. My jokes don't come as easy as they once did. But I know in my heart I have paid the price, and have "earned" the right to say proudly.

"I'm a retired Firefighter."

By Retired Battalion Chief Joe Carber (deceased)
of FDNY Fire Department City of New York



June 21st, after 25 years of distinguished and honorable service, **Career Firefighter Kevin "Rope" Jones** is retiring. Rope started his career in Lakeside at station 5, followed by station 13, and station 2 where he was an integral part of the Search and Rescue team. His final assignment has been at station 18, where he led many evening "Team Building" classes ingeniously disguised as Target Golf. Kevin is not much on bragging about himself, but always tries to leave a place better than he found it. His Wisdom, Professionalism, Corny sense of Humor, and unmatched appetite will be greatly missed around the fire house. Congratulations Rope, keep it in the fairway!

Recently Retired Members

David Balderson

Ronald D. Frasure

Paul Pavey

James Smith

Susan F. Caskie

Scott C. Henderlite

Jonathan Prokopis

Roy E. Sprouse, Jr.

W. Michael Cox

Vern Miller

Richard F. Rice

Phillip Warner

Thomas O. Denson

James E. Nevius

Vincent D. Robenson

Derek O. West

Matt Dix

Dennis C. Page'

Daniel E. Rosenbaum

Guy E. Williams



May 30th, the Division of Fire honored **Capt. Larry Spencer** on his final duty day before retiring. Larry began his career on August 22, 1978 at Fire Station 3 and has since served the Division for thirty nine years and ten months. Throughout these years, he has moved through the ranks in all three districts in addition to serving in Administration as the Safety Captain. Capt. Spencer is well known for his knowledge and skills in multiple avenues of the emergency services, but is most remembered for his contribution in the specialty rescue fields. Larry was very instrumental in the 1990's in getting our Technical Rescue Team up and running. He served as part of the team leadership as a Lt. and was soon a vital part of the instructor team that has taught hundreds of students in this field since then. Larry's knowledge and skills in the TRT were a vital contribution to its honorable recognition that the team enjoys today as one of the best in the nation. Capt. Spencer's time served in the Office as our Safety Officer demonstrated how serious he took this responsibility for our safety then and still does to this day. Capt. Spencer finishes his career with the Division of Fire as the Captain of Fire Station 22. Larry has served the Division with consistent high standards and has set the example for many to follow him. Capt. Spencer, your Administration, your coworkers, and your friends, thank you for all you have contributed to the DOF throughout these years. You will be missed. We wish for you a very well deserved, long and happy retirement.



May 30th, the Division of Fire congratulates **Lt. Terry Lipscomb** on his retirement after a long and highly respected career. Lt. Terry Lipscomb began his career on January 5, 1987 and was first assigned to Firehouse #12. Terry spent 13 years at #12 and was assigned to both the engine and truck companies. He was then assigned to Firehouse #2 for over 11 years where he served on the Search & Rescue Team. He was one of the longest serving divers for the Search and Rescue Dive Team. Terry was also a dive instructor and delivered many hours of highly skilled training. In 2011, Terry was promoted to the rank of Lieutenant and was assigned to Firehouse #17 for a year before transferring to Firehouse #6 to be the Truck Lt. where he has been for the last 6 years on B shift. Terry will retire with over 31 years of service and takes with him the respect and high regards of everyone he has ever worked with. As if this were not enough, he will always be notable for having one of the most distinguished mustaches in the department. Everyone wishes Terry the best in his retirement.





FMO Corner

The Fire Marshal's office is responsible for enforcing the current Statewide Fire Prevention Code, as well as: issuing permits, performing safety inspections, reviewing plans for development, investigations of incidents involving fires, environmental crimes and bombings, as well as public education, public information and other related issues.

The office conducts an average of three hundred fire investigations annually, with a clearance rate well above the national average. Assistant Fire Marshals conduct well over a thousand business inspections each year. In the average year, they issue over a thousand certificates of occupancy, as well as permits for burning, blasting and welding. The office has a Fire Protection Engineer, who performs the review on all plans of development; these amount to several hundred a year. In addition, personnel assigned to our fire stations perform approximately three to four thousand inspections of small businesses annually.

Burn Laws

Burning of leaves is only permitted in areas of Henrico County that do not have bagged leaf pickup service.

This burning can only be done from 8 AM to 8 PM.

For more information on pickup schedules and areas not covered see:
<http://henrico.us/services/bagged-leaf-collection/>

No other open burning is allowed without a Permit

Fireworks

It is **illegal** to possess, display or sell fireworks in Henrico

Contact

FireMarshal@henrico.us
 804.501.4900

Stovetop Fire Extinguishers

Cooking equipment is the #1 cause of home structure fires and home fire injuries

Between 2010-2014, two-thirds (66%) of home cooking fires started with the ignition of food or other cooking materials. More than 50% of reported non-fatal home cooking fire injuries occurred when the victims tried to fight the fires themselves.

On April 5th and 6th, two cooking fires were prevented from becoming apartment fires thanks to stovetop extinguishers. Stovetop extinguishers attach under the vent hood of the stove top, and when flames reach the device fire suppressing powder is automatically released.



