



COUNTY HIGHLIGHT

Congratulations to Firefighter Brian Bennett, who has been selected to take the position of Deputy Fire Chief for New Kent Fire-Rescue.

Brian has served in Henrico County for the past twenty years, serving six years in the emergency communications center and the past fourteen years as a firefighter. Brian has worked part-time for New Kent Fire-Rescue for the past six years with the last year of that in the Fire Marshal's Office. Brian also served as a volunteer for New Kent Fire-Rescue for fifteen years.

Brian is a resident of Quinton, VA and says, "Anytime you can do something to benefit the people of your home town it is a good thing."

We wish Brian the very best in this new chapter of his life and long service.



Fully Involved



A Newsletter of the Henrico County Division of Fire

March 2016

Saving Time. Saving Lives.

During spring and fall months, the practice of setting our clocks an hour forward or backwards has been taking place since 1916, when Daylight Saving Time (DST) began. The first low-cost smoke detector for homes was developed in 1965, only 49 years after DST. An easy way to remember when to change your smoke detector battery is to do so during Daylight Saving Time; twice a year.

Since 1988, Energizer and the International Association of Fire Chiefs (IAFC) partnered together to begin the Change Your Clock Change Your Battery® program to remind people to change the batteries in smoke detectors.

This simple task is a LIFE-SAVING habit which can be attributed to reason many people, children and pets are still alive today. The National Fire Protection Association reports that 71% of smoke alarms which failed to operate during a fire had missing, disconnected or dead batteries. A common habit Henrico Firefighters encounter is when an occupant takes out the battery because it was chirping, but fails to replace the battery with a new one. If your smoke detector is chirping, you have already waited too long to change it. Therefore, always remember:

Change Your Clock Change Your Battery®
and help keep your home and family safe.



Photos Courtesy of Captain Daniel Rosenbaum,
More info: <http://www.energizer.com/responsibility/change-your-clock-change-your-battery>
For more information visit Henrico.us/fire



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Photo: Occupants of this home were alerted by a working smoke detector on March 12, 2016. Residents were asleep when alerted by the detector. Everyone was able to get out safely and nobody was harmed.

Garage Fire on Charles City Rd.



On November 15th, fire units responded to the 4900 block of Charles City Rd in Henrico County's East End for the report of a structure fire. First arriving units reported heavy fire coming from a detached garage.

Crews extinguished the fire which caused significant damage to the garage, a vehicle, pole barn and hay bales. Fire crews were able to prevent fire from spreading to the main residence.



Boat Fire



On February 9th, fire units responded to the report of a boat fire on the James River near Osborne Landing. The initial call was from the operator of the vessel who reported smoke coming from the front of his boat while he was underway on the James. The operator was able to pull his boat to the shore and dock it to await fire crews. Henrico Fireboat 2 responded and assisted the boater. Upon arrival at the boat Henrico Fireboat 2 was able to quickly extinguish the fire. No injuries were reported.

Apartment Fire on Rocliffe Road



On January 9th, fire units responded to the 2300 block of Rocliffe Rd to the report of an apartment fire. Units reported heavy fire coming from the structure upon arrival. The fire was quickly extinguished and prevented from spreading to adjacent apartments.

The occupant of the apartment was not home at the time of the fire. The apartment suffered extensive fire and smoke damage, and adjacent apartments suffered some smoke damage. Three families were displaced for a short period of time. No injuries were reported.



Henrico Citizen Rescues Accident Victim

On February 13th, fire units responded to I64W to the report of a traffic crash. A vehicle had run off the road and struck a sign post. First arriving units arrived to the vehicle fully involved in flames. Crews were able to quickly extinguish the fire and transport the driver who was located in a ditch nearby the vehicle. The driver had significant injuries.

Prior to units arriving, a 53-year old Henrico Citizen noticed the vehicle was smoking heavily and the driver was screaming for help to get out. The citizen ran to the passenger side of the car and pulled the driver of the vehicle out and away from the vehicle. Just after the driver was pulled out the vehicle it burst into flames. After speaking with police, the citizen continued on to work for the day.



Dryer Fire on Twinning Lane

On January 31st, fire units responded to the report of an apartment fire on Twinning Lane in Henrico's East End. Crews found a small fire in the dryer of an apartment on the first floor. The fire was quickly extinguished and prevented from spreading to other apartments. A working smoke alarm alerted the family, who were displaced for a short period of time.



