

# Mental Health and Disability Services

## History

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### A HISTORY OF PUBLIC MENTAL HEALTH, MENTAL RETARDATION, AND SUBSTANCE ABUSE SERVICES IN HENRICO, CHARLES CITY, AND NEW KENT COUNTIES

- January 22, 1968 By action of the Virginia General Assembly, statutory authority was granted to amend the budget of the State Department of Mental Health and Mental Retardation to include funds for the establishment of a public mental health clinic in Henrico County.
- January 24, 1968 By resolution 51-68, the Henrico County Board of Supervisors stated its intention to establish the Henrico Mental Hygiene Clinic with a 1968-1970 Biennium Budget of \$21,400 and \$21,800. This was a result of requests from the Richmond Area Mental Health Association and the Thomas Jefferson Junior Women's Club.
- May 26, 1968 The Henrico Mental Hygiene Clinic Advisory Board was established.
- October 4, 1968 Henrico Mental Hygiene Clinic, a State-operated clinic, opened its doors on the property of Westbrook Hospital in Bryan Cottage.
- April 8, 1969 A representative of the Henrico Council of Parents of Exceptional Children and the Richmond Area Association of Retarded Children appeared before the Henrico Board of Supervisors, asking that the Board of Supervisors cooperate with the City of Richmond in forming a regional mental health board. If such an arrangement was not possible, a separate Services Board for Henrico County was requested.
- June 11, 1969 By action of the Henrico County Board of Supervisors, the Community Mental Health Services Board was established with not less than six members, one from each magisterial district of the County and one from the County-at-large, to be appointed by the Chairman of the Board of Supervisors.
- July 1969 A Mental Retardation Summer Recreation Program was initiated in Henrico County by the Henrico Recreation Department.  
The first six members were appointed to the Community Mental Health Services Board.
- October 3, 1969 The new Services Board held its first meeting at the Henrico Mental Hygiene Clinic.

- December 16, 1969 The first set of Bylaws was adopted by the Services Board.
- January 1970 Membership on the Services Board was expanded to nine members.
- July 1970 The State-operated Aftercare Clinic for seriously mentally ill persons was transferred administratively from the Henrico Health Clinic to the Henrico Mental Hygiene Clinic.
- January 27, 1971 Resolution 65-71 was passed by the Henrico County Board of Supervisors, giving support for the delivery of services by the Henrico Mental Hygiene Clinic to Charles City and New Kent Counties.
- July 1971 The Henrico Mental Hygiene Clinic began serving Charles City and New Kent Counties from space provided by the Community Action Program. Prior to this time, these counties had been served by the Tidewater Mental Health Clinic that was located in Williamsburg, Virginia. In September 1974, these services were moved into a two-office, mobile trailer in Providence Forge, Virginia. In February 1980, after the destruction of the trailer in a major storm, temporary space was provided by the Providence Forge Presbyterian Church until more permanent space was rented on Route 60 in Providence Forge. This Center was named the Charles City/New Kent Mental Health Unit.
- A satellite program of the Henrico Mental Hygiene Clinic was begun in the Highland Springs-Sandston area, operating one day a week at the Sandston Presbyterian Church.
- August 1971 The Services Board voted to approve the establishment of the first day-care facility for mentally retarded children in Henrico County at Laburnum Presbyterian Church to be operated by the Association for Retarded Citizens. This program moved to Chamberlayne Methodist Church in 1974 where it remained until 1976.
- August 1972 Formation of a joint Services Board to include Henrico, Charles City, and New Kent Counties was proposed by the Richmond Regional Planning District Commission.
- February 1973 The first Board administrative budget was established in Fiscal Year 1973-1974 at \$57,756 allowing sufficient funding for the Board's first staff: a Coordinator and a part-time Secretary.
- June 27, 1973 The Henrico Board of Supervisors approved—Resolution 328-73—the creation of the joint Community Mental Health and Mental Retardation Services Board for Henrico, Charles City, and New Kent Counties, composed of 13 members: 11 from Henrico, one from Charles City, one from New Kent. The Charles City County Board of Supervisors and the New Kent County Board of Supervisors approved the new Services Board concept on June 11,

1973.