Several apartment complexes in Henrico have installed these devices on the stoves in all of their apartments. A pair of these extinguishers can be found for \$50 or less at local hardware stores and online.

AROUND THE DISTRICT

On July 10, 2018 Chief McDowell unveiled that he would be switching Henrico Fire back to red apparatus. The secret was kept for months while the details were worked out. Three fire medic units were the first red units with several more on the way. The plan calls for painting all newly purchased units with the new white over red paint scheme. The entire front-line fleet will be red in 2033.



Firefighters from Station 21 C-shift provided hospitality and lodging for Jerry Lachance, a 70-yr old volunteer firefighter from New Hampshire, for Jerry's Ride. Starting in Miami, Florida on April 9, Jerry rode north along the east coast all the way to the Canadian border, arriving on May 20th all while raising money for Project Hero, a charity organization with veterans and non-veterans who help other disabled vets overcome disabilities through fundraising, awareness, and participating in events.



On May 25th, firefighters teamed up with Henrico County Police officers to help American Legion members put over 1000 flags on the graves at Seven Pines National Cemetery.

The Way it Was: 1970-1980

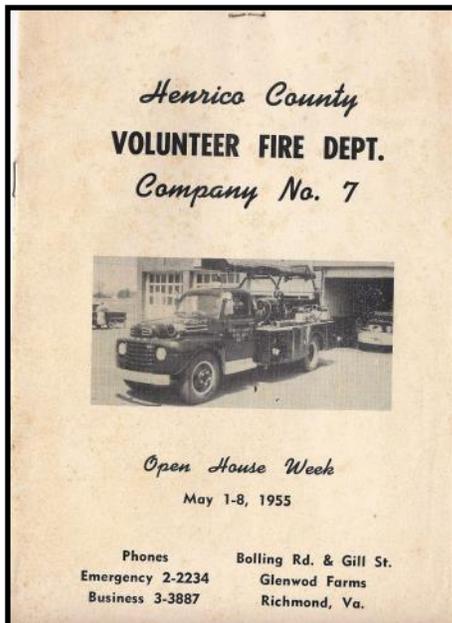
Building Upon the Foundation Laid by Our Predecessors

This section of the newsletter is inspired by Retired Volunteer Firefighter David Nowell. Nowell was a volunteer at Engine Company #8 from 1971-1979 and transferred to Engine Company #9 from 1979-1982. In 1975 he was certified as a pump operator by Battalion Chief Dawson and also certified as a Class 3 volunteer firefighter by Chief Fisher. In 1977, Nowell became an EMT.

As the Division of Fire and fire services in general continue to evolve, we would like to take a moment to remember what it was like "back in the day" by highlighting a photo, along with its story, to help some reminisce about, or to be inspired by, Henrico's historical moments.



The exact date of these promotions are unknown, but Fire Chief Gilman was the Chief of Henrico County Fire Department from 1962-1971. (Pictured left to right) John P. Spiro and Clyde T. Fleming Jr. were both promoted to Captain, while D.P. Woods, Jr., K.L. Shook, F.W. Jones, W.N. Riggelman, R.A. McClure, D.S. George and W.P. Satterwhite Jr. were promoted to be Lieutenants.