Vehicle into Good Foods Grocery Store

On February 4th, units responded to Good Foods Grocery Store off Gaskins Rd. to the report of a vehicle into the store. Units arrived to find the vehicle had destroyed one of the brick columns at the entrance of the store.

The female driver of the vehicle was transported to the hospital with minor injuries and the Henrico Building Inspector was called to evaluate the building.

According to the Storefront Safety Council, about 4-5 incidents occur each week regarding a car crashing into a building. Over 4,000 injuries are reported annually, and as many as 500 deaths, as a result of these crashes. 54% are a result of pedal misapplication or other operational error. Most common is the driver hitting the pedal instead of the break. Second most common is the driver putting the car in "drive" instead of "reverse", hitting the gas and going forward instead of backwards. Pay close attention when parking or preparing to leave a parking space.



Apartment Fire at Chase Gayton Circle



On March 6th, fire units responded to the report of an apartment fire. Upon arrival, first arriving units found heavy fire coming through the roof of the three-story apartment building. It took crews over an hour to knock down the majority of the fire. Most of the morning was taken up with finding hot spots and overhaul before finally being marked under control.

Twenty-six people were displaced from the apartment fire. No pets were injured, and everyone has been connected with apartment management and Red Cross. The apartment management worked hard to place folks in empty units or with sister apartment complexes in the area.

The building where the fire started had extensive fire and smoke damage. However, crews were able to stop it before the fire involved the adjacent building. The adjacent building did have smoke and water damage.



Friends and Family

Patricia “Bonnie” Greenwood (Widow of late FF Wayne Greenwood) – passed away Nov 6th
Randy Brown (Firefighter 14B) – lost his mother-in-law Nov 23rd
Jason Goodpasture (Firefighter 8A) – lost his mother Dec 31st
Gary Coffman (Retired Firefighter) – passed away Dec 31st
Jimmy “Big” Morrison (Retired Firefighter) – passed away Jan 22nd
Donna Claytor (Business Management) – lost her father-in-law Jesse Claytor Jan 28th
Ruqsar Shukoors (Fire IT) – lost her father-in-law Feb 1st
Grover Barnett (Retired Lieutenant) – lost his brother-in-law Feb 7th
David Newell (Lieutenant 21C) – lost his grandfather Feb 18th
Kevin McInturff (Firefighter 5A) – lost his father Feb 22nd



Henrico FF Stork’s Latest Deliveries...

Scott Redford (Firefighter 13C) - welcomed daughter McKenzie Taylor Nov 12th
Matthew Wells (Firefighter 1C) - welcomed daughter Emma Mae Nov 12th
Ryan Warinner (Firefighter 1B) - welcomed a son Dec 7th
Paul Martin (Station 9C) - welcomed son Jack William Dec 13th
Jason Peace (Station 4C) - welcomed son James Ellis Dec 31st

Congratulations

Career Development

Senior Firefighter	Craig Zdonski	Sydnor Brinkley
James Smith	Eric Lauer	William Forrest
Rodger Strauss	Cory Wonson	David Jaconski
Master Firefighter	Career Firefighter	Joseph Johnson III
Ashanti Clarke	Stephen Whitson	Donald Lucas III
Andrew Kain	Stephen Plaster	Joseph Moore
Octavio McNally	Russell Hancock	Ross Murray
Paul Martin	Karter Baker	Richard Palmer
Timothy Smith	Michael Bassett Jr.	Kenneth Waters
Steven Traylor Jr.	Thomas Beadles Jr.	William West
Nicholas Worley	Brian Blankenship	Richard Xedos



Congratulations to **Fire Captain Jackson Baynard** and **Police Assistant Chief Jim Fitzgerald** for receiving the first ever “Henrico County Medal of Merit” from County Manager John A. Vithoukas.

Captain Baynard and Assistant Chief Fitzgerald were recognized for their instrumental roles in planning and organizing the public safety response to the UCI World Bicycling Championship that was held in Central Virginia during September, 2015.

Congratulations...