- November 1974                    The Henrico Mental Health Clinic moved from Bryan Cottage on the grounds of Westbrook Hospital to rental property on Landmark Road near the intersection of Parham and Staples Mill Roads. Services Board administrative staff also moved from County offices on Main Street to this new facility.
- January 14, 1976                The Henrico County Board of Supervisors appointed a committee to study the functions of and relationships between the Advisory Board of the Henrico Mental Health Clinic and the Services Board. One of the recommendations of this committee was that the Services Board be increased to the maximum 15-member limit with at least one member from each magisterial district, at least one member from New Kent, at least one member from Charles City, and three members from appropriate departments and agencies of Henrico County. On February 25, 1976, the Henrico County Board of Supervisors approved this new composition of the Services Board.
- June 1976                        Charles City County established case management and transportation services for mentally retarded persons, utilizing State Developmental Disabilities funding.
- Services Board administrative staff moved from the Mental Health Clinic facility on Landmark Road to separate office space in the same Landmark Road office complex.
- Henrico County citizens approved a one-million-dollar bond referendum for the construction of a free-standing mental health facility.
- Mental retardation administrative services were established in the Services Board office on Landmark.
- July 1976                         The Mental Health Clinic was first granted funding to establish a 24-hour mental health emergency services program and to purchase inpatient services for voluntarily, and involuntarily, hospitalized clients through contractual arrangements with local hospitals.
- October 1976                    The Services Board established the first day-program for mentally retarded/developmentally disabled adults at Fairmount Methodist Church through a contractual agreement with the Association for Retarded Citizens. In February, 1977, the contractual arrangement was discontinued and the Board began operating this service directly.
- March 1977                        The study committee appointed by the Henrico County Board of Supervisors on January 14, 1976, recommended that the Services Board and the Advisory Board, together with the State Department, explore the possibility of a transfer of the Mental Health Clinic from

State to local control on or before July 1, 1977.

- July 1, 1977 An agreement was established between the Henrico Services Board and Richmond City Services Board which enabled City Substance Abuse Services to assist Henrico in planning for expanded substance abuse services. Prior to this time, Henrico citizens received public substance abuse services from the City's substance abuse programs.
- A Mental retardation summer recreation program began operation in Charles City County.
- The Mental Health Clinic was transferred from State to local control and became a program of the Henrico County Community Mental Health and Mental Retardation Services Board.
- October 1977 The first group home for mentally retarded adults was established off Mechanicsville Pike on Springdale Road. This program was relocated to Essex Village Apartments in November 1981, to Locustgrove Road in May 1986, and to Gayton Road (named Gayton House) on March 1, 1991.
- November 1977 The name of the Mental Health Clinic was changed to Henrico Mental Health Center, reflecting the more comprehensive services which were available.
- Case management services for mentally retarded persons were first offered in Henrico County.
- March 1978 Specialized mental health consultation services were first provided to the Henrico County Division of Police.
- April 1978 A developmental day program for lower-functioning, multiply-handicapped adults was established on Lakeside Avenue in Henrico County.
- May 1978 The Mental Health Day Treatment Program was established at the Landmark facility serving twenty clients with serious mental illness.
- July 1978 Administrative responsibility and local funding for psychiatric detention in Henrico County were transferred from the Henrico Welfare Department to the Henrico Mental Health Center.
- August 1978 The Day-Support Program for mentally retarded adults located at Fairmount Methodist Church was relocated to rental space on Glen Alden Drive in East Henrico.
- The mental retardation administrative office was relocated from Landmark Road to Lakeside Avenue.
- October 1978 The Henrico Mental Health Center first offered specialized outpatient services for drug and alcohol abuse.

