

# HENRICO AREA MENTAL HEALTH AND DEVELOPMENTAL SERVICES 2016 RETURN ON INVESTMENT

Henrico Area Mental Health & Developmental Services (HAMHDS) provides comprehensive community mental health, developmental disability and substance use disorders services to individuals and families in Henrico, Charles City and New Kent Counties. With a combined population of 352,587, this three-county area includes both suburban and rural communities and covers 670 square miles. HAMHDS also offers emergency services for people in crisis and prevention services to reduce risk and promote wellness. We pursue a set of strategic performance benchmarks to continuously improve our capacity to deliver value to the community and that services provided are both effective and efficient.

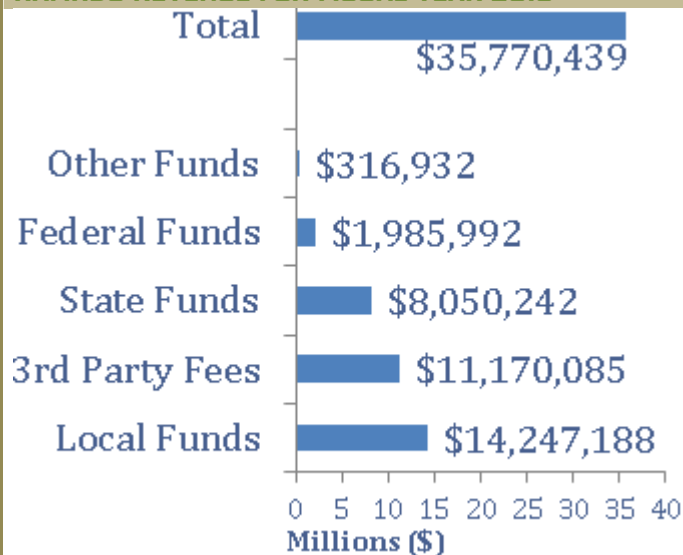


**Henrico, Charles City and New Kent Counties Combined Individuals Served: 9,933**

4,960	Mental Health Services
1,153	Intellectual Disability Services
1,643	Substance Use Disorders Services
2,305	Jail Services
808	Early Intervention Services
1,670	Emergency Screenings for Psychiatric Hospitalizations



## HAMHDS REVENUE FOR FISCAL YEAR 2016



## ECONOMIC IMPACT

In addition to its role as a community service provider, HAMHDS is a contributor to the local economy. In FY2016, HAMHDS directly provided 369 jobs, paid \$25.6 million in employee compensation, and spent \$33.7 million on expenditures. Utilizing Community Health Solutions estimation and analysis via IMPLAN® economic modeling system, the ripple effect be can estimated that these direct outputs may have supported 333 additional jobs, \$17.6 million in additional labor income, and \$35.7 million in additional economic output.

Total Jobs		
Direct Impact	Ripple	Total Impact
369.45	333	702

Total Labor Income		
Direct Impact	Ripple	Total Impact
\$25,633,247	\$17,686,940	\$43,320,187

Total Economic Output		
Direct Impact	Ripple	Total Impact
\$33,718,600	\$35,741,716	\$69,460,316

## HIGHLIGHTS

### Public Safety

- Awarded a new DBHDS jail diversion grant and began services to divert non-violent individuals with mental illness from jail.
- Received NACo Award for providing Moral Reconation Therapy (MRT) groups in the jail. MRT is a treatment strategy that aims to decrease recidivism of criminal offenders by increasing moral reasoning.
- Continued to provide monthly Crisis Intervention Team (CIT) training to first responders including police, fire, sheriff and EMS personnel. Recognized by Henrico County Board of Supervisors for training 100% of the 655 police officers as of May 2016 and 100% of the 121 Communication Officers.

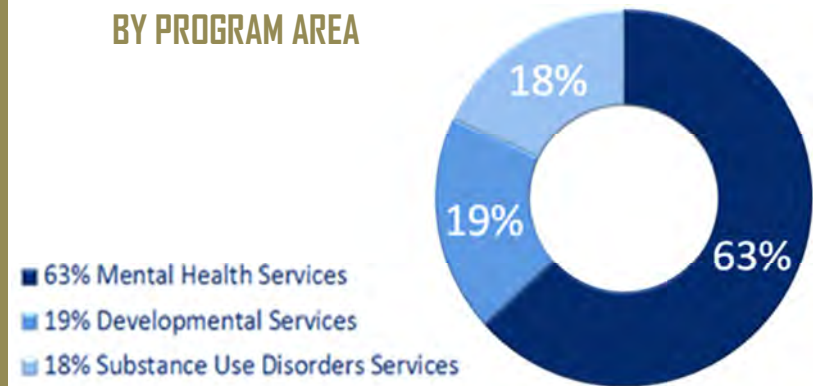
### Wellness

- As part of our Wellness Initiative 140 pieces of art drawn by individuals receiving services are displayed at four locations (Richmond Medical Park, Providence Forge, East Center and Woodman).
- Continued our partnership with The Daily Planet in providing Primary Care Services to clients at our East Center location. Our partnership was recognized by the Virginia Healthcare Foundation through the receipt of the Unsung Hero Teamwork Award.
- Coordinated agency-wide planning to implement a Telehealth strategy and procure equipment with State Grant Funding. Began providing psychiatric services to two of our programs through Telepsychiatry.
- Began implementation of the Dartmouth College evidence-based InSHAPE wellness program through a grant awarded by the National Council for Behavioral Health to improve the physical health of individuals with co-occurring serious mental illness and obesity. InSHAPE focuses on increased exercise and improved life style changes.
- Increased healthy living in residential homes for individuals with intellectual disabilities by growing vegetable gardens, selecting healthy food alternatives through the guidance of a certified nutritionist volunteer, and partnering with a local organization to provide mind/body activities such as chair Zumba. Portions of the vegetable gardens were donated to a community food pantry.
- Identified 241 merchants through the Counter Tools/Merchant Education environmental strategy; focused on mapping tobacco product vendors and providing education regarding VA laws on sales to minors.

### Substance Use Disorders

- Implemented a voucher program for medication assisted treatment that led to the increased number of clients actively engaged in treatment.
- Implemented an outreach system for the mothers of substance exposed infants. Staff received training regarding maternal substance abuse. There is continued collaboration between our agency, Child Protective Services and local hospitals to address the needs of pregnant mothers who use substances.
- Continued our partnership with Henrico Court services, serving fifty youth and their families in Court Alternative Program Substance Abuse (CAP-SA) psycho-educational groups.
- Governor Terrence McAuliffe held a ceremonial signing of several opioid bills at HAMHDS's Woodman lobby on June 23, 2016.

## INDIVIDUALS SERVED BY PROGRAM AREA



**677** Court Ordered Evaluations

ID Day Support Hours: **208,232**

**2,624** served in SUD Community, includes **981** jail inmates participating in the RISE Program

**628** Walk-in Admissions to Substance Use Disorders (SUD) Services

SUD Individual & Group Treatment Contacts - **12,281**

**142** enrolled in CONNECT program

**3,255** Youth and Adults attended Prevention Programming

on behalf of Henrico residents **\$1.8 million** in Housing Assistance Payments were disbursed

**16,273** Calls to Access Center

**28,515** Face to Face Case Management Visits

Youth & Family Clinical Contacts: **8,190**

**843** Virginia Independent Clinical Assessment Program (VICAP) Assessments

**88,444** Lakeside Center hours

**297** Governor's Access Plan (GAP) Assessments

Crisis Receiving Center utilized **692** times in FY16