Battalion Chief Gerald L. "Scotty" Roberts is a 21-year veteran of the Division of Fire who has served at Stations 1, 5, 13, 4, and the Fire Marshals Office. Scotty has been heavily involved in the Technical Rescue Team throughout his career, and served as the Division's liaison to the regional TRT program and Virginia Task Force 2. He is a nationally registered paramedic, a hazmat technician, technical rescue specialist, and a sworn fire marshal with law enforcement powers. Prior to working with the Division of Fire, Scotty was employed with the Arlington County Fire Department. A graduate of Benedictine High School, Scotty has completed coursework at Virginia Commonwealth University and J. Sergeant Reynolds Community College



Captain Chris Jones has been employed with the Division of Fire for 26 years, including 16 years as a fire lieutenant, with assignments on both engine and truck companies. Since July of 2013, Chris has been assigned to the Training Academy, where he has overseen four recruit academies as well as Division-wide training initiatives. Chris served on numerous committees and teams during his career, including the apparatus committee, equipment committee, and the regional foam workgroup. An active volunteer in Goochland County, Chris served in several key leadership positions including District Chief with Goochland County Volunteer Fire and Rescue. He holds numerous fire service certifications and has completed coursework toward completion of an Associate's Degree in Fire Science from J. Sergeant Reynolds Community College.



Lieutenant Curt Lovins is a seven-year veteran of the Division, currently assigned to Firehouse 21 where he serves as a Hazmat Specialist and Squad Company operator. A twenty-year veteran of the United States Marine Corps, Curt served as a squad leader, NCO, electronic countermeasures officer, officer in charge of a Marine Expeditionary Unit, and as an Assistant Professor of Naval Science. He holds a Bachelor's Degree in Political Science and a Certificate in Business Management from the University of Illinois.



Lieutenant Charles Smith is a seven-year veteran of the Division of Fire currently serving at Firehouse 12, where he is assigned to the Truck company. Prior to employment with the Division, Charles was a Firefighter with Spotsylvania County Fire, Rescue, and Emergency Management for three years and with Hanover County as a volunteer for ten years. A small business owner, Charles has completed coursework in general education and fire science from J. Sergeant Reynolds Community College.



Lieutenant Chris Ray is an 11-year veteran of the Division. He is a nationally registered paramedic, RSI medic, and is certified as a critical care paramedic. From 2007 - 2012 he served as a special operations combat medic program instructor at VCU, and as a critical care education instructor. Chris has been involved in numerous Division activities including the 4th grade education program and numerous committees. He is a CPAT and WPE proctor, co-chaired the Field Training Medic program, and is a 2012 graduate of the Virginia Fire Officer Academy.



Lieutenant Shawn Williams is an 11-year member of the Division and an active member of the Search-Rescue Dive Team. As one of the most senior members of the SRT team, Shawn was responsible for training new team members and managing numerous aspects of the specialty team. Shawn has been active in the 4th grade education program and is an EMT-Enhanced provider. Shawn has significant management experience in the private sector and has completed coursework at Jacksonville University, Virginia Commonwealth University, and J. Sergeant Reynolds.

Congratulations...

Name and Location	Years of Service
Captain Tim Hancock	30
FF Phillip Wells Firehouse 18	30
District Chief Kevin Bartal	25
FF Christopher Craft Firehouse 18	25
Lt. Craig Redford Firehouse 18	20
LaToya Brathwaite Administration	10
FF Byron Burton Training	10
FF Gregory Drummond Firehouse 13	10
FF Joseph Ducharme Firehouse 2	10
Lt. William Foster Firehouse 1	10
FF Robert Horsley Firehouse 16	10
FF Brian Jennings Firehouse 7	10
FF Geoffrey Langford Firehouse 1	10
FF James Leach Firehouse 1	10
FF Christopher Long Firehouse 6	10
Lt. Benjamin Martin Firehouse 10	10
FF Katherine Palmer Firehouse 21	10
FF Jeremy Pittman Firehouse 4	10
FF Robert Weaver Firehouse 13	10

Welcome **Dave Morales!** Mr. Morales is the division's first IT Manager.

Mr. Morales comes to us with an extensive background in Information Technology leadership. He has exhibited exceptional communication, leadership, and analytical skills which he has used to guide other organizations through innovative and transformational changes to their IT structure and systems. Mr. Morales served as the Director of Information Technology for the Community College Workforce Alliance a workforce development partnership between John Tyler and J. Sargeant Reynolds Community Colleges. He comes to us with a Master's Degree in Information Technology from Western Governors University and a Bachelors Degree in Government from the College of William and Mary.

This is Dave's first exposure with the public safety environment and he is particularly interested in learning our business and being part of an organization that makes a difference. He started in late January, so if you have not done so already, please welcome him to our family when you get the opportunity.