- December 20, 1978 A ceremony was held to break ground for construction of a new Mental Health Center facility on Woodman Road in Henrico County.
- January 1979 An Adult Readiness Program for mentally retarded adults was first established in Charles City County by the Charles City Board of Supervisors at Little Elam Baptist Church. It was later moved to the New Vine Baptist Church and then to the Charles City County Recreation Center in April 1980. This program moved to the Kimages School facility for more adequate space in January 1981.
- In 1986, the program was named Cypress Enterprises and moved to the Roxbury Industrial Center.
- The Henrico Mental Health Center satellite office at Sandston Presbyterian Church was moved to rental space at 31 E. Williamsburg Road and expanded from one to three days per week. This facility, named the East Center, began providing services five days a week in February 1981. In 1995, this center was moved to Laburnum Avenue.
- March 1979 A toll-free telephone connection to the Emergency Services Program was established for Charles City and New Kent Counties.
- June 1979 A Mental Retardation Summer Recreation Program was established in New Kent.
- The first Mental Retardation Supervised Apartment program was established.
- November 1979 A multi-agency Child Sexual Abuse Treatment Team was established by the Mental Health Center.
- December 1979 The Mental Health Center Consultation and Education program was established.
- January 1980 A Program Evaluation Unit was established in the Mental Health Center.
- April 8, 1980 Administrative responsibility for the Charles City County Case Management and Adult Readiness services for mentally retarded persons was transferred from Charles City County to the Services Board.
- April 1980 The Mental Retardation Activity Center in Lakeside was closed and an Adult Services Center was established on Mayland Drive in West Henrico to provide expanded space for this program.
- September 5, 1980 The Henrico Mental Health Center moved from Landmark Road to the newly-constructed, County-owned 17,400-square-foot facility on Woodman Road. A dedication ceremony was held on October 26,

1980.

- October 1980 The Mental Health Center Day Treatment program was redesigned to establish New Horizons, a psychosocial rehabilitation program for seriously mentally ill adults.
- March 2, 1981 Specialized Outpatient and Consultation & Education services were first offered for the elderly by the Mental Health Center.
- October 1981 The Services Board administrative office on Landmark Road was closed and transferred to the mental health facility on Woodman Road.
- December 8, 1981 Henrico Mental Health Center and Henrico Mental Retardation Services were merged into a single, functionally-integrated organizational structure. This action was taken by the Services Board following an extensive study of ways in which the efficiency of the Board's services could be enhanced.
- March 1982 The mental retardation administrative office of Lakeside Avenue was closed and transferred to the mental health facility on Woodman Road.
- May 1982 Specialized mental health and substance abuse services for the Henrico County Jail and Sheriff's Department were established.
- May 26, 1982 The Services Board adopted a new name, Henrico Area Mental Health & Retardation Services Board, and gave the integrated agency the same name.
- March 1983 The Parent-Infant Program, an Early Intervention Program for developmentally delayed infants, 0 to 2 years of age, was established at the East Center in Sandston and in the Charles City/New Kent Mental Health Unit in Providence Forge.
- April 1983 The Mental Health Training Apartment Program, the Services Board's first residential program for persons with mental illness, was established at Place One Apartments. This program was later relocated to Patterson Avenue.
- May 1983 The Adolescent Day Treatment Program for adolescents experiencing drug and alcohol problems was established on the grounds of St. Joseph's Villa. In September 1988, this program was converted to a highly-structured outpatient treatment program for adolescents called Pathways.
- December 28, 1983 The Henrico County Board of Supervisors voted to decrease the size of the Services Board from 15 to 12 members, two from each Henrico County Magisterial District, one from Charles City County,

and one from New Kent County. On January 23, 1984, the Charles City County Board of Supervisors voted to approve this action, and on February 21, 1984, the New Kent Board of Supervisors took a similar action.