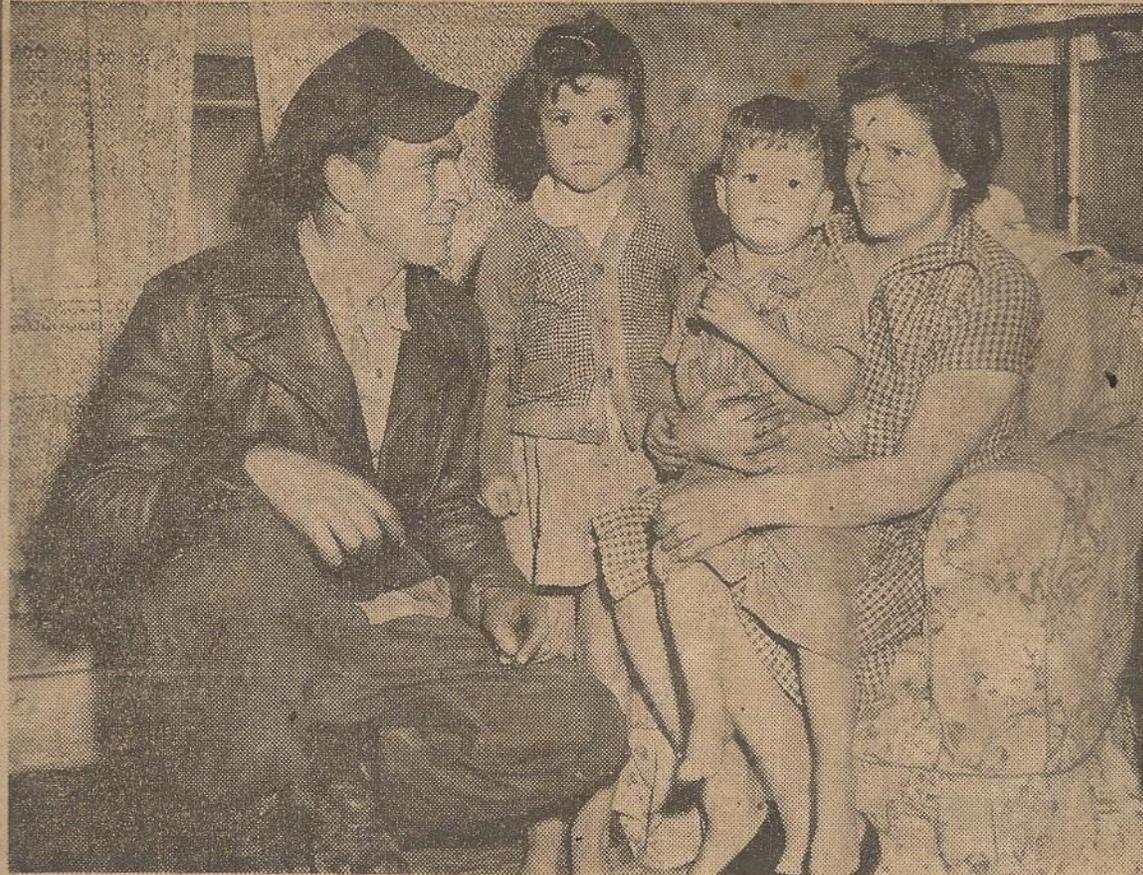


Pictured left is a photo of an actual program distributed for the opening of the Henrico County Volunteer Fire Dept.'s Company No. 7.



Pictured right is a photo of an actual copy of Bulletin G-4 from the Commonwealth of Virginia Department of Labor and Industry

FEBRUARY 23 1948



—Staff Photo

Louis Skelton Comforts His Family After Saving Them From Flames
Betty Jean, 5, Louis, Jr., 3, and Mrs. Skelton Rest at a Neighbor's House

JANUARY 26th. 1948

Lakeside Home Damaged by Fire

Damage estimated from \$700 to \$800 resulted from a fire at the home of E. H. Armentrout, on Hungary Road, just north of Woodman Road, shortly after 10 P. M. last night, Chief Harvey G. Hudson, of the Lakeside Fire Department, has disclosed.

The fire started in an upstairs clothes closet and spread into the attic before being brought under control by firemen.

Man's Timely Return Home Saves Family From Blaze

The timely return of Louis Skelton, 25, to his home on Staples Mill Road last night saved the lives of his wife and two children, who were asleep inside the blazing bungalow.

Skelton, a truck driver for the Holland Planing Mill, arrived at his home about 8:30 P. M., after making a trip to Baltimore to deliver some finished lumber.

"I looked at the house and saw that the kitchen was ablaze," he said. "I rushed into the front door and found that my wife and two children were asleep in a front room which was filled with smoke."

Skelton said he awoke his wife, Mary, 21, and then took the two children, Betty Jean 5, and Louis, Jr., 3, from their beds and made

his way out just as the flames burst through to the bedroom from the kitchen.

So quickly did the flames spread that the family was unable to save any personal belongings, not even shoes.

By the time the Lakeside Fire Department arrived at the scene, the house was a mass of flames and soon burned to the ground, leaving only two brick chimneys standing.

Firemen were able to spray near-by buildings and a lumber pile and keep the flames from spreading to the lumber yard proper.

Skelton said he lost more than \$700 worth of furniture and clothing in the building, none of which was covered by insurance. The house was owned by the mill.

**HENRICO COUNTY
DIVISION OF FIRE**

**FULLY INVOLVED
NEWSLETTER**

Phone: 804-501-4900

Fax: 804-501-4642

E-mail:

firefullyinvolved@henrico.us



Fully Involved
Editor

Firefighter Ronny Martin

UPCOMING EVENTS	DATE(S)
MDA Station Visits	July 30-August 1
August Retiree Breakfast West All members, past and present welcome	August 1 Golden Corral Gaskins and Broad
MIRT Quarterly Training	August 6-8
Legacy Lunch	August 7 (1100-1400) Parham Training Center
National Night Out	August 7 Events throughout the county
August Retiree Breakfast East All members, past and present welcome	August 16 VFW at 7168 Flag Ln. Mechanicsville
Recruit Academy 70 Graduation	August 16 (1600) Glen Allen High School
MDA Collections	August 17-19, 24-26 and Aug 31– September 3
Labor Day, County Holiday	September 3
September Retiree Breakfast West All members, past and present welcome	September 5 (0800-1000) Golden Corral at Gaskins and Broad
September Retiree Breakfast East All members, past and present welcome	September 20 (0900-1100) VFW at 7168 Flag Ln. Mechanicsville

Kitchen Table Topics

- Henrico Fire’s BLS ambulances are up and running calls.
- Applications are now being taken for the Division’s next, and last, EMT-I to EMT-P bridge.
- The Division supported the Henrico Firefighter Foundation’s night at the Diamond on Thursday July 26. Several of our firefighters were able to get free tickets and the night was a fundraising and publicity success for the foundation.
- Training has been completed and the new Zoll units are in service.



ISO CLASS 1