Congratulations **Lt. Randy Jarrel, Lt. Brian Morgan, Lt. LeeRoye Moore** and **Lt. Price Dunn** (pictured with Assistant Chief Dunn) for graduating from the Metro Richmond Public Safety Leadership Academy in February.

Scott Turnbull has left County Information Technology to pursue a new career opportunity which began in January. Scott has worked for County IT for the last year as an Information Technology Project Leader. Scott spent a great amount of time focused on computer applications that directly support Division of Fire operations. In his time with County IT, he developed a strong working relationship with the Division of Fire. Good luck to you Scott in your future endeavors.

Fire Fitness



Virginia ranks the 23rd highest in the country for percentage (31.3%) of overweight or obese children. According to the Virginia Childhood Obesity Survey, commissioned by the Virginia Foundation for Healthy Youth (VFHY), one out of five children ages 10 to 17 in Virginia is overweight or obese.

One way to promote youth health and fitness is through fun, effective and practical ideas for all ages. Although the firefighting profession is for adults, kids are not exempt from being able to participate in firefighting fitness exercises!

The Salt Lake City Fire Department started a community outreach program using their firefighters as role models and proponents of health and fitness to children in their city.

You can do the same with the following ideas:

- Focus on Fun! Don't call it exercise, consider it an activity. Find something your child will enjoy.
- Limit TV and Computer time. The American Academy of Pediatrics recommends no more than 2 hours.
- Get fit as a family. Design and family-firefighter fit course in your backyard similar to the pictures displayed.
- Skip the mall, movies, or restaurants and go to a playground or activity site such as a trampoline park, swimming pool, or skate park.



Photos Courtesy of firestrongkids.com; For more information <http://www.vfhy.org/statistics/obesity>

Cherry Tomatoes Filled with Creamy Pesto Cheese (Healthy Appetizer)

Servings 16: serving size 1 Calories 64 Fat 5g Carbs 2g Protein 2g



Recipe and photo courtesy of www.rd.com

Directions:

1. Combine the basil, garlic, salt and pepper in a food processor. Reserve 2 tablespoons of the pine nuts and add the rest to the basil. Process until the pine nuts are ground. With the motor running, drizzle in the olive oil. Add the soft cheese and pulse until smooth and creamy.
2. Shortly before serving, make an X on the bottom side (opposite the stalk) of each cherry tomato with a serrated or sharp paring knife. Scoop out the seeds with a grapefruit spoon or your fingertips, taking care to keep the tomatoes intact.
3. Scrape the pesto cheese filling into a piping bag fitted with a star nozzle, or small plastic food bag with a 1cm hole snipped in one corner. Pipe a rosette of filling into each cherry tomato cavity. Garnish the cherry tomatoes with the remaining pine nuts. One serving is about three filled cherry tomatoes. Serves 16.

Ingredients:

- 3 cups fresh basil leaves, washed and dried
- 2 medium garlic cloves, finely chopped
- 1/2 teaspoon salt, or to taste
- Freshly ground black pepper to taste
- 1/3 cup plus 2 tablespoons pine nuts, toasted (see tip below)
- 1 tablespoon extra virgin olive oil
- 1 package (8 ounces) reduced-fat cream cheese (Neufchatel), cut into chunks
- 2 pints (4 cups) cherry tomatoes, washed and dried

2016 Henrico's Citizen Academy



The **Henrico Citizens' Fire Academy** began in 2000 as a public education program for the citizens of Henrico County. The academy will run from 6:30pm-9:30pm on Wednesday nights for 9 consecutive weeks. The Henrico Citizens' Fire Academy is open to any interested participant 18 years of age and older.

The Spring Citizens Fire Academy begins on **April 6th**.

The spring session of the Citizens Fire Academy is full, but we are accepting applications for the waiting list and Fall session.

Highlights of the Academy include rappelling, driving fire apparatus, learning CPR, vehicle extrication and much more.

For more information and an application, visit

<http://henrico.us/fire/programs/citizensfireacademy>



Firefighters and Four-Legged Friends



Koda Bear was found March 5 in an overturned horse trailer on I295. The horse was trapped inside, but fire units were able to stabilize the scene while veterinarians calmed Koda Bear-down. Happy to report, Koda Bear is doing much better.



January 21st, a dog wandered out onto an icy pond but was not able to come back on its own. The Henrico Search and Rescue Dive Team was able to save the dog using an inflatable boat, rope, and leash. The dog was pulled to shore within 30 minutes.