- January 1984 The East Center on Williamsburg Road was expanded to provide more adequate space.
- March 26, 1984 The East and West Adult Services Centers for mentally retarded adults were consolidated into a larger centrally-located facility on Hermitage Road. Named Hermitage Enterprises by the Services Board, this expanded mental retardation day support program includes both a vocational program and a developmental component entitled the Life Enrichment Program.
- August 1984 A westerly Henrico County site was established for the Parent-Infant Program at Holladay School. This program was later relocated to the Woodman Road facility.
- October 1, 1984 Established transportation services for all of the Board's day-support programs based in Henrico County through a contractual arrangement with a local, private transportation vender.
- August 4-11, 1985 A large group of staff, Community Services Board members, Board of Supervisor members and Parents of Individuals and intellectual disabilities went on a fact-finding trip to Hanover Germany to tour what was considered state of the art services. This trip resulted in development of a strategic plan that further expanded services to those with intellectual disabilities.
- November 15, 1985 The Home Intervention Program for dually-diagnosed clients was established with funding provided by the Virginia Developmental Disabilities Council.
- December 9, 1985 The Services Board adopted the first comprehensive long range plan for community mental health, mental retardation, and substance abuse services.
- March 13, 1986 The Charles City/New Kent Mental Retardation Vocational Services Program was relocated from Kimages School in Charles City County to New Kent County on Route 60 until more adequate space could be located. This program was renamed Cypress Enterprises and the Board had an opening ceremony on June 24, 1986.
- April 25, 1986 The New Horizons Program was moved from the Woodman Road facility to a free-standing, County-owned building on Lakeside Avenue. The Services Board voted to change the name of New Horizons to Lakeside House on January 13, 1986. An opening ceremony was held on July 7, 1986.

- September 1986 The Family Intervention Program, a prevention program serving families of young children at risk for abuse and neglect, was created in Charles City and New Kent counties.
- October 1986 The Supported Employment Program for adults with mental retardation was established providing jobs in the local business community.
- November 20, 1986 Micro-Images, a specialized unit of Hermitage Enterprises that provides training and employment in microfilming to mentally retarded adults, was established in a free-standing location.
- January 1987 The Three Chopt Mental Retardation Apartment Program was established providing services to fifteen adults.
- March 1987 The Charles City/New Kent Mental Health unit was relocated to a permanent office-type facility on Route 60 in Providence Forge, just east of Route 155.
- May 1987 The first group home for mentally ill adults, the Foxhill Program, was established.
- December 1987 Cypress Enterprises was relocated to a temporary setting in the Roxbury Industrial Park in Charles City County.
- September 1987 A Comprehensive Substance Abuse Intervention and Prevention Project with Henrico County Schools was approved and initiated.
- January 1988 The Adult Outpatient Substance Abuse Program was redesigned to provide a more intensive, structured service.
- March 1988 The State Human Rights Committee appointed the first members to the Henrico Area Local Human Rights Committee.
- June, 1988 Cypress Enterprises was moved into a permanent location at Roxbury Industrial Center in Charles City County.
- October 1988 Henrico Area Mental Health & Retardation Services Board joined with other human services agencies to form Local Interagency Coordinating Council in order to implement the services required by Part-H of Individuals with Disabilities Education Act for infants and toddlers.
- February 1989 The Gerwyn Apartment Program for mentally ill adults was established with fifteen beds.
- Methadone treatment services were first provided through a



contractual arrangement.

- March 1989 A specialized Domestic Violence Treatment Program was established within mental health outpatient services.
- April 1989 The home-based and center-based Respite Care Programs for mentally ill and mentally retarded persons were established.
- July 1989 The Board celebrated its 20th anniversary in the courtyard of the Henrico County Government Center with over 800 citizens in attendance.  
The Mental Retardation Supported Employment Program was expanded to include Charles City and New Kent Counties.
- August 1989 The Old Bridge Group Home for mentally ill adults was established.  
The Lakefield Manor Apartment Program for mentally retarded adults was established with fourteen beds.  
Specialized consultation services were established for the Henrico Division of Fire.
- November 1989 Established the first CONNECT Program, a neighborhood-based substance abuse prevention program for youth. This program has since been expanded to six low-income neighborhoods.
- March 1990 The Briardale Family Care Home for mentally retarded adults was established with three beds.  
The first employment enclave was established at Wella Corporation for eight individuals with mental retardation.
- May 1, 1990 The Individual Client Living Arrangement Program for adults with mental retardation was established. This program is now called the Supportive Living Program and provides intensive support to persons who live independently. A similar program for those with mental illness was established in July 1990.
- July 1990 Substance Abuse Case Management services were first offered through staff dedicated to this service.
- October 1990 Began participation in the Medicaid State Plan Option program that provides reimbursement for certain rehabilitation services.
- January 1991 The first twenty "Section 8" rental subsidy vouchers were received from the federal government through the Virginia Housing Development Authority. This has since been expanded to 135 vouchers for our consumers.
- April 1991 Completion and occupancy of the Gayton Road mental retardation

group home serving six mentally retarded adults.