Jan 25th, three puppies were rescued from a garage fire. Two puppies pictured below are back at home and healing well. Unfortunately, the third puppy did not make it.



February 17th, fire crews were able to resuscitate the chocolate brown dog pictured bottom right. Pet oxygen masks were used and the dog was transported by Animal Protection Officers to a local Veterinary Hospital. Crews were later informed the dog did not survive.





FMO Corner

The Fire Marshal's office is responsible for enforcing the current Statewide Fire Prevention Code, as well as: issuing permits, performing safety inspections, reviewing plans for development, investigations of incidents involving fires, environmental crimes and bombings, as well as public education, public information and other related issues.

The office conducts an average of three hundred fire investigations annually, with a clearance rate well above the national average. Assistant Fire Marshals conduct well over a thousand business inspections each year. In the average year, they issue over a thousand certificates of occupancy, as well as permits for burning, blasting and welding. The office has a Fire Protection Engineer, who performs the review on all plans of development; these amount to several hundred a year. In addition, personnel assigned to our fire stations perform approximately three to four thousand inspections of small businesses annually.

Burn Laws

Burning of leaves is only permitted in areas of Henrico County that do not have bagged leaf pickup service.

This burning can only be done from 8 AM to 8 PM.

For more information on pickup schedules and areas not covered see:
<http://henrico.us/services/bagged-leaf-collection/>

No other open burning is allowed without a Permit issued by the Fire Marshal's Office.

Fireworks

It is **illegal** to possess, display or sell fireworks in Henrico

Contact

FireMarshal@henrico.us
804.501.4900

Welcome to the FMO



FF Jeff Adams has been assigned to the Eastern FMO.



Lt. Rick Chappell has been assigned to the Western FMO.

Burn Ban in Effect

A statewide burning ban went into effect February 15th and stays in effect through April 30th, 2016. As we enter into the spring wildfire season there is a ban on any open burning except during the times of 4pm and midnight.

From the Department of Fire Programs:

Virginia's 4:00 p.m. Burning Law goes into effect on February 15.

Briefly, the 4:00 p.m. Burning Law states: from February 15 through April 30 of each year, no burning before 4:00 p.m. is permitted, if the fire is in, or within 300 feet of, woodland, brushland or fields containing dry grass or other flammable material.

Since forest fuels cure during the winter months, the danger of fire is higher in early spring than in summer when the forest and grasses are green with new growth. The 4:00 p.m. Burning Law is an effective tool in the prevention of forest fires. Localities may have more restrictive outdoor burning laws.

For more information on the state ban see: <http://leg1.state.va.us/cgi-bin/legp504.exe?000+cod+10.1-1142>

See Henrico County's burning laws at:

https://www.municode.com/library/va/henrico_county/codes/code_of_ordinances?nodeld=CD_ORD_CH11FIPRR (section 11-18 for leaves)

If you have additional questions, contact Daniel Rosenbaum ros11@henrico.us

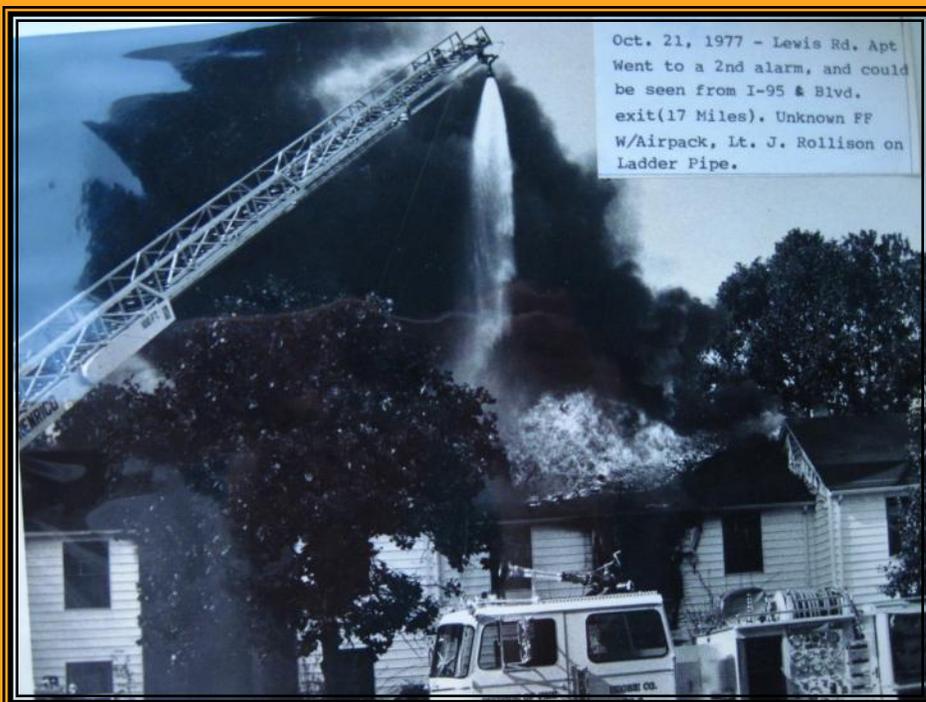
The Way it Was 1970-1980

Welcome a new section of the newsletter inspired by Lt. David Newell. As the Division of Fire and fire services in general continue to evolve, we would like to take a moment to remember what it was like “back in the day” by highlighting a photo, along with its story, to help some reminisce about or to be inspired by Henrico’s historical moments.



Top Photo: Old Engine 8

Bottom Photo:
Apartment Fire on Lewis Road



Oct. 21, 1977 - Lewis Rd. Apt
Went to a 2nd alarm, and could
be seen from I-95 & Blvd.
exit(17 Miles). Unknown FF
w/Airpack, Lt. J. Rollison on
Ladder Pipe.

We would like to continue this section with every newsletter from this day forward. Please help with this effort by sending in photos (along with information regarding the photo) to firefullyinvolved@henrico.us

Upcoming Events

**HENRICO COUNTY
DIVISION OF FIRE**

**FULLY INVOLVED
NEWSLETTER**

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**Fully Involved
Editor
Firefighter Ronny Martin**

Event	Date(s)
RIC Airport Full Scale Exercise	Saturday April 2, 2016
Recruit Academy 66 Begins	Monday April 4, 2016
Port of VA Dive Conference	April 4 - 8, 2016
Retiree Breakfast	Wednesday April 6 (0700 - 0900)
ALS Continued Education	April 4 - 6, 2016
DPO RA65a	Apr 6 - 8, 2016 (Drill Facility)
Amtrak Drill (C-shift)	Monday April 11 (1230 -1430)
Budget FY 2016-17 Public Hearing	Tues., Apr 12 (1900 - 2100)
DPO RA65a	Apr 13 - 15, 2016
2016 FEMA TTX: Hurricane	Wednesday Apr 14 (1200 - 1600 in Henrico EOC)
<i>Fire Station #10 Grand Opening Ceremony</i>	<i>Saturday April 16 (1000 - 1400)</i>
Amtrak Drill (A-shift)	Monday April 18 (1230 - 1430)
ALS Continued Education	April 18 - 20, 2016
CDP Points & Testing	April 18-20, 2016
2016 FEMA TTX: Disease of Public Health Threat	Wednesday April 20 (1200 - 1600 in Henrico EOC)
<i>Spring Evolutions Begin</i>	<i>April 25 - May 31, 2016 (Monday - Thursday each week)</i>
BC/DC Meeting	Tuesday April 26 (0830 - 1200)
Retiree Breakfast	Wednesday May 4 (0700 - 0900)
2016 FEMA TTX: Hazardous Materials Incident	Thursday May 12 (1200 - 1600 in Henrico EOC)
2016 FEMA TTX: Hurricane	Wednesday May 18 (1200 - 1600 in Henrico EOC)
Captains/Chiefs Quarterly Meeting	Tuesday May 24 (0830 - 1230)
2016 FEMA TTX: Airplane Incident	Thursday May 26 (1200 - 1600 in Henrico EOC)
County Holiday - Memorial Day Holiday	Monday May 30, 2016
Retiree Breakfast	Wednesday June 1, 2016 (0700 - 0900)
MDA Camp	June 11 - 18, 2016
Acting Officer School	June 13 - 15, 2016
<i>Virginia Fire Officers Academy</i>	<i>June 5 - 10 and 12 - 17, 2016</i>
CIT Training	June 20-24, 2016
Executive Staff Meeting	Monday June 27 (1230 - 1430)
BC/DC Meeting	Tuesday June 28 (0830 - 1200)
New Hire FF Interviews	June 27 - July 1, 2016
ALS Continued Education	June 27 - 29, 2016



ISO CLASS 1