- July-Sept. 1991                    Greatly expanded range of respite care options; Respite Networkers, Saturday Respite, 2 to 11 agencies; more family choice.
- August 1991                    Purchased the Walton Farms family-care home for three adults with mental retardation using Community Development Block Grant Funds.
- November 1991                    Opening Ceremony of the 53,000-square-foot addition to the Woodman Road Center.
- March 1992                    A People's First chapter, a national consumer advocacy organization for individuals with a developmental disability, was started.
- March-June 1992                The Foxhill and Old Bridge Apartment Programs were converted to Supportive Living Services.
- May 1992                    Began participation in the State Mental Retardation Medicaid Waiver Program.
- August 1992                    BOND (Better Opportunities for Nurturing and Development), a prevention program serving teen mothers, was created.
- September 1992                The Danray Family Care Home was established for persons with mental illness.
- January 1993                    Began provision of intensive in-home services to children and youth at risk for psychiatric hospitalization.
- July 1993                    Henrico Area Mental Health & Retardation Services joined with other human services agencies to implement the Comprehensive Services Act for At-Risk Children and Families.
- October 1993                    Modified the adult substance abuse program to be modeled after the Clean Start Program developed at Harvard University.
- November 1993                    Established a program that addresses the distinctive and uncommon needs of persons with serious mental illness who abuse substances.
- The Briardale Family Care Home for adults with mental retardation was relocated to a new home in the Sherbrooke subdivision, purchased with Community Development Block Grant funds.
- January 1994                    Emergency Services expanded to include in-office coverage from 8:00 a.m. to 9:00 p.m. on Saturdays and Sundays, providing this level of service seven days a week.
- The Individualized Community Living Arrangement (ICLA) Program

and all four supervised apartment programs were converted to Supportive Living Services.

September 1994 Supported Employment program for persons with mental retardation significantly expanded.

November 1994 Nash House, a Medicaid Waiver Group Home, opened in the East End through an arrangement with Richmond Residential Services, Inc., serving three men with mental retardation.

February 1995 Helping Hands, a consumer-run warm line, begun through grant funding from the State with assistance from Henrico Area Mental Health & Retardation Services.

July 1995 Expanded the Life Enrichment Program for persons with mental retardation and changed its focus to include community integration activities. This change won the LEP Program a NACO Award in 1986.

Emergency Services Program required by State legislation to conduct intensive evaluation of all persons prior to issuance of temporary detention orders (TDOs).

September 1995 Implemented Specialized Family Services relying heavily on Medicaid funding to expand the range of services available to seriously emotionally-disturbed children.

Significant expansion of mental health and mental retardation Supportive Living Services.

Housing Task Force was established by the Services Board, composed of 14 members from the community, Henrico County, and Services Board staff, to increase housing opportunities for persons with mental disabilities.

November 1995 Consolidated all services to persons with long-term mental illness into a single administrative unit to increase coordination of services.

December 1995 Received grant funding to conduct outreach and supportive services to the Newbridge community in order to identify and engage adolescents with substance abuse problems in treatment.

The East Center was relocated from Williamsburg Road in Sandston to 4825 S. Laburnum Avenue. The new rental facility containing 12,000 square feet doubled the office space for services in Eastern Henrico.

Cedarbluff, a Medicaid Waiver Group Home, opened in the West End through an arrangement with Richmond Residential Services, Inc., serving two men and two women with mental retardation.

- June 1996                   Housing Task Force of 13 Board members, family, and community representatives reported 23 recommendations to the Services Board to assist in meeting the housing needs of consumers.
- July 1996                    Purchased Green Run Group Home to serve individuals with mental disabilities.
- July 1996                    Contracted with VJCCCA to provide on-site mental health and substance abuse evaluations to juveniles in need of services, to facilitate access to needed treatment services
- September 1996            Implemented three Assertive Community Treatment teams, based on the Program of Assertive Community Treatment (PACT) model, as a primary service mode for mentally ill persons requiring intensive treatment, rehabilitation, and support to successfully live in the community.
- October 1996                Reorganized Community Support Division into the community Team structure it is today.
- December 1996              Purchased Treva Road Group Home to serve individuals with mental retardation.
- Opened Enterprise Parkway location to house the Life Enrichment Program for Day Services, WEST I Community Team and one PACT team and also moved WEST II Community Team to Hermitage Enterprises.
- March 1997                   Green Run group home opens in the Western part of Henrico County serving three men.
- April 1997                   Treva Group Home opens in the Eastern part of Henrico County serving 4 women.
- July 1997                    The Services Board facilitated the establishment of two private, nonprofit corporations to assist in the need for housing. Housing Options, Inc. was created to make available additional housing for individuals who are eligible for the services of the Henrico Area Mental Health & Retardation Services Board, through acquiring, purchasing, renovating, managing, and maintaining appropriate housing for these individuals. Community-Based Services, Inc. was created for the purpose of developing and operating residential services in group homes for persons with long-term mental disabilities.
- February 1998                The Services Board facilitated the establishment of a community trust, Henrico Area Special Needs Trust, to enable family

resources to be preserved and managed for the benefit of a disabled individual. The resources would be used for improvement in the quality of life, rather than for necessities that would otherwise be provided from existing services.

- Spring 1998      Opened a group home located at 1931 Mill Road, the first to be operated by Community-Based Services, Inc., to serve individuals with mental retardation.
- January, 1999      Substance Abuse Services opened an office on Radford Avenue. The building also housed the office for District 32 Probation and Parole and Henrico Community Corrections Program.
- February 1999      Bought the Allenshaw Group Home with Federal Home Investment Partnerships Program funds. This home is the second to operated by Community Based Services, Inc., to serve individuals with mental retardation.
- April 1999      Implement Anasazi software for client records and billing.
- January, 2000      Began Support Homes by leasing a home in western Henrico for four men with a serious mental illness with staff support as several times a week but no over night coverage.
- May, 2000      Leased second support home for men with a serious mental illness.
- June, 2000      Three woman move into the new Thousand Oaks Family Care Home. The home was leased from Housing Options, Inc.
- June 2000      Began training/hiring peer counselors through Virginia's Human Service training Center.
- August, 2000      Recovery In a Secure Environment Program started at Jail East.
- June, 2001      CARF Accreditation
- Fall 2001      Bought the Morningside Group Home for individuals with Long-term Mental Illness. This is the third support home. Three women move in January, 2002.
- Nov 2001      Began providing evidence-based Multi-Systemic Treatment services to court-involved youth at the request of Juvenile Court Services, with staff training and initial services funding through Juvenile Accountability Block Grant funding
- June 2002      Expanded the rental space at Hermitage Enterprises to consolidate five CSS programs into one space. WEST 1 Community Teams and the Life Enrichment Program returned to Hermitage from Enterprise Parkway, which was then closed. The PACT team from

	Enterprise Parkway was relocated to the Woodman Road facility.
July, 2002	Established a position with DSS for Medicaid eligibility in our office.
December 2002	Expanded the East Center office from 12,000 square feet to 19,820 square feet
January, 2003	First case heard in Henrico Drug Court. This program shared space with SA services on Radford Avenue. Provided administrative and clinical supervision to the staff.
April, 2004	Reorganized Long Term Mental Illness services to better meet the needs of consumers. Merged Enterprise PACT Team with the other two teams. Increased the staffing with CM&A and created an intensive case manger.
2003	Built out the 2 <sup>nd</sup> floor of the Woodman Road Facility and moved the Long Term Mental Illness unit into this space.
2003	Entered into an agreement with RBHA for eight Shelter Plus housing vouchers.
October, 2003	Started the Opiate Recovery Program.
Spring, 2004	Bought the Irisdale Group Home for individuals with Long-term Mental Illness. This home replaced a leased home .
July, 2005	Contracted with Freedom House for one bed at their medical respite facility.
October 19, 2005	The Employer Advisor Board held its first Employer Recognition Awards and honored 19 local employers for their commitment to provide employment opportunities for individuals with disabilities. This program received a NACO award in 2006.
January, 2006	Established a Juvenile Court liaison position, housed on-site twenty hours per week, to improve access to services for court-ordered youth and adults, and to enhance tracking, communication, and turnaround time for court-ordered referrals
May, 2006	Established a Psychiatrist position for jail services.
June, 2006	Walk-in clinic started for initial appointments for Adult SA services in all locations.
June, 2006	Dialectical Behavioral Therapy services initiated.
June, 2006	Created an Access Center that serves as the front door for all of our services.

Fall, 2006	Hired first Nurse Practitioner.
April 2007	The Day Services programs at Hermitage Enterprises re-organized and started a new program designed to better assist individuals with intellectual disabilities in reaching their employment goals. This program was called STEP (Skills Training for Employment Program).
Summer 2007	Cypress Enterprises moved to new, larger space
July 2007	Expanded staffing in Juvenile Detention with the addition of two full time positions, allowing for more comprehensive treatment planning and enhanced linkages upon discharge. This expansion allowed for the provision of mental health and substance abuse services two days a week at the James River Regional Detention Center.
July 2007	Began providing the evidence-based Incredible Years parenting curriculum to parents of children 3-7 years old; later that same year, we also began providing the complementary children's group that is also part of that evidence-based model.
July, 2007	Contracted with the Daily Planet for a bed in their medical respite facility.
July, 2007	Created a specialized Evaluation Unit in response to the increase demand for court ordered evaluations
Spring 2007	Sold Treva Group Home and built the ADA compliant Shurm Group Home for individuals with Intellectual Disabilities
2007	Department of Corrections contracted with the agency for a SA clinician to work in their office
2008	Started Wellness Recovery Action Plan [WRAP} training.  The STEP Program received a NACO award.
Spring 2008	Renovated and moved 4 individuals with Long-term Mental Illness into the Allenshaw Group Home (this was previously rented to and operated by Community Based Services, Inc.)
Spring 2009	Bought the Mormac Group Home for individuals with Long-term Mental Illness with Federal Community Development Block Grant funds  Renovated and expanded the Walton Farm Group Home, adding bedroom and full bathroom.

March 2010	Henrico Area Mental Health and Retardation Services name changed to Henrico Area Mental Health and Developmental Services
January, 2010	Received a three year grant in partnership with Crossover Ministries for a clinician and ten hours of Psychiatric services to be provided in their facilities.
April, 2010	Through a contract with the Department of Corrections, District 32 hired a Case Manager to work in the inmates being released from prison who have a substance abuse problem or a mental illness.
July, 2010	Expanded Lakeside House from 4,911 square feet to 9,571 square feet and renovated the existing space. The name was also changed to Lakeside Center.
July, 2010	Contracted with Crossover Ministries for medications for uninsured clients.
October 2011	Renovated and expanded Green Run Group Home, adding a bedroom and converting a staff bedroom to an office space and a family room.
December 2011	Moved the West Community Support Teams from the Hermitage location and West Substance Abuse and Outpatient services located on Radford Avenue to Richmond Medical Park
May 2012	Sold the Mill Road Home
Summer 2012	Completed upgrades to all 10 homes with a CDBG energy efficiency grant. Work included: adding radiant barriers, new windows, new HVAC systems, insulation, duct replacement or cleaning as the energy efficiency evaluations recommended.
Fall 2012	East Center expanded by 1600 square feet (8 offices)
Summer 2013	Whole house generators were installed in 6 group homes. Generators were also installed and connected to the Woodman and East Center computer server rooms.



**Henrico Mental Health Clinic**

Dr. M. M. Vitols, Director

1968 through 1976

Dr. Thomas F. Updike, Interim Director

1976-1977 [He was a state employee.]

Dr. Lawrence Dayton, Director

1977

James W. Stewart III , Director

September, 1977 – 1979

**Henrico Mental Health Clinic was merged with Henrico Mental Retardation Services in 1979 to form Henrico Area Mental Health and Retardation Services**

James W Stewart III, Executive Director

1979-2004

Michael D. O'Connor, Executive Director

2004-2014

Laura S. Totty, Executive Director

2014 - present